

FOUNDED 1981

10TH ANNUAL REPORT
AND

STATEMENT OF ACCOUNTS

PRESENTED TO THE ANNUAL GENERAL MEETING

TO BE HELD AT

WESLEY CHURCH HALL, CAMPBELL TOWN 30 JUNE 1990 AT 7.00PM

### **OFFICERS**

PATRON His Excellency, the Governor of Tasmania

VICE PATRON Dr G Dick

PRESIDENT K McNamara

DEPUTY PRESIDENTS G T Briggs AM, Mrs H Boon

VICE PRESIDENTS Mrs M Shephard, R Jackson, R Becker

EXECUTIVE DIRECTOR N J Ruddock AM

SECRETARY A Rider

ASSISTANT SECRETARY

TREASURER N J Ruddock AM

ASSISTANT TREASURER W Fletcher

STATE DEVELOPMENT OFFICERS M Wells, Mrs H Boon, A Rider

COUNCIL Mrs F Denholm, Mrs H Simpson,

F Nott, B Roe, E Best

BOARD OF MANAGEMENT K McNamara, G T Briggs AM

A Rider, N J Ruddock AM

SELECTION COMMITTEE Summer: F Nott (Chairman), Mrs L

Mazey P MacMichael, E Best

Winter: W Fletcher (Chairman) N Sargison, D Phillips, P Keenan, Mrs M

Shephard

FINANCE PROMOTIONS. DEVELOPMENT

AND SPONSORSHIP SUB-COMMITTEE K McNamara (Chairman), N J Ruddock

AM, E Best, G T Briggs AM, R Becker, W

Fletcher, A Rider, Mrs H Boon

RECORDS SUB-COMMITTEE E Best, P MacMichael, Mrs M Sheppard,

M Stevenson

SUMMER COMPETITION COMMITTEE R Becker (Chairman), M Jarman, W

Essex, Mrs S Gleeson, B Jackson, Mrs H

Boon, Miss C Gridley

WINTER COMPETITION COMMITTEE W Fletcher (Chairman), P Keenan, R

Fairbrother, Mrs M Shephard, M

Normington, Mrs B O'Byrne

COACHING COORDINATOR Mrs H Boon

HON MEDICAL OFFICER Professor T Dwyer

HON RECORDER/SATISFACTION M Stevenson

HON REGISTRAR N J Ruddock

HON CHRONOGRAPHERS G Norris and Son, H Bertoz, Thow

Jewellers

HON SURVEYORS G King, T Pedley, Penguin Council

Surveyor

HON SOLICITOR T G Chaplin

AUDITOR C A Blanton

TRUSTEES Mrs P Mickelborough, C A Wise

LIFE MEMBERS Mrs M Ebzery OAM, Mrs D Frawley,

Mrs D Claxton, Mrs M Green, Mrs M Goss, Mrs P Mickleborough, Mrs P Hamilton, C A Wise, E W Barwick, N J Ruddock AM, G Boon, G T Briggs AM, R K

Hood

Deceased:W H Clemes, J A Edwards, M L

Round, N G Hutton, F A Rose, E R

Tinning, E Goss

DELEGATES:

Tasmanian Olympic Council Mrs P Mickleborough, N J Ruddock

AM

Australian Commonwealth Games Association G T Briggs AM, N J Ruddock AM

MERIT AWARD HOLDERS

SOUTH Murray Bird, June Bowring, Max Cherry, Lorne Copping, Peter

Eustace, Wayne Fletcher, Phillis Gaffney, Roger Gillow, Bill Halley, Robert Hamilton, Robin Hood, Neil Littlejohn, Alan McCreary, Ian Manning, Colin Mickleborough, Neil Mickleborough Rex Morris, Michael O'Loughlin, Harold Rennie, Clive Roper, Jack Smallhorn, Ted West, Chris Williams, Barrie Wise, Phyllis Wise, (1978) John Caulfield (1979), Leslie Spears (1980), Graeme Cruise (1981-Dec), Don Hickman (1982), Kent Rayner, Anthony Risby (1983), Allan Bennett (1984), Bill Essex (1985), Gavan Wood (1986), Pat Hood

(1987), Gordon Weigand (1988), A Bond (1989).

NORTH Walter Bailey, Beryl Bailey, Geoffrey Chaplin, Don Cox, Josephine

Lutwyche, Margaret Moore, Reginald Moore, Terry Nailer, Frank Nott, William Prosser, Alan Smith (1978), Brian Baxter (1980), Fay Denholm, David Howard (1982), Anthony Walsh (1983), Shirley

Brasher (1984), Albert Gilbertson (1985).

NORTH WEST Mavis Goss, Herbert Smith, Ruth Squibb (1978), Malcolm Evans

(1979), Stan Cross (1981).

SPECIAL AWARD HOLDERS Moll Clements, Val Evans (1982), Len Carter (1983),

David Parkes (1984)

### PRESIDENT'S REPORT

During the Season Athletics took a further step forward through the performances of our Athletes at State, National and Inter-National level, along with our ability to stage top quality and crowd drawing meetings such as A.I.S. Drug Offensive, Trident Seafood National Relays, M.B.F. Track & Field Championships and an Interclub Competition in all three Branches.

The Commonwealth Games in Auckland stands out as one of the seasons highlights, especially with Gail Luke, Susan Andrews, Jocelyn Millar-Cubit and Simon Hollingsworth being members of the Australian Team, all four were rewarded for regularly competing and recording national times, that meet the selection Criteria.

Every Tasmanian was proud to have our own athletes competing against the best in the Commonwealth, and also on the International Scene, Distance Runners, Russell Foley, Michael Dalton and Dean Giblin competing in the Boston, Japan and London Marathons against the World's best; recording P.B.'s.

Susan Andrews, Andrea Hughes, Dean Rose and Darren Edmunds were selected to compete in Japan, with Susan winning the 400m, and Andrea the High Jump. Both Susan and Andrea along with Kealan Hanigan, Simon Hollingsworth and Jo-Anna Campbell-Smith were recently selected in the Australian Junior Team to compete in England and Bulgaria.

On the National scene the States Athletes continued to be very competitive with many of them making the finals and some going on to win either Gold, Silver or Bronze. By their performances a number gained National rankings in various events at Senior, Under 20, 18, 16 levels.

Whilst there is a lack of coaches to cover the whole range of athletic events, the quality is certainly there, and we congratulate them on the success of their athletes. It is hoped that others will be encouraged to take up coaching at Club level, to support the great work being achieved by Kevin Prendergast, George Millar, Graeme Stowards, Albert Johnson, Bill & Lyn Larsen and a number of others.

It is encouraging to see so many young athletes each week striving to achieve their own P.B.'s, regardless of what grade or event they are competing in. It is from this group that our "Stars of Tomorrow" will come from, it is therefore important that all Clubs Statewide show a much greater desire to recruit, retain and coach the many young athletes that come from Little Athletics, High Schools and Colleges around the State.

With the number of registered and competing athletes declining over recent years it is most important that all Clubs fully access their own areas, and look to the Little Athletics Centre, High Schools and Colleges as a source and area for recruitment. It is their responsibility to the sport that each Club encourage and recruit new members.

I believe the minimum number of registered athletes for any Club be no less than 50, the Clubs are the base of our sport and they have a responsibility at all levels to ensure good administration, coaching, recruitment, planning and supply of Officials.

Whilst the performances by our Athletes and Officials, be it Track or Road, has been top class, the same cannot be said about the Administration side. Due to lack of numbers, the Council meeting has been aborted, it appears that this type of meeting has had its time, therefore for the longterm future of our sport it is important that the proposed administrative changes are adopted with the full support of the States Athletic faturnity.

To take Athletics into the 1990's and to give Club members and others the opportunity to input ideas and a say in the planning and future direction of the sport, I beleive the idea of a yearly conference where policy, planning and other relating matters to the sport are openly discussed, with policies being formulated, and from there the running of the sport is carried out by the board of management.

I am hopefull that at this A.G.M. support for such a conference will be forthcoming.

Tasmania won the C. Ronald Aitken Cup for Open Men at the 1990 Australian Sugar Industry Track & Field Championships, mainly through the efforts of Craig Watson, who was also the Individual Mens event winner (Shot Put) in the Mobil Grand Prix Series.

I want to thank all the hard working and regular Officials for being so supportive to the Athletes and the sport. To our sponsors, I personally thank each of them for their continued financial support and involvement with Athletics.

I ask for the support and co-operation of all Clubs and their Members, along with that of our Sponsors, Officials and every one involved in the sport as we head into the 1990's and towards the year 2000!

Ken McNamara President

### REGISTRATIONS:

All branches recorded a decrease in registrations. It was only small, in regard to athletes in North and South but almost one third in the North West. Of this 151 decline, 122 were as a result of no Under 12's being registered because of the start of little athletics on the coast. However the overall decline is worrying — especially seniors — and also the very small number of officials and coaches signed up by the North and North West. Perhaps this is because of clubs registering members to act on a rotational basis.

### DETAILS:

	<u>men</u>	WOMEN	OFFICIALS/COACHES	TOTAL
SOUTH NORTH NORTH WEST	243 (-9) 116 (-8) 204 (-98)	117 (-14) 98 (+1) 105 (-53)	64/7 (+5) 26 (-20) 22/3 (-10)	431 (-18) 290 (-27) 334 (-161)
	613 (115)	320 (-66)	122/10 (-25)	1048 (-206)

#### MEN

	SOUTH		NORTH	NORTH WEST		TOTAL	
		New	New		New		New
Senior	77 (-9)	3	60 (+4) 7	105 (-16)	25	242 (-21)	35
Under 20	11 (+2)	1	6 (+2)	4 (-1)		21 (+3)	1
19	13 (+2)	2	6 (-3)	11 (+4)	2	30 (+3)	4
18	15 (-2)	1	6 (-4)	10 (-1)	1	31 (-7)	2
17	21 (+3)	5	11 2	13	1	45 (+3)	8
16	23 (-6)	4	20 (-1) 6	15 (-4)	6	58 (-11)	16
15	20 (-7)	6	21 (+4) 6	13 (-5)	4	54 (-8)	16
14	26 (+4)	13	15 (-2) 2	15 (-3)	6	56 (-1)	21
13	30 (+9)	26	16 (-8) 10	18	5	64 (+1)	41
12	7 (-2)	5	3 (-1) 2	(-18)		10 (-21)	7
11	- (-3)		1 1	(-16)		1 (-19)	1
10	_ ` `		1 (+1) 1	(-15)		1 (-14)	1
9	-		_ ` ′	(-23)		- (-23)	
Officials	64 (+4)		8 (-14) 2	22 (-13)	6	94 (-23)	8
Coaches	7 (+1)	1	_ (-1)	3 (+3)	3	10 (+3)	4
	314 (-4)	67	174 (-23) 39	229 (-108)	59	717 (-135)	165

## WOMEN

	SOUTH	NORTH	NORTH WEST	TOTAL
	New	New	New	New
Senior	15 (+1) 1	15 (-1) 2	39 (-7) 6	69 (-7) 9
Under 20	4 (-1)	4 (+2)	2 (+1)	10 (+2)
19	3 (-2)	3	- (-3)	6 (-5)
18	11 (+2) 1	3 (-4)	3 (-5) 2	17 (-7) 3
17	7 (-10) 2	7 (-1) 1	9 (+7) 2	23 (-4) 5
16	14 (+1) 2	5 (-3) 1	8 (-5) 1	27 (-7) 4
15	21 (-4) 10	19 (+11) 4	9 (+2) 3	49 (+9) 17
14	17 4	19 (-2) 9	18 (+11) 6	54 (+9) 19
13	23 (+4) 16	17 (+1) 11	13 (-4) 6	53 (+1) 33
12	2 (-3) 2	3 (-1) 3	3 (-5)	8 (-9) 5
11	(-2)	2 (+1) 1	1 (-13)	3 (-14) 1
10	_	1 (-2) 1	<b>-</b> ( <b>-</b> 32)	1 (-34) 1
Officials		18 (-4) 3	-	18 (-4) 3
Coaches		(-1)		(-1)
	117 (-14) 38	116 (-4) 36	105 (-53) 26	338 (-71) 100

### REGISTRATIONS (CONT)

The club analysis, excluding officials, was as follows:

## SOUTH:

	MEN	WOMEN	TOTAL
	New	New	New
Altius Eastern Suburbs Northern Suburbs OVA Sandy Bay Veterans	14 (-1) 8 45 (-11) 9 68 (-6) 17 32 (+7) 12 76 (+2) 20 8	15 (-6) 3 36 (+6) 11 16 (-9) 5 13 (+5) 5 34 (-10) 14	29 (-7) 11 81 (-5) 20 84 (-15) 22 45 (+12) 17 110 (-8) 34
	243 (-9) 66	117 (-14) 38	360 (-23) 104

# NORTH:

	MEN		WOMEN	TOTAL	
		<u>New</u>	New		New
Newstead Central	26 (-3)	5	33 (-6) 9	59 (-9)	14
Newstead Harriers	34 (~9)	7	19 (+5) 7	53 (-4)	14
North Launceston	30 (+6)	12	8 (+3) 5	38 (+9)	17
Riverside	18 (-8)		10 (-9)	28 (-17)	
Tamar	33 (+5)	7	12 (+8) 8	45 (+13)	15
Western Suburbs	22 (+2)	6	15 (-1) 4	37 (+1)	10
Veterans	3 (-1)		1 (+1)	4	
	166 (-8)	37	98 (+1) 33	264 (-7)	70

# NORTH WEST :

	MEN	WOMEN	TOTAL
	New	New	<u>New</u>
Burnie Devon Dial	76 (-43) 17 86 (-14) 23 42 (-41) 10	37 (-35) 8 47 (-2) 13 21 (-16) 5	113 (-78) 25 133 (-16) 36 63 (-57) 15
	204 (-98) 50	105 (-53) 26	309 (-151) 76

The growth of OVA, North Launceston and Tamar is very pleasing but this was offset by the decline of the other clubs. It is most disappointing to see the once top club Riverside now with the least number of members of any club and not having signed up one new member.

### COCA COLA TASMANIA ALL SCHOOLS CHAMPIONSHIPS

HOBART

12 NOVEMBER 1989

As usual the entry forms were distributed to all secondary schools by the Education Department. Clubs and branches were also used to obtain as wide a coverage as possible. Entries were very pleasing, being well up to standard 115 boys and 104 girls submitted 682 event entries, 36 more than last year.

It is a very high standard meeting with very tough records but even so each year many are broken but only by top class athletes. A total of 17 were set and 2 equalled 6 by girls, 11 and the 2 equalled were by boys.

Of the girls Jenny Watson (Dom) and Terri Ann Philpott (Alanvale) each broke two records whilst Andrea Hughes (Clarence) not only raised the Under 17 High Jump by 5 cm but her 1.81 m was a State record. The only boy to break more than one record was James Fitzpatrick (St Peter's). He entered in six events and set new figures in all six, quite phenomenal especially as some of those, whose performances he bettered, have gone onto be top class athletes. For their efforts Andrea Hughes and James Fitzpatrick were named as Athletes of the Meet.

### AUSTRALIAN ALL SCHOOLS CHAMPIONSHIPS

ADELAIDE

8-10 DECEMBER 1989

MANAGER: Helen Boon

ASSN MANAGER:

Lyn Larsen

## COACH : Bill Larsen

Following the disappointment of having this championship transferred from Hobart because of the problems caused by the airline pilots strike the Tasmanian team was unusually small with only the 22 athletes who had qualified being selected.

Fortunately travel arrangements went smoothly and no problems occurred either going to or returning from Adelaide. Accommodation was arranged at Pembroke College which is right alongside the Olympic Field and it proved so successful with a realistic cost, good food and adequate space that the management recommended similar type should be sought in the future.

Team spirit was very good which is illustrated by the fact that on the final event the Mens Under 19 4x400 m Relay three distance runners and a thrower made up the team and ran a very creditable 3 min 37.

Temperatures were very high on all three days but all athletes coped well and performed to their best. Reports to the media were forwarded each evening with the senior boys being involved in the phoning.

The medal tally of 3 Gold, 2 Silver and 8 Bronze comares favourably with last year's 5 Gold, 1 Silver and 2 Bronze considering several top athletes such as Simon Hollingsworth did not elect to compete.

GOLD	Andrea Hughes Andrea Hughes Terri-Anne Philpott	U19 U17 U19	High Jump High Jump Javelin		1.86m 1.81m 44.64m
SILVER	Justin McDonald Julia Russell	U17 U15	Hammer 400 m		58.74m 56.78s
BRONZE	Julia Russell Simon Bresnehan Gavin Ryland Terri-Anne Philpott Jenny Watson Daniel Smee Daniel Smee Stuart Millar	U15 U15 U15 U19 U19 U19 U19	200 m 100 m Javelin Shot 3000 m 2000 m Steepl 5000 m 1500 m	e	25.50s 11.83s 49.80m 12.78m 10m36.12s 6m02.00s 15m19.00s 3m58.54s
Other results we	re:				
GIRLS UNDER 15	Julía Russell Genelle Nankervis Genelle Nankervis	100 m 90 m H Triple		6th 8th 6th	12.64s 14.03s 11.11m
GIRLS UNDER 17	Alanna Rogers Alanna Rogers	1500 m 3000 m		llth 6th	5m10.46s 12m06.54s
GIRLS UNDER 19	Jenny Watson Terri-Anne Philpott	1500 m Discus		4th 4th	4m40.30s 42.38m
BOYS UNDER 15	Matthew Clarke Giles Whitehouse Gavin Ryland Simon Bresnehan	400 m 1500 m Shot Po Long Jo	ut	4th 10th 8th 5th	52.92s 7m35.79s 13.50m 5.78m
BOYS UNDER 17	Jamie McCullagh Jamie McCullagh Stuart Maxwell Stuart Maxwell Gavin Ryland	1500 m 2000 m Javelii Shot P Javelii	Steeple n ut	12th 5th 8th 12th 11th	4m14.84s 6m40.43s 53.78m 14.00m 45.52m
BOYS UNDER 19	Jarrod Shaw Jarrod Shaw Daniel Smee Jason Holloway Matthew Robertson David Hope David Hope Stuart Maxwell Justin McDonald Michael Mullarvey 4 x 400 m Relay	1500 m 5000 m 5000 m 5000 m 3000 m Triple Long Ju Shot Po Hammer Javelin	Walk Jump ump ut	12th 10th 4th 9th 5th 6th 5th 15th 6th 7th	4m09.73s 16m15.84s 15m20.98s 15m52.35s 13m28.60s 13.67m 7.07m 13.21m 54.24m 56.76m 3m37.31s

### STATEWIDE LEAGUE

Two rounds of this competition were scheduled once again and as in 1988/89 - Penguin and St Leonards were the venues. The Penguin meeting was held on Sunday 21 January just prior to the start of the Commonwealth Games and the second round after the State Championships and prior to the Australian Championships on Saturday 17 March.

Both days provided good competition and were well conducted by the organising branches.

It was no great surprise when the home team North West won the first round at home repeating its effort of last season but it certainly shocked the other clubs when it won the second round in Launceston. It shows what can be done with good organisation — Congratulations to the Coast.

### FINAL POINTS:

ROUND 1		ROUND 2	TOTAL	PLACE
North West	11	11	22	1
Eastern Suburbs	9	9	18	2
Tamar	8	8	16	3
Sandy Bay	7	1	8	7
Western Suburbs	5	5	10	6
Northern Suburbs	6	6	12	4
Newstead Central	4	7	11	5
North Launceston	3	4	7	8
Altius	2	2	4	9
Newstead Harriers	1	3	4	9
Riverside	-	_	-	
Vets	-	_	-	~
OVA	_	_	_	_

### MULTIPLE EVENTS

## ST LEONARDS

17-18 FEBRUARY 1990

It was the Northern Branches' turn to conduct these championships and as usual the first day was dovetailed into the normal interclub programme. Entries were down on 1989 12 men and 5 women compared with 16 and 5. The big disappointment was no competition in Under 20 Men and Senior Women. No North West athletes entered and rather naturally the majority came from Launceston.

Performances were only average although Dwayne Kirby (Open), Stephen Klimeck (18) and Nathan Slater (16) all broke the standard for entry into the Australian Championships.

### RESULTS:

	WO	<u>men</u>	
UNDER 20	1	Kylie Hughes (ES)	3140 points
UNDER 18	1	Andrea Hughes (ES)	4164 points
UNDER 16		Heather Gourlay (ES) Samantha Denmead (WS) Skye Thompson (NC)	3288 points 2855 points 1179 points

## MULTIPLE EVENTS (CONT)

#### MEN

OPEN		Dwayne Kirkby (NL) Tony Donald (NL)		points points
UNDER 18	2	Stephen Klimeck (T) Nathan Bushby (NC) Neil Anderson (NC)	4421	points points points
UNDER 16	2	Nathan Slater (NL) Jason Wade (NL) Nathan Wheldon (NL)	2602	points points points

### AIS DRUG OFFENSIVE MEET

HOBART 4-5 NOVEMBER 1989

A series of five meets promoted by AIS Specials Projects Consultant, Brian Carman and sponsored by the Drug Offensive & Health Departments were organised for varius cities during the early part of the track season and as preludes to the Commonwealth Games Trials. Tasmania was chosen to host the first of these which was basically a three hour programme on Sunday 5 November. However to give Multiple Event athletes an additional early hit out a Decathlon & Heptathlon was programmed to start on the Saturday. Entries in both were topclass, 10 men and 3 women and the competition was extremely good.

Approximately 30 athletes were brought to Hobart through the generous sponsorship of the Department of Tourism, Sport and Recreation, Dept of Health Services and Tasmanian Alcohol and Drug Dependency Board.

These included world class walkers, Kerry Saxby, Lorraine and Andrew Jachno Simon Baker and Northern Ireland high jumper Janet Boyle plus many topclass Australian athletes.

Unfortunately, in spite of all the good pre meet promotion and publicity, the meeting only attracted slightly more than 1000 spectators but the fact that rain threatened early in the afternoon and eventually came just in time for the Opening Ceremony and continued for most of the events certainly deterred many from attending.

The Multiple Events provided great competition. Although only three women competed in the Heptathlon the lead fluctuated throughout with Jo Millar-Cubit (Tas) eventually defeating Kylie Coombe (Vic) by 32 pts both reaching the Commonwealth Games Qualifying Standard. The Decathlon was also a fascinating competition with Dean Smith (SA) and Stuart Andrews (ACT) achieving the Games Standard. Todd Apted although hampered by injury broke the 7000 pts barrier in finishing fourth.

# AIS DRUG OFFENSIVE MEET (CONT)

# RESULTS:

		HEPTATHLON	
1 2 3	Jocelyn Millar-C Kylie Coombe Peta Kennedy	dubit (Tas) (Vic) (Vic)	5748 points 5716 points 5293 points Tas & U2O Allcomers Record
		DECATHLON	
1 2 3 4 5 6 7 8 9	Stuart Andrews Dean Smith Chris Bradshaw Todd Apted Jon Morrison Peter Winter Darren Hosking Dwyane Kirkby Andrew Donald	(ACT) (SA) (Vic) (Tas) (NSW) (Vic) (SA) (Tas) (Tas)	7608 points 7480 points 7189 points 7029 points 6908 points 6632 points 6410 points 5677 points 5530 points
		5000 m WALK -	<u>MEN</u>
1 2 3	A Jachno S Baker N A'Hern	(Vic) (Vic) (NSW)	19,47.54 Tas Allcomers Record 20.19.91 20.26.19
		800 m - MEN	
1 2 3	C Orr P Schnyder J White	(Vic) (Vic) (OVA)	1.51.08 1.51.38 1.51.53
		400 m - WOMEN	
1 2 3	P Clements M Taylor Lee Naylor	(SB) (NS) (Vic)	52.04 52.30 53.00 (CG Qualifying Time)
		800 m = WOMEN	
1 2 3	Wendy Old G Luke M Baumgartner	(SA) (ES/TIS) (Vic)	2.04.04 Tas Allcomers Record 2.05.05 2.05.89
		400 m HURDLES	- MEN
1 2 3	L Miller R Robinson S Hollingsworth	(Vic) (Vic) (OVA/TIS)	50.60 (CG Qualifying Time) 51.76 Tas Allcomers Rec - U20 52.72
		5000 m WALK -	<u>women</u>
1 2 3	Kerry Saxby Lorraine Jachno S Schnyder	(AIS/NSW) (Vic) (Vic)	20.50.57 Tas Allcomers Record 23.37.62 24.10.84

# AIS DRUG OFFENSIVE MEET (CONT)

	100 m - MEN		
1 S Naylor 2 T Hollingsworth 3 P Van Der Kraan	(Vic) (OVA) (SB)	10.74 11.07 11.12	
	100 m - WOMEN		
1 G Riley 2 S Absolom 3 S Whitmore	(Dev) (Alt) (Alt)	12.46 12.74 12.91	
	1500 m - MEN	•	
<ul><li>1 G Ritchie</li><li>2 J Paynter</li><li>3 D Giblin</li></ul>	(NSW) (Vic) (NS)	3.47.4 3.48.6 3.51.5	
	3000 m STEEPLI	ECHASE - M	<u>EN</u>
1 S Creighton 2 M Inwood 3 M Dalton	(Vic) (Q1d) (NS)	8.42.94 8.58.35 9.03.26	Tas Allcomers Rec
	HAMMER THROW -	- MEN & WO	<u>men</u>
A GRADE (4 kg)	K Hughes (		37.86
A GRADE (4.5 kg)	J McDonald M Cooper (		57.60 53.22
B GRADE (4.5 kg)	D Alomes (	(ES)	32.06
	HIGH JUMP - MI	<u>en</u>	
<pre>1 B Cooper 2 P Holmes 3 T Rickwood</pre>	(SB) (ES) (ES)	2.00 1.95 1.85	
	TRIPLE JUMP -	MEN	
1 A Murphy 2 P Simenson 3 P Beames	(Vic) (NSW) (ACT/TIS)	15.87 15.77 15.59	_
	JAVELIN - MEN		
1 R McCafferty 2 M Mullarvey	(Riv/TIS) (NHC)	60.80 60.12	
1 C Hanney	JAVELIN - WOME	_	
1 C Harvey 2 J Ware 3 TA Philpott	(SA) (NHC/TIS) (Riv)	50.80 49.86 41.04	
		ACT N	
1 J Boyle	HIGH JUMP - WO (N Ire)	<u>мем</u> 1.85 (Еді	

#### TRIDENT SEAFOODS NATIONAL RELAYS

HOBART 4 JANUARY 1990

Professor Terry Dwyer exceeded even his own most optomistic hopes with the number and quality of athletes he managed to attract to the third National Relays Meet. Not only did the New South Wales, Victorian and Australian Junior Relay teams come again but the English Commonwealth Games Team saw a chance for strong competition and to cap it all Sebastian Coe agreed to compete in the 1000 metres.

All this would not have been possible, without a very generous new sponsor Trident Seafoods who not only contributed substantially but helped to obtain numerous minor sponsors to such effect that the budgeted expenses of \$30,000 were covered and the meeting just about broke even.

The weather, for a change, was quite good although a little windy and an estimated 3000 people witnessed a truly magnificent action packed programme.

The 120 metre gifts were great events with David Culbert (Víc) a long jumper showing his speed to win the mens event from Kevin Oakey (Vic) a 400 m hurdler and John Regis (England) who went on to win the Commonwealth Games 200 metres. The womens gift was won by Melinda Gainsford (NSW) and Kerrie Johnston (Qld) and Cathy Freeman.(Qld)

The mens 4x100 relay was expected to be a great race between Australia and England but rather fizzled when Australia missed its first change and Victoria and the Australian Juniors chased England home. Australia turned the tables in the 4x400 metres to win quite comfortably from England and Victoria.

The Australian team won the two womens relays with the Junior team second Tasmania seniors third in both.

Malcolm Norwood returned for another win this time in the 3000 metres and Michelle Baumgartner ran strongly to win the womens 1000~m.

However the highlight, undoubtedly was the appearance of dual Olympic Gold Medallist Sebastian Coe in the mens 1000 metres. He had strong competition from Victorian Peter Bourke and New Zealander Peter O'Donohoe but running a well controlled race had little difficulty in winning.

### RESULTS:

		RISBY	TIMBER MENS 1	20 M HANDICAP	<u>-</u>
1	David Culbert	(Vic)	3 m	12.6	
2	Kevin Oakey	(Vic)	4.5 m	12.6	
3	John Regis	(Eng)	Scr	12.7	
		DAVID	GOLDSMITH-AMP	WOMENS 120 M	HANDICAP
1	Melinda Gainsford	(NSW)	3.5 m	13.6	
2	Kerrie Johnston	(Qld)	Scr	13.7	
3	Cathy Freeman	(Qld)	2.5 m	13.8	

# TRIDENT SEAFOODS NATIONAL RELAYS (CONT)

1 Janne Ware

		ASSOCIATED SHIPPING/ACTA SHIPPING MENS 3000 METRES
2	Malcolm Norwood Dean Giblin Michael Dalton	(Vic) 7 m 59.1 Tas Allcomers Rec (Tas) 8 m 19.8 (Tas) 8 m 23.4
		BP WOMENS 1000 METRES
	Michelle Baumgartner Sandra Skeggs	(Vic) 2 m 44.7 (Tas) 3 m 3.5
		TALAYS MENS 1000 METRES
	Sebastian Coe Peter Bourke Peter O'Donohue	(Eng) 2 m 21 (Vic) 2 m 21.5 (NZ) 2 m 21.8
		TRIDENT SEAFCODS MENS 4x100 m RELAY
	England Victoria Australian Juniors	39.3 Tas Allcomers Record 40.3 40.3 Tas U20 Allcomers Record
		TRIDENT SEAFOODS WOMENS 4x100 m RELAY
	Australia Australían Juniors Tasmania	44.0 Tas Allcomers Record 45.6 46.4 Tas Residential Record
		HOBART COACHES MENS 4x400 m RELAY
2 3	Australia England Victoria Australian Juniors	3 m 5.3 3 m 7.21 3 m 10.76 3 m 12.1 Tas U2O Allcomers Record
		HOBART COACHES WOMENS 4x400 m RELAY
2	Australia Australian Juniors Tasmania	3 m 37.9 Tas Allcomers Record 3 m 42.3 Tas U2O Allcomers Record
		TOLEDO SCALE JAVELIN

53.4 Tas Residential Record

# EAST COAST CHALLENGE

<u>24 & 25 FEBRUARY 1990</u>

ASS MANAGER: Noelene Rogers

## MANAGER: Alan Rider

A team of only thirteen athletes were selected for this meeting just three being seniors. Perhaps the highlight was Dean Giblin finishing fourth in the Australian 10000 metres Championships.

Tasmania in spite of its very small team was fourth finishing in front of Queensland.

### FINAL POINTS:

1	ACT	1636
2	NSW	1499
3	Victoria	704
4	Tasmania	195
5	Queensland	103

## TEAM PERFORMANCES WERE:

Alanna Rogers Sonia Laduzko	1500 m Walk Hammer	U18 Senior	2nd 5th	7.07.6 PB Tas U17-Open AR 29.92 PB Tas U17 AR
Alanna Rogers	5000 m Walk 800 m	Senìor Ul6	5th 4th	28.39.7 PB Tas U17-U20 AR 2.24.0 PB
Sonia Hoyle Anna Wardlaw	800 m	U18		2.27.1
Chris Miller	800 m	U18		2.02.3 PB
Michelle Dilger	200 m	U18	5th	26.43 PB
Erica Andersch	200 m	U18	8th	28.73
Sonia Laduzko	Shot Put	U18		6.57
Mandy Westbrook	3000 m	U20	4th	11.14.9
Dean Giblin	10000 m	Senior	2nd	29.39 PB
Peter Van Der Kraan	200 m	Senior	6th	22.4
Michelle Dilger	100 m	U18	5th	12.7 PB Equalled
Michael Bonnitcha	100 m	U18	4th	11.6
Michael Bonnitcha	100	U20	6th	11.8
Mandy Westbrook	1500 m	U16	5th	5.08.33
Alanna Rogers	1500 m	U18	6th	5.00.1
Chris Miller	1500	U18 U20	8th 5th	4.15.1 PB Equalled 5.17.19
Alanna Rogers	1500 m	U20 U20	6th	5.27.67
Mandy Westbrook	1500 m		8th	5.42.60
Alanna Rogers	1500 m	Senior Senior	9th	5.48.06
Mandy Westbrook	1500 m 100 m	Senior	4th	11.2
Peter Van Der Kraan Guy Adamson	Discus	Senior	1st	48.12
Sonia Laduzko	Shot Put	U20	5th	5.99
Sonia Hoyle	400 m	U16	5th	63.1
Anna Wardlaw	400 m	U18	6th	61.7
Erica Andersch	400 m	U18	7th	64.1
Guy Adamson	Shot Put	Senior	3rd	13.55
Women 4x100 m Relay	51100 1 20	U18	4th	
Women 4x100 m Relay		U20	2nd	
Women 4x100 m Relay		Senior	3rd	
Men 4x100 m Relay		Senior	4th	

### MBF TASMANIAN CHAMPIONSHIPS

### ST LEONARDS - 25 FEBRUARY 1990

HOBART - 3, 4 & 5 MARCH 1990

When the Tasmania Bank decided not to continue its sponsorship of the State Championships negotiations resulted in MBF agreeing to take over. The ABC agreed to telecast two hours on Saturday 3 March and this year did not with draw. After lengthy discussions with the ABC a suitable timetable of the events, considered to have most appeal was formulated for the telecast.

Once again there were some terrific athletic performances, illustrating that with the right incentive and competition standards lift.

Entries increased quite considerably on 1989 with the fees received being \$434 more. However relays were a disappointment.

The first day was held at St Leonards - the weather was excellent and so was the athletics. This continued for the final three days in Hobart. Once again the younger athletes dominated the Open competition. Of the 20 mens individual events 10 were won by athletes under 20 and 7 of 17 womens

Several long standing records were broken. Elaine Frawley-McLeod had held the 100 m and 200 m for approximately 20 years and both were broken. The 100 metres by Gelinda Simpson (Devon) who recorded 11.6 sec and Susan Andrews (ES) ran 23.69 sec for the 200 metres. Susan also broke the 400 allcomers record when she ran 52.7 sec.

Similarly with the men Simon Hollingsworth's 200 metres time of 21.2 sec broke Paul Blackaby's 1978 residential record and also the U18, U19 & U20 Allcomers times. In the 1500 metres Kealin Hanigan (OVA) erased two of Randall Markey's Allcomers records set in 1973 when he ran 3 min 47.1

Many athletes showed their versability with multiple wins. Topping the lists were James Fitzpatrick (Altius) and Andrea Hughes (Eastern Suburbs) who each won eight events. James' were all Under 13 whilst Andrea's ranged from Under 18 to Open. Winners of five gold medals were Chris Hirst (OVA) Gavin Ryland (NS) and Janne Ware (NH).

The Hobart Harrier Cup for Men's Open competition was won by OVA for the first time from North Launceston whose 26 points were scored by three athletes - Dwayne Kirkby, Andrew and Tony Donald. Eastern Suburbs just managed to stop Newstead Harriers from retaining the womens title.

Overall Sandy Bay regained top spot from Northern Suburbs whilst Eastern Suburbs again won the womens title again from Sandy Bay but increased the margin from 58 to 78 points.

Comparing winning performances in the Open events by using the old decathlon and heptathlon tables the best men's performance was Russell Foley's 10000 metres of 29 m 21.41 sec-it would have scored 988 points, second was Dean Giblin's 5000 metres and third Tim Hollingsworth's 400 metres. All flat track events improved but the only other one was the discus. Susan Andrews' magnificent 52.7 400 metres was the best women's performance. It would have scored 1035 points, second was Gail Luke's 400 m Hurdles and third Andrea Hughes High Jump. the average again improved by 8 points to 897. Of the 37 events 19 improved and 18 dropped.

# RESULTS:

MEN OPEN				
	1st	2nd	3rd	Performance
100 metres 200 metres	S Hollingsworth (OVA S Hollingsworth (OVA		T Bennett (SB) R Whitehead (T)	10.6 21.2 Open TRR (U18-U20 TAR
400 metres 800 metres 1500 metres 5000 metres 10000 metres 110 m Hurdles	T Hollingsworth (OVA K Hanigan (OVA) K Hanigan (OVA) D Giblin (NS) R Foley (NS) C Hirst (OVA)	J White (OVA) N Cope (NH) R Foley (NS) D Giblin (NS) D Kirkby (NL)	J White (OVA) P Wood (OVA) S Miller (SB) M Dalton (NS) M Dalton (NS)	47.22 1m 51.7 3m 47.1 (U2O, U19 AR 14m 08.6 29m 21.41 16.00
400 m Hurdles 5000 m Walk 3000 m Steeple Long Jump Triple Jump High Jump Pole Vault Discus Shot Put Javelin Hammer Decathlon 4x100 m Relay 4x400 m Relay	D Kirkby (NL) R Best (SB) M Shaw (SB) T Donald (NL) L Lampton (NH) P Holmes (ES) D Kirkby (NL) G Adamson (NH) G Adamson (NH) R McCafferty (R) L Best (SB) D Kirkby (NL) OVA OVA No 1	T Donald (NL) R Cooke (NS) N Hyland (OVA) L Lampton (NH) K Larsen (CTC) B Cooper (SB) A Donald (NL) L Best (SB) I Murray (NS) A Donald (NL) W Fletcher (NS) T Donald (NL) Sandy Bay OVA No 2	M Wall (Vic) R Robertson (Vet T Rickwood (ES) D Hind (NS) T Rickwood (ES) T Donald (NL) I Murray (NS) T Donald (NL) T Donald (NL) T Donald (NL) T Donald (NL) T Murray T Donald (NL)	6.60 m 13.78 m 2.00 m 3.60 m 50.10 m 13.70 m 61.10 m 45.90 m 6000 pts 41.9
	CLUB CHAMPION			•
		rth Launceston 26 pts rthern Suburbs 21 pts		
MEN UNDER 20				
100 metres 200 metres 400 metres	C Hirst (OVA) C Hirst (OVA) J Duede (SB)	P Sayer (NS) P Sayer (NS) M Potter (Bur)	M Potter (Bur) J Duede (SB) D Smee (SB)	11.52 22.80 51.9

100 metres	C Hirst (OVA)	P Sayer (NS)	M Potter (Bur)	11.52
200 metres	C Hirst (OVA)	P Saver (NS)	J Duede (SB)	22.80
400 metres	J Duede (SB)	M Potter (Bur)	D Smee (SB)	51.9
800 metres	P Fearnley-Sanders (0)	VA)J Lewis (SB)	K Gillard (NL)	lm 56.6
1500 metres	D Smee (SB)	J Lewis (SB)	P Fearnley-	
200		, ,	Sanders (OVA)	) 4m 02.2
5000 metres	D Smee (SB)	J Holloway (SB)	K Gillard (NL)	15m 10.74
110 m Hurdles	C Hirst (OVA)	, ,		16.55
400 m Hurdles	C Hirst (OVA)	M Shaw (SB)	L Foley (NS)	58.00
5000 m Walk	R Best (SB)	,		22m 21.93
3000 m Steeple	D Smee (SB)	M Shaw (SB)		9m 33.7
Long Jump	L Foley (NS)	. ,		4.21 m
Triple Jump	K Larsen (CTC)	B Cooper (SB)	L Best (SB)	13.25 m
High Jump	B Cooper (SB)	P Holmes (ES)	L Best (SB)	1.95 m
Pole Vault	A Knott (SB)	(=3,	•	2.70 m
Discus	L Best (SB)	M Cooper (SB)	L Foley (NS)	42.98 m
Shot Put	K Larsen (CTC)	M Cooper (SB)	L Best (SB)	11.45 m
Javelin	K Larsen (CTC)	M Cooper (SB)	L Best (SB)	44.02 m
Hammer	J McDonald (ES)	L Best (SB)	M Cooper (SB)	48.78 m
Decathlon	(20)		1 - , , , ,	

## MEN UNDER 20 (CONT)

 4x100 m Relay
 Northern Suburbs
 Sandy Bay
 45.3

 4x400 m Relay
 OVA
 Sandy Bay
 3m 30.2

## CLUB CHAMPIONSHIP:

1 Sandy Bay 55 points 2 OVA 19 points 3 Northern Suburbs 12 points

### MEN UNDER 18

	1st	2nd	·3rd	Performance
100 metres 200 metres 400 metres 800 metres 1500 metres 3000 metres	T Lunnon (R) B Vermey (OVA) S Kingston (Dev) S Kingston (Dev) J Shaw (SB) J Holloway (SB)	W Fotheringham (NS) S Kingston (Dev) G Bentley (SB) N Higgins (OVA) N Higgins (OVA) D MacCarrick (NS)	M Bonnitcha (NS) G Bentley (SB) J O'Rourke (ES) R Clarke (Bur) P Bidgood (ES) J Shaw (SB)	11.0 22.69 49.6 2m 01.6 4m 08.47 8m 45.4
110 m Hurdles 400 m Hurdles 3000 m Walk 2000 m Steeple Long Jump Triple Jump High Jump Pole Vault Discus Shot Put Javelin Hammer Multiple Events 4x100 m Relay 4x400 m Relay	D Broom (NS) M Robertson (SB) J McCullagh (NC) W Fotheringham (NS) S Cooper (SB) M Jarman (SB) S Klimeck (T) S Maxwell (NS) M Jarman (SB) S MacLaine-Cross (NC) J McDonald (ES) S Klimeck (T) OVA	G Whitehouse (SB) D Tubb (NS) P Connolly (Alt) J Batchelor (ES) S Westwood (SB) A Knott (SB) M Cooper (SB) M Cooper (SB) S Maxwell (NS) M Cooper (SB) N Bushby (NC) Burnie Sandy Bay	C Miller (NL) S Cooper (SB) S Hanson (NC) J Batchelor (ES) S Guinan (NS) M Jarman (SB) S Maxwell (NS) G May (Dev) D Alomes (ES) N Anderson (NC) Northern Suburbs Eastern Suburbs	60.79 13m 45.4 6m 32.6 6.14 12.05 1.84 3.20 43.92 14.26 m 54.58 m 57.68 m 4446 pts 45.1 3m 35.43

## CLUB CHAMPIONSHIP:

1 Sandy Bay 38 points 2 Northern Suburbs 21 points 3 OVA 13 points

### MEN UNDER 16

	1st	2nd	3rd	Performance
100 metres 200 metres 400 metres 800 metres 1500 metres 3000 metres 100 m Hurdles 300 m Hurdles 1500 m Walk 2000 m Steeple	S Bresnehan (SB) S Bresnehan (SB) M Cleary (NS) A Cassidy (NL) A Cassidy (NL) A Cassidy (NL) D Broom (NS) D Broom (NS) MRobertson (SB)	M Cleary (NS) M Cleary (NS) G Young (NS) C Hardinge (NS) C Hardinge (NS) C Hardinge (NS) S Maxwell (NS) M Cleary (NS) G Whitehouse (SB)	C Aiken (SB) D Broom (NS) C Aiken (SB) B Hopwood (NH) B Hopwood (NH) S Moore (Bur) N Slater (NL) N Slater (NL) M Pigden (ES)	11.77 22.9 51.3 2m 00.3 4m 19.0 9m 44.12 14.7 40.3 6m 21.53

# MEN UNDER 16

	lst	2nd	3rd	Performance
Long Jump Triple Jump High Jump Pole Vault Discus Shot PUt Javelin Hammer Multiple Events 4x100 m Relay	J Beswick (Bur) T Cawthorne (NS) S Maxwell (NS) P Everett (NS) S Maxwell (NS) G Ryland (NS) S Maxwell (NS) G Ryland (NS) N Slater (NL) Northern Suburbs	T Cawthorne (NS) D Absolom (ES) J Wade (NL) B Elwell (NS) G Ryland (NS) S Maxwell (NS) G Ryland (NS) G Ryland (NS) J Wade (NL) Sandy Bay	S Maxwell (NS) J Kingston (Dev) P Everett (NS)  R Wastell (ES) R Wastell (ES) S Barker (R) S Bonner (WS) N Wheldon (NL) Eastern Suburbs	6.44 m 12.42 m 1.68 m 2.60 m 53.18 m 13.26 m 53.66 m 40.46 m 3445 pts 45.0
4x400 m Relay	Northern Suburbs	Sandy Bay		3m 35.04

# CLUB CHAMPIONSHIP:

1	Northern Suburbs	65	points
2	North Launceston	19	points
3	Sandy Bay	17	points

## MEN UNDER 15

	1st	2nd	3rd	Performance
100 metres 200 metres 400 metres 800 metres 1500 metres	M Dorman (Bur) J Byrne (Dev) M Clark (SB) M Clark (SB) C Gordon (T)	T Byrne (Dev) M Clark (SB) J Byrne (Dev) C Gordon (T)	M Clark (SB) M Dorman (Bur) A Partridge (Bur) T Atkins (Dev)	11.7 24.0 52.84 2m 08.3 4m 44.9
100 m Hurdles Long Jump Triple Jump High Jump Discus Shot Put Javelin 4x100 m Relay 4x400 m Relay	J Read (OVA) A Partridge (Bur) J Read (OVA) G Ryland (NS) G Ryland (NS) G Ryland (NS) Devon Devon	A Partridge (Bur) B Smith (NS) C Parsley (T) P Nettlefold (WS) B Gillow (T) S Bonner (WS) Sandy Bay Sandy Bay	B Smith (NS) A Connolly (Alt) J Crowe (T) S Bonner (WS) S Bonner (WS) J Glancy (ES) Tamar Tamar	5.50 m 11.78 m 1.60 m 43.90 m 15.69 m 52.10 m 49.53 3m 59.5

# CLUB CHAMPIONSHIP:

1	Devon	14 points
2	Sandy Bay	13 points
3	Northern Subur	bs 13 points

# MEN UNDER 14

	lst	2nd	3rd	Performance
100 metres 200 metres 400 metres 800 metres 1500 metres 90 m Hurdles Long Jump Triple Jump High Jump	S Byrne (Dev) S Byrne (Dev) S Byrne (Dev) L Kearney (NS) L Kearney (NS) B Penney (Bur) A Mannix (NS) G Wakefield (Alt) G Wakefield (Alt)	N McCullagh (NC) N McCullagh (NC) L Kearney (NS) J Kaye (Alt) S Bryan (Bur) R Shields (Alt) G Wakefield (Alt) R Shields (Alt) D Stephens (NL)	G Wakefield (Alt) R Shields (Alt) N McCullagh (NC) S Byrne (Bur) C Woodhall (Dev) N Wheldon (NL) M Harding (T) G Gibbons (Bur) R Apted (NH)	12.3 25.2 56.2 2m 16.0 4m 39.47 14.2 5.39 m 11.46 m 1.55 m

	1st	2nd	3rd	Performance
Discus	L Kearney (NS)	G Garwood (WS)	N Wheldon (NL)	32.58 m
Shot Put	M Arnold (ES)	J Glancy (ES)	N Wheldon (NL)	12.58 m
Javelin	J Glancy (ES)	G Garwood (WS)	G Wakefield (Alt)	42.26 m
4x100 m Relay	Altius	Eastern Suburbs	Tamar	52.0
4x400 m Relay	Altius	Northern Suburbs	Eastern Suburbs	3m 55.9

# CLUB CHAMPIONSHIP:

l	Altius	23 points
2	Northern Suburbs	16 points
3	Eastern Suburbs	11 points

## MEN UNDER 13

	1st	2nd	3rd	Performance
100 metres	J Fitzpatrick (Alt)	P Gebka (T)	D Klimick (T)	12.4
200 metres	J Fitzpatrick (Alt)	P Gebka (T)	A Castley (SB)	25.4
400 metres	J Fitzpatrick (Alt)	P Gebka (T)	A Castley (SB)	58.8
800 metres	N Puclin (NS)	T Edwards (SB)	A Castley (SB)	2m 20.6
1500 metres	N Puclin (NS)	T Edwards (SB)	M Cannell (ES)	4m 40.3
80 m Hurdles	J Fitzpatrick (Alt)	A Castley (SB)	M Cannell (ES)	13.16
Long Jump	J Fitzpatrick (Alt)	A Castley (SB)	S Cleaver (NS)	5.81 m
Triple Jump	J Fitzpatrick (ALt)	A Castley (SB)	J Rae (SB)	11.66 r
High Jump	J Fitzpatrick (Alt)	A Castley (SB)	P Gebka (T)	<b>1.60</b> :
Discus	D Eddington (SB)	S Summers (WS)	P Young (NL)	25.50 n
Shot Put	J Fitzpatrick (Alt)	P Young (NL)	D Eddington (SB)	9.21 m
Javelin	P Young (NL)	D Eddington (SB)	S Cleaver (NS)	29.76 m
4x100 m Relay	Riverside Primary	OVA		58.4

# CLUB CHAMPIONSHIP:

1	Altius	24	points
2	Sandy Bay	22	points
3	Northern Suburbs	8	points
	Tamar	R	points

# TOTAL POINTS:

Senior	ALT -	$\frac{B}{2}$	DEV	DIAL	<u>ES</u> 5	NC -	<u>NH</u> 13	<u>NL</u> 26	<u>NS</u> 21	$\frac{OVA}{32}$	$\frac{\mathbb{R}}{3}$	<u>SB</u>	$\frac{\mathrm{T}}{2}$	WS_	$\frac{\text{VETS}}{1}$
U20	-	3	-	_	5	-	_	2	12	19	_	55	_	_	_
U18	2	3	9	_	10	10	-	1	21	13	3	38	6	_	-
U16	-	4	1	_	8	-	2	19	65	_	1	17	-	1	-
U15	1	10	14	_	1	_	-	_	13	6	-	13	12	5	-
<b>U</b> 14	23	7	10	_	11	5	1	5	15		_	2	4	-	_
U13	24	_	-	_	2	-	-	6	8	2	-	22	8	2	_
	50	29	34		42	15	16	59	156	72	7	166	32	8	1
PLACE	5	9	7	_	6	10	11	4	2	3	13	1	8	12	14
1988/89	25 (9)	32 (8)	23 (10)	_	74 (3)	14 (12)	$70\frac{1}{2}$ (4)	39 (6)	180 (1)	45 (5)	35 (7)	152 (2)	4 (13)	$22\frac{1}{2}$ (11)	1 (14)

# WOMEN OPEN

		lst	2nd	3rd	Performance
	100 metres	G Riley (Dev)	S Andrews(Es)	J Millar-Cubit (ES)	11.6 TRI
~	200 metres 400 metres 800 metres 1500 metres 3000 metres 10000 metres 5000 m Walk 100 m Hurdles 400 m Hurdles Long Jump Triple Jump	S Andrews (ES) S Andrews (ES) M Bates (Bur) M Bates (Bur) A Rippon (Dev) R May (Dev) R Lee (NH) J Millar-Cubit (ES) G Luke (ES) J Millar-Cubit (ES) K Hawkins (NH)	G Riley (Dev) G Luke (ES) C Butler (Bur) A Rippon (Dev) C Butler (Bur) S Brasher (NH) A Rogers (Bur) A Armstrong (SB) K Hawkins (NH) A Armstrong (SB) L Larsen (NH)	G Luke (ES) S Skeggs (NC) A Coombe (ES) C Butler (Bur) M Bates (Bur) K Hughes (ES) J Shaw (Vets) K Hawkins (NH)	23.69TRI 52.7 TAF 2m 18.9 4m 35.58 10m 00.1 39m 49.7 25m 11.3 14.5 58.98 6.15 m 10.47 m
	High Jump Pole Vault Discus Shot Put Javelin Hammer Heptathlon 4x100 m Relay 4x400 m Relay	A Hughes (ES)  T Philpott (NH) J Ware (NH) J Ware (NH) J Ware (NH)  Eastern Suburbs Eastern Suburbs	J Ware (NH) T Philpott (NH) G Prenter (OVA) L Kirsch (Dial) Newstead Central Sandy Bay	L Larsen (NH) K Hughes (ES) Burnie Northern Suburbs	1.75 m 41.56 m 13.92 m 50.42 m 40.66 m 48.2 4m 01.72

# CLUB CHAMPIONSHIP:

1	Eastern Suburbs	33 points
2	Newstead Harriers	30 points
3	Burnie	15 points

#### WOMEN TIMBER 20

WOMEN UNDER 20				
•	lst	2nd	3rd	Performance
100 metres 200 metres 400 metres	A Armstrong (SB) A Whitehouse (SB)	A Whitehouse (SB)		12.90 27.1
800 metres 1500 metres 3000 metres 3000 m Walk 100 m Hurdles 400 m Hurdles	A Eiseman (Bur) A Marquardt (SB) J Watson (NS) K Hughes (ES) A Armstrong (SB)	A Marquardt (SB) J Watson (NS) M Westhrook (T)	C Hawthorne (NS) C Hawthorne (NS) C Hawthorne (NS)	2m 26.80 4m 50.3 10m 23.2 17m 42.8 15.35
Long Jump Triple Jump High Jump Pole Vault	A Armstrong (SB) A Hughes (ES) K Hughes (ES)	N Brown (Bur) K Hughes (ES)	C Hawkins (Ind)	5.32 m 11.18 m 1.59 m
Discus Shot Put Javelin Hammer Heptathlon 4x100 m Relay	T Philpott (NH) T Philpott (NH) J Ware (NH) J Ware (NH) K Hughes (ES)	J Ware (NH) J Ware (NH) T Philpott (NH) K Hughes (ES)	K Hughes (ES) K Hughes (ES) K Hughes (ES) S Laduzko (ES)	37.82 m 12.99 m 50.08 m 39.38 m 3140 pts
4x400 m Relay	Northern Suburbs			4m 30.4

# CLUB CHAMPIONSHIP:

1	Eastern Suburbs	20 points
2	Sandy Bay	19 points
3	Newstead Harriers	18 points

## WOMEN UNDER 18

	lst	2nd	3rd	Performance
100 metres 200 metres 400 metres 800 metres 1500 metres 3000 metres 3000 m Walk 100 m Hurdles 400 m Hurdles	S Whitmore (Alt) S Whitmore (Alt) S Whitmore (Alt) A Boucher (SB) A Marquardt (SB) A Marquardt (SB) A Rogers (Bur) A Hughes (ES) R Guy (NC)	S Absolom (Alt) M Dilger (NC) B Hickey (OVA) B Hickey (OVA) A Boucher (SB) A Boucher (SB) N Brown (Bur) N Brown (Bur)	M Dilger (NC) B Hickey (OVA) A Wardlaw (NC) L Crowe (WS) K Risk (Alt) L Crowe (WS)	12.3 25.0 57.03 2m 22.0 4m 45.4 10m 21.47 15m 23.2 17.1 68.38
Long Jump Triple Jump High Jump	J Munro (SB) J Munro (SB) A Hughes (ES)	A Hughes (ES) J Arnold (ES)	H Gourlay (ES) N Brown (Bur)	5.14 m 10.69 m 1.75 m
Pole Vault Discus Shot Put Javelin Hammer Heptathlon 4x100 m Relay 4x400 m Relay	A Hughes (ES) A Hughes (ES) A Hughes (ES) C Sluyters (OVA) A Hughes (ES) Altius Newstead Central	H Gourlay (ES) H Gourlay (ES) H Gourlay (ES) S Laduzko (ES)  Newstead Central Sandy Bay	T King (SB) A Hughes (ES) Sandy Bay	32.08 m 10.78 m 37.44 m 26.02 m 4164 pts 50.36 4m 17.8

# CLUB CHAMPIONSHIP:

1	Eastern Suburbs	32 points
2	Sandy Bay	23 points
3	Altius	15 points

# WOMEN UNDER 16

	lst	2nd	3rd	Performance
100 metres 200 metres 400 metres 800 metres 1500 metres 3000 metres 1500 m Walk 90 m Hurdles 300 m Hurdles Long Jump Triple Jump High Jump Pole Vault Discus	S Absolom (Alt) S Absolom (Alt) S Absolom (Alt) B Matkovitch (Bur) B Matkovitch (Bur) B Matkovitch (Bur) K Turner (ES) G Nankervis (WS) A Hirst (NL) K Jenkins (Alt) G Nankervis (WS) E Berner (ES)	T Webb (WS) T Webb (WS) T Webb (WS) S Hall (ES) S Hall (ES) M Westbrook (T) E Hughes (ES) R Fitzpatrick (Alt) A Hanek (OVA) G Nankervis (WS) J Arnold (ES) T McLeod (NC) C Hanek (SB)	K Jenkins (Alt) K Jenkins (Alt) S Hall (ES) H Castley (SB) M Westbrook (T) E Hughes (ES) P Lodge (WS) E Berner (ES) A Sulzberger (NC) J Arnold (ES) K Jenkins (Alt) R Fitzpatrick (Al	5,17 m 11.31 m
Shot Put Javelin Hammer Heptathlon 4x100 m Relay 4x400 m Relay	H Gourlay (ES) H Gourlay (ES) C Sluyters (OVA) H Gourlay (ES) Altius Eastern Suburbs	C Hanek (SB) C Hanek (SB) S Nailor (T) S Denmead (NC) Eastern Suburbs Tamar	C Sluyters (OVA) G Nankervis (WS) F Boon (WS) Western Suburbs	9.35 m 32.60 m 24.10 m 3288 pts 50.6 4m 20.50

# CLUB CHAMPIONSHIP:

1	Eastern Suburbs	35 points
2	Altius	21 points
3	Western Suburbs	18 points

	lst	2nd	3rd	Performance
100 metres	J Russell (Alt)	F McDougall (SB)	K Fulkerson (Bur)	12.8
200 metres	J Russell (Alt)	F McDougall (SB)	K Fulkerson (Bur)	26.27
400 metres	J Russell (Alt)	K Fulkerson (Bur)	K Timms (Bur)	59.5
800 metres	A Sulzberger (NC)	N Kerstan (NS)	C Roberts (SB)	2m 30.2
1500 metres	A Bisdee (SB)	A Sulzberger (NC)		5m 13.0
90 m Hurdles	N McLaren (R)	N Crowe (WS)		14.9
Long Jump	F McDougall (SB)	A Sulzberger (NC)	J Smith (ES)	4.64 m
Triple Jump	E Berner (ES)	A Sulzberger (NC)	N McLaren (R)	10.22 m
High Jump	E Berner (ES)	N McLaren (R)	A Hanek (OVA)	1.45 m
Díscus	A Sulzberger (NC)	K Giffard (ES)	F Gourlay (ES)	26.04 m
Shot PUt	C Sluyters (OVA)	F Gourlay (ES)	N Watson (WS)	9.10 m
Javelin	C Sluyters (OVA)	F Gourlay (ES)	N Watson (WS)	27.72 m
4x100 m Relay	Sandy Bay	Altius	Northern Suburbs	54.0
4x400 m Relay	Sandy Bay	Eastern Suburbs	Northern Suburbs	4m 27.5

# CLUB CHAMPIONSHIP:

1	Sandy Bay	17	points
2	Eastern Suburbs	16	points
3	Newstand Central	12	nainte

## WOMEN UNDER 14

	Ist	2nd	3rd	Performance
100 metres 200 metres 400 metres 800 metres	A Hirst (NL) A Hirst (NL) A Hirst (NL) A Cooper (SB)	R French (Bur) R French (Bur) R French (Bur) K Turner (ES)	J Lyons (Bur) R Guest (SB) A Cooper (SB) A Emelie (Bur)	13.1 26.5 59.5 2m 28.0
1500 metres 80 m Hurdles Long Jump Triple Jump High Jump Discus Shot Put Javelin 4x100 m Relay	N Hillard (NL) A Hirst (NL) S Beveridge (Dev) R Dean (NC) S Beveridge (Dev) F Gourlay (ES) D Fidler (T) J Lyons (Bur) Burnie	K Turner (ES) A Cooper (SB) J Lyons (Bur) R Guest (SB) R Guest (SB) N Watson (WS) F Gourlay (ES) F Gourlay (ES) Devon	M Kerrison (R) A Mulford (NH) D Strong (NS) S Beveridge (Dev) R Dean (NC) R Dean (NC) N Watson (WS) N Watson (WS) Tamar	5m 17.8 13.68 4.65 m 9.88 m 1.43 m 23.92 m 9.53 m 27.46 m 53.9

# CLUB CHAMPIONSHIP:

1	Burnie	16 p	oints
2	North Launceston	15 p	oints
3	Eastern Suburbs	11 p	oints
	Sandy Bay	11 p	oints

# WOMEN UNDER 13

	lst	2nd	3rd	Performance
100 metres	M Kay (Bur)	C Poke (Bur)	Y Duffy (Dev)	13.1
200 metres	C Poke (Bur)	M Kay (Bur)	N Harding (ES)	27.5
400 metres	N Harding (ES)	K Triffett (Alt)	Y Duffy (Dev)	64.5
800 metres	N Harding (ES)	K Triffett (Alt)	K Hanson (NC)	2m 29.8
1500 metres	N Harding (ES)	J Gibson (Dev)	C Smith (NC)	5m 22.2
80 m Hurdles	K Hanson (NC)	•		17.1
Long Jump	K Hanson (NC)	C Smith (NC)	K Triffett (Alt)	4.20 m
Triple Jump	K Hanson (NC)	L Turner (ES)	K Goodwin (NS)	9.71 m
High Jump	K Hanson (NC)	K Rowe (Dev)	M Nicholas (NC)	1.48 m
Discus	T Hicks (Dev)	· K Hanson (NC)	J Gibson (Dev)	27.12 m
Shot Put	T Hicks (Dev)	E Hughes (ES)	, ,	10.17 m
Javelin	K Rowe (Dev)	T Ricks (Dev)	K Hanson (NC)	21.18 m
4x100 m Relay	Burnie	,	, ,	56.3

# CLUB CHAMPIONSHIP:

1	Newstead Central	20 points
2	Devon	18 points
3	Eastern Suburbs	14 points

# TOTAL POINTS

	ALT	<u>B</u>	DEV	DIAL	ES	<u>NC</u>	NHC	NL	NS	OVA	<u>R</u>	<u>SB</u>	T	<u>WS</u>	VETS	
Senior	_	15	13	2	33	3	30	_	1	2	_	б	_	-	1	
U20	_	5	-	-	20	-	18	-	11	_	~	19	2	-	_	
U18	15	8	-	-	32	12	_	-	_	8	_	23	_	2	-	
U16	21	9	~	~	35	6	_	3	_	6	_	7	7	18	-	
U15	11	5	_	-	16	12	_	_	4	7	6	17	_	4	-	
<b>U</b> 14	_	16	9	_	11	5	1	15	1	_	1	11	4	4	_	
U13	5	13	18	_	14	20	_	_	1	-	_	_	_	-	_	
	52	71	40	2	161	58	49	18	18	23	7	83	13	28	1.	
PLACE	5	3	7	14	1	4	6	10	10	9	13	2	12	8	15	•
1988/89	88 (2)	49 (7)	8 (12)	-	130 (1)	40 (9)	71 (4)	3 (14)	47 (8)	12 (10)	50 (6)	72 (3)	5 (11)	51 (5)	4 (13)	

### AUSTRALIAN CHAMPIONSHIPS

<u>UNDER 16 & 18</u> <u>MELBOURNE</u> <u>24 & 25 MARCH 1990</u>

MANAGER: Alan Rider COACH: Bill Larsen ASS MANAGER: Ruth Lansdell

Twenty seven athletes nominated to compete in these Championships having reached the entry standard set by Athletics Australia - sixteen Under 18 and eleven Under 16.

Unfortunately the accommodation although inexpensive and central was not really suitable for athletes preparing for top competition.

It could not be expected that the efforts of last year's team could be emulated when thirteen medals were won including seven gold, but it was not far behind winning eleven medals — two gold, three silver and six bronze. The two victories were outstanding — Andrea Hughes continued her domination of Under Age High Jumping clearing 1.83 metres to win the U18 event and Marcus Cleary set an Australian 300 metres Hurdle record of 39.04 sec. Many athletes had PB's and the men's relay teams deserve special mention recording two seconds, one third and one fifth.

### MEDAL WINNERS

GOLD:			High Jump 300 m Hurdles	1.83 m 39.04 s Aust Rec
SILVER:	Stuart Maxwell, Simo	on Bresnehan, Mens Ul6	Marcus Cleary, Jason 4x100 m Relay	44.64 s
		•	on Bresnehan, Marcus 4x400 m Relay 3m	_
BRONZE:	Andrew Cassidy M Belinda Matkovitch W Michael Mullarvey M Justin McDonald M Tim Lunnon, Bruce Ve	dens U16 Jomens U18 dens U18 dens U18 ermey, Steven	1500 m 4m 3000 m 10m Javelin Hammer Kingston, Gary Bentle	•
	M	lens U18	4x400 m Relay 3m	20.18

Other performances of the team were:

### UNDER 16:

S	andra Absolom	100 metres 200 metres 400 metres	4th H 4th H 2nd H	12.45 25.75 58.23	5th F 7th F 4th F	12.65 25.98 58.32
A	my Hanek	300 m Hurdles			8th	49.23
G	enelle Nankervis	90 m Hurdles Triple Jump	4th H	14.16	5th F 5th	14.49 11.51 m
C	laire Sluyters	Shot Put Javelin			5th 5th	8.42 m
D	onald Broom	100 m Hurdles 300 m Hurdles		14.76 50.52		
M	arcus Cleary	100 m	lst H	11.31	3rd SF 8th F	11.45 11.78
		400 m	4th H	52.56		
S	imon Bresnehan	100 m	3rd H	11.33	2nd SF 4th F	11,41 11,41
		200 m	3rd H	22.88	7th F	23.15
Já	ason Beswick	100 m Long Jump	6th H	11.69	7th	5.97 m

### AUSTRALIAN CHAMPIONSHIPS (Cont)

### UNDER 16:

	<del>_</del>						
	Andrew Cassidy	3000 m			8th	9m	30.93
	Nathan Slater	300 m Hurdles	6th H	43.61			
	Stuart Maxwell	Javelîn Shot Put			7th 5 <b>th</b>		44.00 m 14.42 m
UNDER 18	<u>:</u>						-
	Alanna Rogers	3000 m Walk			8th	17m	00.85
	Belinda Matkovitch	1500 m			6th	4 <b>m</b>	41.83
	Rebecca Guy	400 m Hurdles	5th H	68.43			
	Sonia Laduzko	Hammer			9th		29.84 m
	Claire Sluyters	Hammer			10th		28.40 m
	Rohan Best	3000 m Walk			4th	13m	05.45
	Tim Lunnon	100 т	2nd H	10.98	6th F	10,	96
	Gary Bentley	400 m	5th H	50.21	5th F	50.	20
	Bruce Vermey	200 m	7th H	22.99			
	Chris Miller	2000 m Steeple	<u> </u>		11th	6n	35.46
	Matthew Cooper	Díscus Hammer Shot Put			13th 5th 10th		39.56 m 49.56 m 13.22 m
	Мелѕ	4x100 m Relay			5th		44.04
	Womens	4x400 m Relay			5th	411	08.07

#### MULTIPLE EVENTS

MELBOURNE 26–28 MARCH 1990

MANAGER: Alan Rider COACH: Bill Larsen

Four athletes nominated for the multiple events championships conducted between the two weekends of the U16, U18 and the U20 & Open Championships - all men. One Open, one U18 and two U16. All performed extremely well three recording PB's and the other was only 10 points short.

Stuart Maxwell in only his second attempt at the Under 16 Heptathlon finished second with a very good score of 4500 points. In the same event Nathan Slater scored 399 more points to total 3847 and finish ninth. He improved in all seven events which augers well for the future.

Under 18 Stephen Klimeck scored 4598 points to finish twelfth. He has a weakness in the hurdles which if rectified should see a much better result.

In the Open event Dwayne Kirkby finished eighth with a score of 6240 points — a very pleasing result indeed. He improved 240 points on the State Championships and 503 on his effort in the Australian event in Brisbane last year. His hard work at training is paying off.

#### OPEN & UNDER 20

MELBOURNE 30 & 31 MARCH APRIL 1990

MANAGER: Lynn Larsen ASS MANAGER: Bill Larsen

COACH: Kevin Prendergast

Five of the Under 18 athletes stayed to compete in the Under 19 and Open Championships so that a total of thirty two represented Tasmania. Because of the individual system with athletes only having to break a standard to enter themselves the old team set up has disappeared. To illustrate 36 athletes entered, 20 travelled and stayed together, 2 travelled with the team and stayed elsewhere 10 neither travelled or stayed with the team and 4 did not take part at all.

### RESULTS:

Craig Watson's win in the Open shot put caps a decade of relative success for our field event athletes. All senior titles won by Tasmanians in this time have been in the field. In 1989 it was Jann Ware in the javelin, before that Jocelyn Millar in the heptathlon (twice) and prior to that, Stephen Knott in the long jump.

This year field athletes again led the medal tally. Added to Watson's performance, Janne Ware beat a sub-standard field by 10 metres to retain her junior javelin title and 16 year old Andrea Hughes won the junior high jump to tally a remarkable 10 national titles in 16 months.

In addition, outstanding performances were recorded by Russell Foley, Gail Luke, Kealin Hanigan, Rohan Best and the women's 4x400 m relay team. The tally of 3 gold medals was a good result in the absence of prolific national title winners Hollingsworth, Apted, Sinclair-Burke, Robertson and Campbell-Smith.

Tasmania won the Ronald Aiken Cup which is awarded to the state scoring the most points in the Mens Open in relation to the number of athletes competing. A rather surprising victory but none the less most satisfying.

# MEDAL TALLY:

GOLD:	Craig Watson Janne Ware Andrea Hughes	Men's Open Shot Put Junior Women's Javelin Junior Women's High Jump
SILVER:	Jocelyn Millar-Cubit Gail Luke Millar-Cubit, Skeggs,	Women's Open 100 m Hurdles Women's Open 400 m Hurdles
	Luke & Andrews Kealin Hanigan	Women's Open 4x400 m Relay Junior Men's 800 m
BRONZE:	Janne Ware Jocelyn Millar-Cubit Gabrielle Prenter	Women's Open Javelin Women's Open Long Jump Junior Women's Javelin

## MOBIL GRAND PRIX:

Craig Watson easily won the first Australian Grand Prix Shot Put after scoring two firsts (one with double points) and a second in the three legs held.

## TASMANIAN RECORDS:

Senior Men Senior Men U2O Men	5000 m Shot Put 800 M	13.57.86 17.20 m 1.49.85	Russell Foley Craig Watson Kealin Hanigan	31.3.90 1.4.90 31.3.90
U19 Men	800 M	1.49.85	Kealin Hanigan	31.3.90
U18 Men	5000 W	21.44.46	Rohan Best	31.3.90
Senior Women	400 m H	57.68	Gail Luke	1.4.90
Senior Women	4x400 m Relay	3.35.44	Millar-Cubit, Luke,	
	•		Skeggs, Andrews	1.4.90

### FULL TASMANIAN RESULTS:

Guy Adamson	Open Discus Open Shot Put	Qualifying Final Final	12th 8th 14th	45.54 m 47.18 m 13.47 m
Susan Andrews	Open 400 M	Heat Final	1st 5th	53.70 53.50
Angela Armstrong	U20 100 m H U20 Long Jump	Final Final	7th 7th	15.61 5.16 m
Maryann Bates	Open 1500 m	Final	10th	4.35.84
Troy Bennett	Open 100 m Open 400 m	Heat	6th	DNS 48.72 DNQ
Lyndon Best	U2O Hammer U2O Discus Open Discus Open Hammer	Final Final Qualifying Final	9th 9th 15th 9th	44.48 m 41.90 m 41.16 m DNQ 41.30 m
Murray Butterworth	n Open 800 m	Heat	5th	1.51.59 DNQ
Mathew Cooper	U20 Shot Put U20 Javelin	Final Final	llth 10th	11.00 m 38.24 m
Peter Fearnley-Sam	nder U2O 1500 m U2O 800 m	Heat Heat	6th	DNF 1.55.97 DNQ

RESULTS (	(CONT)
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Russell Foley	Open 5000 m	Final	5th	13.57.86
Kealin Hanigan	U20 800 m	Heat	1st	1.51.92
3		Fina1	2nd	1.49.85
	U20 1500 m	Heat	2nd	3.56.03
		Final	10th	4.09.10
Tim Hollingsworth	1J20 400 m	Heat	4th	48.26
11.0 110111118011011011		Final	6th	48.70
Andrea Hughes	U20 High Jump	Final	lst	1.80 m
Allulea llughes	Open High Jump	Final	5 <b>t</b> h	1.80 m
TV			1 266	35,46 ш
Kylie Hughes	Open Hammer U2O Hammer	Final Final	12th 4th	37.46 m
Gail Luke	Open 400 m	Heat	2nd	54.25
	0 /00 - U	Final	4th 1st	53.45 58.66
	Open 400 m H	Heat Final	2nd	57.68
Justin McDonald	U20 Hammer	Final	6th	48.40 m
Stuart Miller	U20 800 m			DNS
	U20 1500 m	Heat	5th	3.56.59
		Final	9th	4.04.64
Jocelyn Millar-				
Cubit	Open 100 m H	Heat	2nd	14.54
	•	<b>F</b> inal	2nd	14.30
	Open Long Jump	Fina1	3rd	.6.08 т
Michael Mullarvey	Onen Javelin	Final		DNS
nation indicate voj	U20 Javelin	Final	7th	55.16 m
Terri-Ann				
Philpott	U20 Discus	Final	7th	39.30 m
THEEPOLL	U20 Javelin	Final	10th	36.32 m
	U20 Shot Put	Final	4th	12.75 m
	Open Shot Put	Final	7th	12.93 m
Gabrielle Prenter	•	Final	3rd	39.94 m
Gelinda Riley	Open 100 m	Heat Final	3rd 5th	12.09
	0 200	Final	3rd	11.94 24.56
	Open 200 m	Heat Final	7th	24.91
Anthony Shield	Open Javelin	Qualifying	llth	59.86 m
		Final	10th	58.52 m
Sandra Skeggs	Open 400 m	Heat	3rd	55.53
		Final .	6th	54.57
Daniel Smee	U20 5000 m	Final	9th	16.02.72
	U20 3000 m S/C	Final	5th	9.29.00
Ean Vandenburg	U20 100 m	Heat	7th	11.56 DNQ
Janne Ware	U20 Javelin	Final	lst	52.62 m
oanne ware	Open Javelin	Final	3rd	53.00 m
	U20 Shot Put	Final	Jiu	DNS
	Open Shot Put	Final	6th	13.17 m
	U20 Hammer	Final	6th	34.36 m
	Open Hammer	Final	7th	38.66 m
Craig Watson	Open Shot Put	Final	lst	17.20 m
	Open Hammer	Final	4th	
John III-du	-			59.68 m
John White	Open 800 m	Heat	3rd	1.50.55 DNQ

### RELAYS:

Although Tasmania won a silver medal in one event there were insufficient numbers to enter teams in the men's 4x100 m or any of the U20 events. We failed to contest the women's 4x100 m when two selected team members withdrew (only two lined up for this event). In both of the senior 4x400's we had to use a reserve after a selected member withdrew.

The individual entry system, together with parallel changes in attitudes to the team aspect of what is essentially an individual championship, at least in the older age-groups, calls for a reappraisal of the way in which Tasmanian teams are selected, transported, housed and managed.

The trickle of one or two athletes who travelled late because of work and the odd athlete who stayed with relatives has now become a flood. This year, almost one third of the team were team members in name only, neither travelling, living nor spending any appreciable time with the team.

## AUCKLAND COMMONWEALTH GAMES

Selection Trials were held at the Sydney Athletic Field on 1, 2 & 3 December 1989. Fields were extremely good and as was to be expected competition was fierce.

A large number of Tasmanians entered and there were many excellent performances highlighted by Susan Andrews winning the 400 metres. Five others finished third.

Complete Tasmanian results were:

Susan Andrews Sandra Skeggs	400 metres 400 metres	1st 5th	52.34 54.95
Gail Luke	800 metres	3rd	2.01.94
Janne Ware	Javelin	3rd	50.94 m
Jocelyn Millar-Cubit	Heptathlon	3rd	5741 pts
Loretta Kiss	High Jump	7th	1.79 m
Simon Hollingsworth	400 m Hurdles	3rd	50.45
Craig Watson	Shot Put	3rd	16.91 m
Rod McCafferty	Javelin	5th	65.86 m
Michael Dalton	3000 m Steeple	7th	9.05.38
	5000 metres	8th	14.17.66
Dean Giblin	5000 metres	16th	14.35.39
John White	800 metres	lst B Final	1.49.92
Murray Butterworth	800 metres	6th B Final	1.51.26
Tim Hollingsworth	400 metres	4th B Final	48.40
Dean Rose	3000 m Steeple	5th B Final	9.27.25
Todd Apted	Decathlon		DNF

As a result of the trials Susan Andrews, Gail Luke, Jocelyn Millar-Cubit and Simon Hollingsworth were selected in the Australian team to compete in Auckland. However they had several weeks of anxious waiting until their selection was confirmed,

In Auckland Gail Luke finished sixth in the 800 metres final after an excellent run in the heat, Jo Millar-Cubit also finished sixth after at one stage being third and looking to be a medal possibility. The two youngsters Susan Andrews and Simon Hollingsworth did not qualify for their finals although running quite well but Susan as a member of the 4x400 metres relay team won a silver medal in what would have to be the highlight of her athletic career to date.

#### AUSTRALIAN SUGAR INDUSTRY COACHING CLINICS

These were held at Penguin on 27, 28 August, at St Leonards 29, 30 August and Hobart on 31 August and 1 September Organised very efficiently by Helen Boon the clinics were very successful. Attendances were North West 43, North 82 and South 88 total 212.

Due to the pilots strike long jumper David Culbert was unable to come over This was very disappointing as extra clinics for older athletes had been organised. However Tasmanian athletes made themselves available to help with coaching, demonstrations and for the media. These athletes were Susan

Andrews, Andrea Hughes, Simon Miotto, Tony Donald, Greg Robertson and Simon Hollingsworth.

Thirteen coaches were used, some for only one session others for the six days, all gave of their best and their efforts were greatly appreciated.

The steady increase in numbers at the clinics over the three years they have been held indicate that schoolchildren appreciate them. With wider distribution by schools other than club athletes it is felt that they would have an even greater impact.

### SCHOLARSHIP HOLDERS & SQUAD MEMBERS

Congratulations are extended to the following athletes whose ability was recognised by being selected in national squads and/or receiving scholarships to assist financially with their travelling and competition.

### AAU SQUAD MEMBERS

NATIONAL S	<u>SQUAD</u>	400 m Hurdles Multiple Events Sprints Middle Distance Throws	Simon Hollingsworth Todd Apted Susan Andrews Gail Luke Janne Ware
JUNIOR	MEN A	400 m Hurdles	Simon Hollingsworth
	WOMEN	400 m High Jump	Susan Andrews Andrea Hughes
	MEN B	Middle Distance	Kealin Hanigan Stuart Millar
	WOMEN B	Throws Middle Distance	Terri-Ann Philpott Joanna Campbell-Smith

### 1989 SCHOLARSHIP HOLDERS

Todd Apted
Troy Bennett
Darren Edmunds
Simon Hollingsworth
Rod McCafferty
Greg Robertson
Dean Rose

Susan Andrews
Joanna Campbell-Smith
Jocelyn Cubit
Loretta Kiss
Gail Luke
Gabrielle Prenter
Joanne Sinclair-Burke
Sandra Speers-Skeggs
Janne Ware

### 1990 SCHOLARSHIP HOLDERS

Todd Apted Rohan Best Russell Foley Kealin Hamigan Simon Hollingsworth Greg Robertson Dean Rose Susan Andrews
Joanna Campbell-Smith
Andrea Hughes
Gail Luke
Jocelyn Millar-Cubit
Sandra Speers
Janne Ware

## MLC SCHOLARSHIP HOLDERS

Todd Apted Rohan Best Justin McDonald Dean Rose Andrea Hughes Terri-Ann Philpott Kylie Risk Janne Ware

### ATHLETE OF THE YEAR AWARDS

The following awards were announced at the Annual General Meeting in June and congratulations are extended to the winners. For the first time both open awards were won by under age athletes.

	WOMEN	MEN
OPEN	Susan Andrews (ES)	OPEN Todd Apted (NHC)
UNDER 20	) Susan Andrews (ES)	UNDER 20 Todd Apted (NHC)
UNDER 18	Susan Andrews (ES)	UNDER 18 Simon Hollingsworth (OVA)
UNDER 16	6 Andrea Hughes (ES)	UNDER 16 Justin McDonald (ES)

### MERIT AWARD

The Special Committee recommended that only one award be made for the year and the Annual General Meeting approved the recommendation which was that Tony Bond receive the Association's Merit Award.

Tony has competed for many years going back to the AYC Club at North Hobart and then with Eastern Suburbs right up to the present. He has also helped the Association as an official on many occasions.

#### WINTER COMPETITION:

# CADBURY TASMANIAN MARATHON & HALF MARATHON

HOBART 14 JANUARY 1990

These events were promoted and conducted up to the high standard which has come to be expected. A bonus was the decision of Lisa Martin to come and run in the half marathon as a final preparation for her run in the Commonwealth Games Marathon. Fast times were the order with course records being broken in all but the mens marathon. To have two women run under 2 hours 50 min was great and the times by the men in the half marathon were extremely good. Approximately 300 started in the half marathon and 60 in the half.

### MARATHON

	MEN			WOMEN					
2	John Tuckey (SA) Garth Foley John Oliver	2h 28m 32 2h 30m 14 2h 31m 10	1 2	Diana Vanson Rhonda Bushby			56 19	B of	n RE(
		HALF MARATHON							
	Dean Giblin Russell Foley Alan Carman (SA)	63m 45 B on Rec 63m 58 63m 58	2	Lisa Martin Kerry Hindmarsh Cherie Horne	77m	12	Best	on	Rec

Colin Oliver 68m 45 U20 Boston Record

### AUSTRALIAN MARATHON

GOLD COAST 23 JULY 1990

MANAGER: Peter Eustace

Only three athletes decided to compete in this event. They were Teresa Quinn, Michael Dalton and Russell Foley and all performed extremely well. Russell finished third in 2 hours 15m ll and Michael seventh in 2h 2lm44. Teresa was eighth - her time was 3h 6m16.

### TASMANIAN 15KM ROAD CHAMPIONSHIP

### LAUDERDALE 4 JUNE 1990

Men's entries were down one on 1988 but women's were up two to five, an overall increase of one which was pleasing.

In cool conditions Russell Foley (NS) retained his title in a slightly slower time.

		MEN					WOMEN
		Russell Foley (NS) Dean Giblin (NS) Simon Phillips (NHC)	45m 46m 47m	21	<u>OPEN</u>		Cherie Horne 59m 12 S Baker-Finch (SB)60m 36 Teresa Quinn (ES) 61m 15
UNDER 20	1	Jason Holloway (SB)	49m	50	UNDER 20	1	A Marquardt (SB) 65m 55
OVER 40	2	Ron McCullough (Vets) Bob Robertson (Vets) Tony Slater (Vets)	58№	40	OVER 35	1	S Brasher (NHC) 72m 23

### AUSTRALIAN 15 KM ROAD CHAMPIONSHIP

<u>PERTH</u> <u>24 JUNE 1990</u>

No Tasmanians nominated to compete in this championship.

### TASMANIAN SCHOOLS CROSS COUNTRY CHAMPIONSHIPS

### FULTON PARK, FORTH

28 MAY 1990

This event was held much earlier than usual to try and avoid the problems caused by school holidays. However if the number of competitors is any indication then it wasn't very successful as only 89 finished compared with 108 last year and 157 in 1987.

The course at Fulton Park was exceptionally good providing quite a test of cross country running whilst providing good viewing for spectators. Conditions were good and times were fast with seven of the winning times faster than last year.

Breakdown of competitors, with last years in brackets, were:-

	<u>U19</u>	<u>U17</u>	<u>U15</u>	<u>U13</u>	TOTAL
BOYS	7 (5)	16 (14)	17 (17)	12 (19)	52 (55)
GIRLS	5 (3)	7 (15)	8 (17)	17 (18)	37 (53)

# RESULTS:

	BOYS UNDER 19 - 8 km		GIRLS UNDER 19 - 6 km
2	Stuart Millar (Rosny) 26m 28 Jason Holloway (Hbt) 26m 35 Daniel Smee (Hobart) 27m 01	. 2	Gaye Fairbrother (Don) 23m 50 Jenny Watson (Dominic) 24m 19 Andrea Marquardt (Hbt) 24m 31
	BOYS UNDER 17 - 4 km		GIRLS UNDER 17 - 4 km
	David MacCarrick (Eliz) 12m 28 Jason Holloway (Hbt) 12m 3	7 2	Alanna Rogers (Burnie) 15m 34 Anna Boucher (Hobart) 16m 28 Jody Fulkerson (Marist) 16m 55

## RESULTS (CONT)

	BOYS UNDER 15 - 4 km	GIRLS UNDER 15 - 3 km					
2	Daniel Monson (Kings Meadows) Simon Moore (Marist) Damon Court (Taroona)	13m 13m 13m	33	2	Mandy Westbrook (Queechy) 11m 29 Emma Clement (St Marys) 11m 39 Kristie Brett (D'port) 11m 55		
BOYS UNDER 13 - 2 km				GIRLS UNDER 13 - 2 km			
2	Richard Cassidy (Exeter) 7m	00 01 02		2	Kylie Turner (Clarence) 7m 27 Natasha Harding (R Bay) 7m 35 Anthea Johnson (St Pats)7m 51		

## AUSTRALIAN SCHOOLS CROSS COUNTRY CHAMPIONSHIP

ADELAIDE 1 JULY 1990

MANAGER : Mrs M Shephard ASS MANAGER : Mr F Walker

A rather large team of thirty — fifteen girls and fifteen boys represented Tasmania in Adelaide and performed quite well against very strong competition. Highest placed runner was Gaye Fairbrother in the Girls Under 19 at ninth and with Lisa Crowe tenth and Andrea Marquardt twelfth the team finished third to win bronze medallions.

## RESULTS:

BOYS UNDER 15 - 4 km			GIRLS UNDER	GIRLS UNDER 15 - 3 km		
15 18 21 24 40 46	Damon Court Simon Moore Peter Battese Jeremy Dawson Christen Gordon Daniel Monson	13m 43 13m 47 13m 55 13m 58 14m 56 15m 49	19 Emma Clement 26 Anna Sulzberger 23 Kristy Brett 38 Kylie Daley 40 Narelle Kerstan	11m 31 11m 47 11m 57 12m 12 12m 50		
48 Finished			45 Finished			
	Winner's Time	12m 49.2	Winner's Time	10m 25.7		
TEAMS			TEAMS	TEAMS		
1 2 3 6	Queensland New South Wales Victoria Tasmania	12 pts 18 pts 20 pts 45 pts	1 New South Wales 2 Western Australia 3 Victoria 6 Tasmania	11 pts 27 pts 27 pts 48 pts		
BOYS UNDER 17 - 4 km			GIRLS UNDER	GIRLS UNDER 17 - 4 km		
12 17 20 27 28 37	David MacCarrick Jarrod Shaw Paul Bidgood Jamie McCulloch Danny Moore Andrew Cassidy	12m 57 13m 10 13m 13 13m 27 13m 30 13m 57	. 15 Mandy Westbrook 25 Cherie Flowers 27 Anna Boucher 32 Alanna Rogers 36 Natalie Kenshole 43 Vanessa Kearney 44 Jody Fulkerson	16m 58 17m 27		
47 Finished			48 Finished			
	Winner's Time	12m 09.6	Winner's Time	13m 53		

# RESULTS (Cont)

TEA	AMS:	TEAMS:
1 2 3 6	Victoria 13 pts Western Aus 27 pts Queensland 30 pts Tasmania 37 pts	1 New South Wales 9 pts 2 Queensland 21 pts 3 Victoria 21 pts 6 Tasmania 45 pts
	BOYS UNDER 19 - 8 km	GIRLS UNDER 19 - 6 km
14 17 33	Stuart Miller 27m 10 Daniel Smee 27m 27 Peter Walker 29m 01	9 Gaye Fairbrother 23m 58 10 Lisa Crowe 24m 04 12 Andrea Marquardt 24m 26
	29 Finished Winner's Time 25m 48.7	25 Finished Winner's Time 21m 9.6
TEA	MS:	TEAMS:
1 2 3 5	Victoria 6 pts New South Wales 18 pts Queensland 26 pts Tasmania 39 pts	1 New South Wales 6 pts 2 Victoria 15 pts 3 Tasmania 25 pts

# TASMANIAN CROSS COUNTRY CHAMPIONSHIP

<u>8 JULY 1990</u>

The excellent course at the Police Academy was used again with extremely good entries. A teams competition was introduced and seemed to be reasonably successful.

No race attracted more than two teams but a total of nine in the eight races was quite good for a first time. Russell Foley continued his domination of cross country and distance running to regain his title from Dean Giblin although times were slower than last year. Andrea Rippon retained her womens title with Louise Fairfax again second.

# RESULTS:

	MENS OPEN - 12	<u>km</u>	WOMENS OPEN - 8 km
1 2 3	Russell Foley (NS) Dean Giblin (NS) Matthew Lennon (ES)	38m 19 39m 07 39m 51	1 Andrea Rippon (Dev) 31m 08 2 Louise Fairfax (NHC) 31m 54 3 Thea Fairbrother (D) 33m 18
	16 Finished		5 Finished
TE	AMS:		TEAMS:
1 2	Northern Suburbs Eastern Suburbs	17 pts 19 pts	No Teams Race

# RESULTS (CONT)

	MEN OVER 40 - 12	<u>km</u>		WOMEN OVER 35 -	8 km
1 2 3	Ron McCullough (Vets) Royce Fairbrother (D) Tony Cannell (ES)	44m 57 45m 44 46m 36		Cherie Horne Shirley Brasher Elaine Marquardt (Vets)	32m 43 38m 06 38m 41
	5 Finished			3 Finished	
	MEN UNDER 20 - 8	<u>km</u>		WOMEN UNDER 20 -	6 km
	Dean Rose (NS) Colin Oliver (B) Nicholas Cope (NHC)	26m 02 26m 28 27m 13	1 2 3	Susan Beaton (ES) Mary Anne Bates (B) Jenny Watson (NS)	26m 46 27m 52 29m 00
	8 Finished			3 Finished	
	No Teams Race			No Teams Race	
	MEN UNDER 18 - 6	kw		WOMEN UNDER 18 -	4 km
1 2 3	Jason Holloway (SB) David MacCarrick (NS) Stuart Millar (SB)	20m 42 21m 04 21m 19		Lisa Crowe (WS) Gaye Fairbrother (Dev) Andrea Marquardt (SB)	15m 30 15m 37 16m 31
	10 Finished			6 Finished	
TE	AMS RACE:		TE	AMS_RACE:	
	1 Sandy Bay 6 2 Burnie 15			1 Sandy Bay 6	pts
	MEN UNDER 16 - 4 1	<u>a</u>		WOMEN UNDER 16 -	4 km
1 2 3	Andrew Cassidy (NL) Mark Bramich (Ind) Andrew Holloway (SB)	13m 34 13m 42 13m 50	1 2 3	Mandy Westbrook (T) Alanna Rogers (B) Sallyanne Hall (ES)	15m 42 15m 59 17m 03
	16 Finished			8 Finished	
TE	MS_RACE:			No Teams Race	
	<ul><li>North Launceston</li><li>Sandy Bay</li></ul>	9 pts 12 pts			

# AUSTRALIAN CROSS COUNTRY CHAMPIONSHIPS

BRISBANE 19 AUGUST 1989

MANAGER: Wayne Fletcher ASS MANAGER: Mrs Marie Shephard

A team of twenty two was selected to compete in Brisbane but only nineteen - - twelve men and seven women and they won more medals than any other state.

The Senior men and women struggled against top class opposition. The Under 20 men finished second with 5th, 6th, 7th 14th and 25th of the team runners. There were only twelve starters in the Under 20 womens  $6\ km$  - Mary Anne Bates ran well for 9th, Mandy Westbrook and Gaye Fairbrother fronted up for a second run and with Susan Beaton won the team's event.

The Tasmanian Men Under 18 team was a close second behind Queensland with Jarrod Shaw running extremely well to finish 5th - 4th Australia. In the Women Under 18 another great team effort resulted in a third placing. All in all very gutsy running in the under age events.

# RESULTS (CONT)

	OPEN MEN - 12 ki	<u>n</u>		OPEN WOMEN - 8 km
32 38 40	M Murray S Fenton D Bullock F Strk	41.08 43.17 44.35 DNF	25	T Fairbrother 35.22
	UNDER 18 MEN - 8	3 k <u>m</u>		UNDER 18 WOMEN - 4 km
4 16 20	J Shaw J McCullagh P Bidgood TEAMS 3rd	20.15 22.02 23.33	5 11 12 13	A Rogers 15.35 M Westbrook 16.03 A Marquardt 16.14 G Fairbrother 16.38 TEAMS 3rd
	<u>under 20 men – 8</u>	3 km		<u>UNDER 20 WOMEN - 6 km</u>
5 6 7 23 24	C Oliver N Cope S Waldren G Fairbrother M Shaw	26.46 26.49 26.59 28.30 28.42	9 10 11 12	M Bates 25.02 M Westbrook 27.41 G Fairbrother 29.30 S Beaton 29.31
	TEAMS 2nd			TEAMS 1st

# TASMANIAN SCHOOLS ROAD WALK CHAMPIONSHIPS

	BOYS UNDER	<u> 17 – 5 km</u>			GIRLS UNDER	217 - 5  km
1 2	R Best M Robertson	21m 31 24m 43	1 2		Rogers Tomkinson	30m 34 35m 20
	BOYS UNDER	15 - 3 km			GIRLS UNDER	2 15 – 3 km
	D Carr M Groves	17m O6 17m 41	1	K	Gifford	18m 08

# AUSTRALIAN SCHOOLS ROAD WALKING CHAMPIONSHIPS

ADELAIDE 25 JULY 1989

Rohan Best and Karina Gifford were selected for the Under  $17-5~\mathrm{km}$  and Under  $15-3~\mathrm{km}$  respectively. Rohan continued his good form winning his event comfortably whilst Karina in her first championship walk performed quite well.

# RESULTS:

BOYS UNDER 17 - 5 km		GIRLS UNDER 15 - 3 km			
1	Rohan Best	22m 18.9	12	Karina Gifford	19m O4

#### TASMANIAN ROAD WALK CHAMPIONSHIPS

SHORT 4 June LONG 10 July

MEN OPEN - 20 km MEN OVER 40 - 20 km

1 G Robertson (SB) 1hr 33m 32 1 M Maddock 2 R Cooke (NS) 1hr 33m 45 2 W Fletcher

3 R Foster (NS)

MEN UNDER 18 - 8 km WOMEN UNDER 18 - 8 km

1 R Best (SB) 36m 07 1 A Rogers (Bur) 52.30

2 M Robertson (SB) 41m 36

MEN OPEN - 50 km WOMEN OPEN - 20 km

1 R Cooke (NS) 4hr 33m 22 1 A Slater (Vets) 2hr 12m 29

Tas Best on Record Tas Best on Record

MEN UNDER 20 - 20 km

1 R Best (SB) 1hr 37m 54 2 M Robertson (SB) 1hr 54m 02

AUSTRALIAN 20 KM ROAD WALK CHAMPIONSHIPS

PERTH 25 JUNE 1989

Greg Robertson and Rohan Best were selected to compete in the short walk championships and did so most successfully winning their respective events. Greg won the Men Under 20 10 km in 44m 27 and Rohan the Men Under 18 8 km in 38m 16.

# AUSTRALIAN 50 KM ROAD WALK CHAMPIONSHIPS

MELBOURNE 20 AUGUST 1989

MANAGER: Albert Johnson

Four walkers were selected in the Tasmanian team Ricky Cooke in the Open  $50~\rm km$ , Greg and Matthew Robertson and Rohan Best in the Under  $20~20~\rm km$ .

Ricky walked extremely well until he was forced to retire through exhaustion after having completed over 45 km. The Under 20 event created a few surprises with Greg Robertson being first over the line (defeating Kerry Saxby) only to be disqualified 45 min later. Rohan Best was also disqualified with 2 km to go when in second place. this resulted in Matthew Robertson winning the silver medal recording lhr 46m 15.

### AUSTRALIAN ATHLETIC MEETING

The Fifth Annual Meeting of the AAU at the Royal Automobile Club of Victoria on 5 & 6 August 1989 with Tasmania's delegates being Noel Ruddock and Brian Roe.

#### OFFICERS ELECTED WERE:

PRESIDENT:

David Prince (SA)

VICE PRESIDENT:

Denis Wilson (ACT)

BOARD OF MANAGEMENT:

John Baguley (WA), Graeme Briggs (Tas)

Denis Wilson (ACT)

with David Prince becoming President his position on the Board became vacant and Brian Roe (Tas)

was elected to fill the vacancy.

TREASURER:

Merv Lincoln (Vic) Paul Jenes (Vic)

STATISTICIAN:

TRACK & FIELD

SELECTION COMMITTEES:-

Paul Turney (Vic) replaced Daryl Cross (Q)

ROAD & CROSS COUNTRY

& WALKS:

R Gibb (NSW) replaced Chris Wardlaw (Vic) OFFICIALS COMMITTEE: Mavis Ebzery - Tasmania's representative WOMEN'S COMMITTEE:

Marjorie Koenan (ACT), Lois Appleby (Tas)

plus one to be appointed.

LIFE MEMBERSHIP:

Noel Ruddock (Tas)

MERIT AWARD:

Robin Hood (Tas), Peter Lucas (NSW)

#### NOTICES OF MOTION:

It was agreed that capitation fees be paid in three equal instalments on the 1 April, October & December.

A motion by South Australia to change the complete governing structure of Athletics Australia was discussed but left over for further consideration

# AUSTRALIAN TRACK AND FIELD COACHES ASSOCIATION

#### **MEMBERSHIP**

Current membership in Tasmania is now over 50 and although 20 of these are in their first year we appear to be maintaining a good level over the last three years. Our Level 2 and 3 coaches have again picked up on membership with the exception of Bill and Lyn Larsen who are now members of ACT.

#### COURSES

Level 0 & 1 Combined:

Sept 2 & 3 (35 attended) Extension of Level 1 - additional event (8 Launceston 9 & 10 Hobart (14 attended) Level 1 Exams for Long Term active

23 & 24 (9 attended) coaches (6) Launceston

The above courses are all now complete with Level 1 exams being held in early December.

Level 2 & 3 1990/91 Canberra:

We are pleased to have been notified that Kevin Predergast (Level 3) and Les Nankervis (Level 2) have been accepted for these forthcoming courses.

#### CLINICS

Sugar Indusry Clinics were coordinatoed by Helen Boon as AT Coaching Coordinator. Penguin, Launceston and Hobart Clinics were held over 6 days from the 27 August to the 1 September with and enrolement of 214 athletes - the largest number to date in Tasmania.

# Seminars:

Tasmania has had a variety of seminars in the last year coordinated in the last year coordinated by both the Coaches Association and the Department of Sport and Recreation and the Australian Sports Commission.

Tasmanian Coaches also had the opportunity to attend National Event Conferences. Peter MacMichael, Lyn Larsen and Kevin Predergast were invited to the Sprints/Hurdles Conference in Canberra on 5-7 May and Bill Larsen attended the Oceania Javelin/Hammer Clinic in Auckland 15020 May.

#### DEVELOPMENT

The three Development Officers, Helen Boon, Malcolm Wells and Alan Rider continued their work for the first half of the season until their ten month contract was completed. They carried out their duties in a most commendable manner and have laid a foundation which can be built upon in the future. The Association expresses its thanks to them for a job well done.

Following an agreement with the Department of Sport & Recreation that it would fund a Full Time Development Officer on a \$ for \$ the position was advertised and from a large number of excellent applications Wayne Mason has been appointed. His appointment begins in next season and he will undoubtedly continue the good work of the part timers who have gone before him.

#### APPRECIATION

As always your Association is greatly indebted to many people and businesses without whom it would be impossible to conduct the sport and attempt to promote and improve it.

Sponsors are essential, but difficult to get and service well enough to retain. Athletics has been very lucky to receive continued support from Coca Cola Bottlers (Tas), MBF, Australian Airlines, Talays and David Goldsmith and especially Trident Seafoods for its sponsorship of the National Relays and the minor sponsors associated with that meeting.

All sections of the media have continued to be most generous in the publicity given to the sport. Whilst there has been general support, special mention must be made of the efforts of John Briggs of the Mercury, Peter Walsh of the ABC whilst Alan Rider's weekly articles in the Southern Star have been most informative and interesting.

The work of officials from all Branches, both on and off the ground must be commended, as well as team managers and members of all committees throughout the State.

To all others who have assisted in anyway during the past season your Association extends its grateful thanks.

#### BRANCH REPORTS

# SOUTH:

The report contains considerable detail about the performances of athletes and the operations of the Branch over the past twelve months. 1989/90 was indeed an exciting season in which our athletes reached new heights and our administration was stretched to the limit. It has become quite clear that there is a correlation between the level of activity in the Branch, the number of important meetings, the capacity of administration and that critical success factor - the standard of the sport. If anything 1989/90 has identified one problem. Clubs are functioning well and athletes are performing well individually but at Branch administration level too much is being left by too many to too few. Unless there is a greater commitment to Branch administration, it will be impossible to maintain the level and quality of activity that has been built up over the past few seasons.

#### SOUTH:

The Branch has been tremendously indebted to its wonderful group of officials and coaches, to those who give help as sponsors and to Professor Terry Dwyer for the mammoth amount of work done in the National Relays Meet and John Briggs whose support for our sport has been superb.

At the beginning of the season we lost two great stalwarts in Robin Hood and Mavis Ebzery but they have been succeeded in the way that all sports must have new officials ready to take their turn of responsibilities. It is reassuring though to see that wonderful symbol of our sport, "Froggy Wise", still coaching young athletes, still officiating when needed, and still support athletics to the very best of his ability.

I believe that we can look forward to 1990/91 with tremendous confidence. In what might otherwise be a quiet year we have the National Cross Country Championships and the National All Schools Track & Field in Hobart, plus the National Relays Meet and hopefully a Grand Prix meeting, so it will be business as usual - hectic!

Ted Best EXECUTIVE DIRECTOR

# PRESIDENT'S REPORT

During the Season 1989-90 the profile of Athletics took a further step forward through the performances of our Athletes at State, National and International level, along with our ability to stage top quality and crowd drawing meetings such as AIS Drug Offensive, Trident Seafood National Relays Skeggs, Bevis & Wise, MBF Track & Field Championships and an Interclub Competition that is strongly supported by all Southern Club and Athletes.

The Commonwealth Games in Auckland stand out as one of the seasons highlights, — especially with Gail Luke, Susan Andrews, Jocelyn Millar-Cubit and Simon Hollingsworth being members of the Australian team, all four were rewarded for regularly competing and recording national times, that meet the Selection Criteria.

All Tasmania were proud to have their own athletes competing against the best in the Commonwealth, and also on the International scene, our distance runners, Russell Foley, Michael Dalton and Dean Giblin competing in the Boston, Japan and London marathons against the world's best; recording PB's.

Susan Andrews, Andrea Hughes and Dean Rose were selected to compete in Japan, with Susan winning the 400 m, and Andrea the High Jump. Both Susan and Andrea along with Kealin Hanigan, Simon Hollingsworth and Joanna Campbell-Smith were recently selected in the Australian Junior Team to compete in England and Bulgaria.

On the National scene the States Athletes continued to be very competitive with many of them making the finals and some went on to win either Gold, Silver or Bronze. By their performances a number gained National rankings in various events at Senior, Under 20, 18, 16 levels. They were Andrea Hughes, Kealin Hanigan, Marcus Cleary, Gail Luke, Simon Hollingsworth, Susan Andrews, Stuart Maxwell, Rohan Best, Justin McDonald and Jocelyn Millar-Cubit.

# SOUTH:

The Branch Board of Management has battled through a season with two key positions unfilled, despite many requests for volunteers and with several others in a lower gear because of resignation or personal priorities. Despite this, the Interclub system was completely reviewed and modified and a series of Twilight Meetings introduced. The Winter Programme has gone from strength to strength, the Trident Relays Meet became truly International, the first AIS Drug Offensive Meet was conducted with a response that should ensure future such events in Hobart, a Statewide Raffle for Athletics Support Funds was conducted, a new computer commenced operations, albeit in a preliminary fashion because there simply was not enough time available for Board of Management Members to concentrate on developing the software, the list goes on and on. And yet, as the scribe who simply records this activity, I can see that it has rested squarely on the shoulders of just a few people...Ken McNamara, Alan Rider, Wayne Fletcher, Peter Keenan, Martin Jarman, Greg Hawthorne, Mike Pace and Bill Essex, several of whom are not available for the coming season.

We must make sure that the Branch and its Board of Management are brought to full strength as soon as possible.

Having highlighted a weakness, not in performance but in work load, it would be remiss not to summarize our strengths which are epitomized by the performances of our athletes.

Susan Andrews, Jocelyn Millar-Cubit, Gail Luke and Simon Hollingsworth were all members of the Australian Commonwealth Games Track & Field Team and performed brilliantly up to and during the Games with Susan bringing home a Silver Medal from the 4 x 400 m Relay. During the season Russell Foley set an Australian Half Marathon record and Greg Robertson set an Under 20 20000m Walk Track record. State records fell consistently. So high was the standard that long time senior records fell to Susan Andrews, Gail Luke, Jocelyn Millar-Cubit, Simon Hollingsworth, Loretta Kiss and Russell Foley whilst the juniors literally slaughtered the record book.

The recent Australian Track & Field Championships have not only confirmed the standings of our senior athletes but showed the impressive depth of our juniors on whom the future depends. Just to mention a few.

Andrea Hughes caping off a wonderful season in the High Jump U18, U20 champion and 6th in the senior event, Marcus Cleary the Gold Medal in the 300 m Hurdles, Stuart Maxwell with a swag of medals, the most impressive being a Silver in the U16 multiple event. Justin McDonald in the Hammer, Rohan Best edging out several internationals in the senior men's walk, Kealin Hanigan in the 800 metres and a swag of relay medals that indicates how strong the depth of running is becoming.

As a wind-up to the Championships great news that Andrea Hughes, Susan Andrews, Kealin Hanigan and Simon Hollingsworth were selected for the 1990 World Junior Championships.

#### SOUTH:

Whilst there is a lack of Coaches to cover the whole range of athletic events, the quality is certainly there, and we congratulate them on the success of their athletes. It is hoped that others will be encouraged to take up coaching at Club level, to support the great work being achieved by Kevin Prendergast, George Millar, Graeme Stowards, Albert Johnson, Gary Sayer, Brian Hughes, Glenn Hastlow, Bob Mazey, Max Cherry and Alan Barker.

It is encouraging to see so many young athletes each week striving to achieve their own PB's, regardless of what grade or event they are competing in. It is from this group that our future "Stars of Tomorrow" will come from, it is therefore important that all Clubs show a much greater desire to recruit, retain and coach the many young athletes that come from Little Athletics, High Schools and Colleges.

With the number of registered and competing athletes declining over recent years it is most important that all Clubs fully access their own areas, and look to the Little Athletics Centres, High Schools and Colleges as a source and area for recruitment. It is their responsibility to the sport that each Club encourage and recruit new members.

I believe the minimum number of registered athletes for any Club be no less thank 50, the Clubs are the base of our sport and they have a responsibility at all levels to ensure good administration, coaching, recruitment, planning and supply of Officials.

Whilst the performances by our Athletes and Officials, be it Track or Road, has been top class, the same cannot be said about the administration side. For the past two years we have been unable to fill all positions on the SAB Board of Management. This has put an extra workload on other members of the Board. It is concerning to me that no one has come forward in the past to fill the vacancies. For our sport to progress and prosper it needs a strong and caring administration, with all Clubs being represented and contributing to the planning and overall running of the sport.

I must remind everyone that the Branch is also part of the Clubs — and the Clubs are the Branch — all we need is to have everyone contributing, thus the task will be made easier. I would like to thank everyone on the Board of Management for their commitment and hardwork and support throughout the past year.

Mike Pace, Bill Essex and Wayne Fletcher are not seeking re-election, so we will need a new group from all Clubs to fill the vacancies, something I hope will be achieved.

I wish to thank everyone of our hard working and regular Officials for being so supportive to the Athletes and the sport. To our sponsors, I personally thank each of them for their continued financial support.

I ask for the support and co-operation of all Clubs and their Members, along with that of our Sponsors, Officials and everyone involved in the sport as we head into the 1990's and toward the year 2000.

Ken McNamara PRESIDENT

#### SOUTH:

# TRACK & FIELD

The 1989/90 season saw the introduction of six new interclub programmes which were repeated twice during the season.

All six programmes were developed with the assistance of a sub-committee comprising representatives from each club and the Special Competitions Director. The programmes were balanced to give all athletes a chance to compete in their favourite events on a regular basis.

It is a difficult task to design programmes that will suit everybody but in this instance the few complaints received during the year would seem to indicate that the interclub programmes were generally accepted with the one exception being Division 1 and 2 relays. Several clubs have indicated a preference for the relays to be reinstated as part of regular Saturday competition. The new programmes have allowed for earlier starts so that the 10000 metre track event and the 10000 metre track walk could be included. This innovation proved popular with athletes. The management group decided to try something different and innovative for the 1989/90 season. It decided to run several twilight meetings during the season to give athletes further opportunities to compete. A club premiership for men and women was devised on a simple points system. Unfortunately the concept was not well supported by some clubs, so it is questionable as to whether or not it was trialled properly. If you judge success by the number of club athletes who turn up to compete then it must be said that the twilight roster failed.

During the season we suffered the perennial problem of scarcity of experienced officials. Thanks must go to Lyn Andrews, who encouraged people to act as officials, especially senior athletes when they were not competing The track and field interclub and special competitions roster still requires balance. If the twilight roster is discontinued and clubs press for more events to be introduced to Saturday programmes regard must be had for the time it takes to run such meetings. If meetings continue to commence at midday and finish after 5.00 pm due to the inclusion of additional events it may become more difficult to attract and retain officials.

The season itself is becoming crowded with special competitions scheduled around our regular interclub competitions. At the start there are two or three weekends taken up by school competitions. An examination of this annual ritual should be carried out to see if it is feasible to integrate an interclub competition with those programmes. Such an integration would assist senior and interested junior athletes in obtaining a higher level of competition much earlier in the season.

Unfortunately our computerised point scoring system did not eventuate during the season and we had to resort to a manual based system. My thanks go to Chris Wilson and Bill Essex who maintained the gradings and compiled the premiership points throughout the season.

Interclub results (2 sets) were copied off each weekend for the Club Statistician and the clubs, however, these records were on occasions not returned to the Administration Centre and consequently some clubs were denied the opportunity of examining the results for club consistency trophies and records. Hopefully, the new computer system will be up and running for the 1990/91 season so that all clubs can receive a printout of the results at the end of the day's competition.

Thank you to all those people who assisted the SAB Inc Board of Management in the running of the 1989/90 track & field season.

### SOUTH:

### DEVELOPMENT OFFICER

In orfer to allocate budgeted development funds direct to athletes, coaches and officials an assessment committee was formed to evaluate applications for assistance. Guidelines along with terms and conditions of funding were formulated and distributed as <u>Development program applications for assistance (athlete/coach/official)</u> forms. Broadly it was agreed that an athlete, coach or official could receive a maximum of two amounts of assistance throughout the athletic season. This could be made up of two in summer, two in winter or one in each season.

Over the season the following applied for assistance:

#### ATHLETES:

Kealin Hanigan, Michael Dalton, Peter Fearnley-Sander, Timothy Hollingsworth Lyndon Best, Dean Giblin, Ricky Cooke, Loretta Kiss, Murray Butterworth, Roger McNamara, Stuart Maxwell

# COACHES:

Kevin Prendergast, Albert Johnson, George Millar

OFFICIALS No applications received.

Most recipients of assistance provided the requested written detailed report of their activities. However, some lacked detail of what was planned compared with achievements reflecting a lack of awareness in fully accounting for the assistance received.

# RECOMMENDATIONS:

That the branch broaden the awareness of the Development Assistance Program generally amongst athletes, coaches and in particular officials.

That the branch seek specific outside sponsorship to be able to at least increase the base assistance and/or broaden the overall numbers receiving assistance.

In general the branch needs to formulate plans for the short, intermediate and long term constructive use of the \$45,000 it has in investments.

Installation of back straight and additional arena lighting will enable meetings under light and other revenue raising activities to be conducted in a more professional manner.

Extensions to the grand stand administration building to include social rooms, weight training and other athlete and coach back up, 'on site' facilities, is essential. This will also enable upgrading the revenue raising capacity of our at times inadequate hole in the wall tuck shop canteen.

We have nationally ranked senior athletes and a healthy bunch of juniors at various age levels.

It is imperative that competition structures are in place to challenge all athletes and allow for ongoing success to be drawn by an increasing number of participants. For example the Winter Cross Country and Road Runs need to have many more, if not all events scheduled on Sundays to take into account vastly changed shopping and working hours as well as the many other sports involving families etc on Saturday mornings.

#### SOUTH:

Changes such as this would need to be effectively promoted and advertised to draw maximum participation. A contemporary, socially enjoyable environment needs to be created around these competitions. However, both are essential because without one or the other the talented and not so talented young athletes will not be attracted to or have reason to say in SAB activities.

ALAN RIDER

#### 1989 WINTER COMPETITION

The 1989 winter season was a most successful one with an average of 75-80 athletes competing each Saturday. My thanks are extended to all the people who assisted me in conducting the races, in particular Alan Rider, Terry Mahoney, Froggy Wise, Bill Essex, Graham Fennell, Alan Davey, Greg Hawthorne, Mrs Lennon, Mat Lennon, Ian Montgomery and Mike Harding. I would also like to thank our main sponsors, Talays, Puma and Tilford Motors.

The winter premierships were won by Northern Suburbs in the Mens division and Sandy Bay in the Womens division.

The main award winners were:

		MEN	WOMEN
ATHLETE OF THE	SEASON	D Giblin	A Marquardt S Baker-Finch
ROAD CHAMPIONS	- OPEN	D Giblin	R Bushby
	- U2O	L Foley	A Marquardt
	- U16	T Griggs	N Harding
	- 040	R McCulloch	E Marquardt
CROSS COUNTRY	- OPEN	D Giblin	
	- U2O	J Shaw	C Hawthorne
	- U16	T Griggs	S Hall
	- 040	T Cannell	

A new trophy was provided this season being for the most improved Athlete of the Season. This trophy is a perpetual one, and was named in honour of Robin Hood who retired from involvement in athletics in 1989. This award was won by J Holloway.

Two new handicap races were conducted in 1989. These being the Puma Sea to the Summit Half Marathon and the Tilford Motors  $2\ km$  race at Elwick. Both races were well supported and our thanks must go to the respective race sponsors.

Planning has commenced for the Huon Valley Classic which will be held in October 1990. The actual course was on display at the presentation day by Race Director Don Haywood, and was viewed with a great deal of enthusiasm

In September this year the Australian Championships will be held at the Police Academy, Rokeby. A steering committee has been formed for this event. All clubs will be called upon to help.

PETER KEENAN

#### SOUTH:

#### EUIPMENT & TECHNICAL

After nine years in this position I have decided to resign. The work on interclub days is only small compared with the hours of getting the equipment out in the morning and returning it at night for the schools. This goes on virtually for three months. There are hours of repairs and maintenance. Although the clubs have done an excellent job in the major matters there are still the little things that need doing.

I hope the initiations passed at the last council meeting, where the clubs will be responsible for the equipment (the same equipment they have to set up on race days) all year round with the Director as a supervisor, succeeds. But the question regarding the hiring of equipment to the schools must be resolved.

Do we pay one of our retired officials or who?

I thank all those who have helped me in one way or another over 28 years.

#### WAYNE FLETCHER

# LIONEL SKEGGS, TAS BEVIS & FROGGIE WISE EVENTS

These events were held in blustery conditions at the Domain track on 17 December.

For the first time since its inception several years ago the Froggie Wise 100 metres for women stole the limelight thanks to a fine effort from North West Coast athlete Gelinda Riley. Riley was a virtual unkown to the southern crowd before the event but as schoolgirl Gelinda Simpson she dominated underage events in the early 1980's.

Riley was destined to erase the long standing 100 metres record of Elaine Frawley-McLeod from the record books later in the season and she signalled her potential for this by recording a smart 11.9 into a headwind to win the Wise event from Jocelyn Millar-Cubit and youngster Sandra Absolom.

The Lionel Skeggs 100 m proved a triumph for the Hollingsworth brothers when they scored a quinella. Simon edged out Tim in 10.9 with perennial Jim Thompson in third position. In his current form it is not likely to be Simon's last success in this prestigious event whilst Tim proved that he too has the ability to etch his name on the winner's trophy.

Conditions were against a fast time in the Tas Bevis 5000 metres but the race provided an absorbing battle between team mates Dean Giblin and Michael Dalton. Dalton served it up to the rest of the field with a strong front running performance as he led into the final 600 metres but could not match the finishing speed of Giblin who eventually recorded a clear victory from Dalton.

WAYNE MASON

## WOMEN'S INTERCLUB PREMIERSHIP - 1989/90

Eastern Suburbs retained the women's premiership narrowly over Sandy Bay, although the final points do not indicate the closeness of the competition. Five rounds were won by less than 12 points.

In three rounds different results would have been achieved if athletes had competed in their correct grades, 16 athletes competed out of grade one week. The maximum number of athletes to be upgraded in one week was 36.

#### SOUTH:

Ricky Cooke was named SAB Winter Walker of the Year.

Matthew Robertson was named the most improved.

#### TROPHY PRESENTATION EVENING

The annual SAB trophy presentation night was held at the Carlyle Hotel in late April. The evening commenced with the counting of votes in the SAB medal for interclub competition. Mike Pace co-ordinated the Brownlow Medal style count and it quickly developed into a close and exciting battle for both awards. With only a handful of votes remaining several athletes were still in a position to win. The final votes resulted in success for the Eastern Suburbs pair Susan Andrews and Justin McDonald.

Presentations then moved to the Age Group awards. An indication of the depth of competition during 1989/90 was the high quality of performances outlined with respective nominations. The selection committee was faced with a daunting task and an indication was given by these people that awards were spread in an effort to recognise the outstanding performances.

The evening culminated with the presentation of the Connors/Adidas Athlete of the Year Award. Verification of the credibility of the points scoring basis was evident with our four Commonwealth Games representatives filling the first four placings. Gail Luke won the Award from Susan Andrews and Jo Millar-Cubit.

FEMALE

Details of Awards:

SAB MEDAL

		13 11 11	Justin McDonald (ES) Simon Hollingsworth (OVA) Kealin Hanigan (OVA)	13 12 12
NATIONAL PIES UND	ER 14, UNDER 16:			
UNDER 14	Natasha Harding (ES)		James Fitzpatrick (OVA)	
UNDER 16	Julia Russell (Alt) Sandra Absolom (ALT)		Marcus Cleary (NS) Stuart Maxwell (NS)	
SAB SPONSORED:				
UNDER 18	Andrea Hughes (ES)		Rohan Best (SB)	
UNDER 20	Susan Andrews (ES)		Kealin Hanigan (OVA)	
SENIOR	Jo Millar-Cubit (ES)	•	Simon Hollingsworth (OVA)	
PREMIERSHIP TROPH	IES - TRACK & FIELD:			
	Eastern Suburbs		Northern Suburbs	

MALE

# CONNORS/ADIDAS ATHLETE OF THE YEAR:

- 1 Gail Luke
- 2 Susan Andrews
- 3 Jo Millar-Cubit

#### SOUTH:

Athletes who were entered on the sheets at the start or at field events were checked against the entry cards, if they had entered and the entry cards were misplaced, at the time of the event, they were included in the points.

WOMEN'S GRADING STANDARDS: If the 4x200 relays are to be continued to be run in interclub they should be added to the grading standards, the women's hammer throw standards require revision due to the improvement in our throwers and the number competing in the event.

# POINTS TABLE - 1989/90:

# NAME OF CLUB

Eastern Suburbs	67 pts
Sandy Bay	62 pts
Altius	49 pts
Northern Suburbs	34⅓ pts
OVA	27 <del>늘</del>
Vets	11

CHRIS WILSON

# RACE WALKING

Hobart walkers excelled during the winter of 1989.

Greg Robertson and Rohan Best were selected to represent the State in the Short Walk titles in Perth. Greg was successful in winning the Under 20, 10 k event and Rohan was equally successful in winning the Under 18, 8 km title. The Western Australian Walkers Club billeted and looked after both.

A week later Rohan returned to Adelaide to win the Under 17, All Schools title on Pit Straight (Grand Pix circuit) Rohan easily won over 200 metres. Katrina Giffard in her first title showed great determination, she got caught in the first km sprint. Her time was nothing to be disgraced about.

Back home, Greg, Rohan, Matthew Robertson and Ricky Cooke continued to break state records.

At the State Long Distance titles, Ricky Cooke shone out by taking over 20 minutes off his 50 km state record. Aileen Slater competing in her first 20 km also set a new State time. Her last 5 km being her fastest.

Ricky, Greg, Matthew and Rohan were selected to represent the State at the Australian titles. Ricky was named Captain,

Greg, was clearly first across the line by more than 5 minutes in the 20 km, Under 20 title but only to learn some 45 minutes later that he had been disqualified for infringing the rules. Rohan suffered the same fate. Not to be out done Matthew surprised all to be officially awarded the silver medal for the same event. Excellent for a 16 year old. Ricky walked strongly in the 50 km was well placed (3rd) when cramp took its toll with 2 km to to.

On the home front the back bone of the walkers, Ron Foster, Wayne Fletcher, David Moore, Mike Maddock and Millard Johnson continued the pounding of the streets to all have a successful season. The Carr boys and Matthew Groves showed the promise of the walkers to come.

		-	

SOUTH:

STATISTICIAN

During the five years since I became the statistician for the AAT and SAB I believe that there has been a steady improvement in the general standard of Tasmanian Athletics. This has been most noticeable in the south and amongst the men.

I would however like to sound a note of warning. It is important to remember that athletics needs the average and less than average athlete to compete in order to be successful. The bigger the base the higher the peak! Athletics Australia has recently commissioned a consultant's report on the state of athletics in Australia. The title of the report, which claims that most people view athletics as a sport for elite athletes only, is "Change or Die".

While athletics in Tasmania is organised to cater for all standards this fact is never advertised in the press or amongst the schools.

The sport also needs its stars to compete regularly. I believe there has been an improvement in this regard lately and I commend the following athletes whom I consider have helped the sport and their own athletic careers by their regular participation. Russell Foley (before his recent specialisation in Marathon running), Dean Giblin, Troy Bennett, Peter Wood, Simon Hollingsworth, Susan Andrews, Jo Millar-Cubit, Gail Luke and Andrea Hughes.

When training for other sports, it often becomes easier as one's fitness improves. This is seldom the case with athletics since increased fitness just allows an athlete to train harder and/or longer. Trying to train harder and longer than ones current level of fitness allows, will almost certainly result in injury. It is very rare to see an athlete injured during competition but injuries due to overtraining appear to be fairly common.

M STEVENSON

#### FINANCIAL REPORT

The important feature of the 1989/90 season from a financial viewpoint was the dramatic increase in expenditure on new equipment and equipment maintenance. The reason for this was the scheduling of three major athletics meetings, namely the Drug Offensive event, the National Relays, and the postponed Australian All-Schools track championships. The fact that the Branch pays for the equipment (and in the main provides the officials to conduct these events), while receiving very little in return financially, is an anomaly which will hopefully be rectified when the administration of athletics in Tasmania is rationalised.

Although registrations were marginally below last year's, gate receipts for the track season were significantly higher, and this increase in attendance was reflected in good results for the kiosk, which helped reduce the deficit for the year.

# SOUTH:

Our sponsorship for the season was lower than for 1988-89, and was mainly directed towards fun runs. As with previous years, the bulk of this money went towards the conducting of the runs themselves.

In contrast to last season, when virtually no development grants were made, anumber were made this season. The call on development funding has been reduced to a certain extent by the assistance given to highly ranked athletes by the Tasmanian Institute of Sport, and this season we were able to help a number of athletes and coaches who do not receive Institute funding. The level of grants provided, while not high in absolute terms, was still of the order of \$2 for each \$1 received for this purpose. Unless another source of development funding is found, we shall have to consider what proportion of general revenue is an appropriate allocation.

Summarising the season, my assessment is that we had a successful year, with our result influenced by the need to upgrade equipment. With the exception of electronic timing, we are now well prepared for the major events of the 1990-91 season, and should not face the same upgrade costs in the coming year.

GREG HAWTHORNE

#### NORTH:

# PRESIDENT'S REPORT

In presenting my Annual Report for the 1989/90 season I would like to take this opportunity to thank all people who have so generously supported the Branch in their every endeavour this year.

As always at this time of year we can look back and find disappointment and frustration at some of the ideals we had for the season have not been carried through. However, I feel for this year we have also had many achievements.

I would like to congratulate all clubs for the very professional attitude they have take with their commitment to officiating at their allocated field site. Thank you for your support of this concept. As with all new ideas this area needs some fine tuning but comments from many people assure me this was a favourable move.

Again this season sponsorship has played a major role in our financial situation. Acknowledgement is given to the Department of Sport and Recreation for their grant towards the building of the Pole Vault cover; to Southern Cross Network as our Championship Sponsor and their agreement to a three year contract. The new medals used for presentation at all Championships have been received enthusiastically. MBF this year extended their sponsorship to cover all Multiple event competition and we thank them for this. The Relay meet was again part of the season's programme and sponsored by Talays for the second season. Finally in the sponsorship area thanks is extended to Tas Bearings and Chain for their sponsorship of the Athletes of the Meet for the Northern All Schools again this season.

A first for Launceston this season was the Launceston Athletic Carnival and congratulations is extended to all Branch athletes who took part in this Carnival. With an extended programme next year we look to greater participation.

# NORTH:

With the very profitable canteens organised this year, (the All Schools and Little Athletics certainly added to the fund), and the closer scrutiny of the hire of equipment the Branch is in a very sound financial situation. With this knowledge an upgrading of equipment commenced earlier this season with the purchase of 10 sets of starting blocks and will continue through the winter so that when the track season commences we hope to be able to make life much easier for our very willing officials. Cross country will also be upgrading their equipment with the acquisition of some 200 flags.

With the support of people from a variety of athletic groups the track was swept at the start of the season. Many minor improvements have been made by working bees by both the Branch and the Centre Board and Mr Bill Mathewson the caretaker of the St Leonards complex. We are all, of course, very aware of the track surface situation, but with every one giving support in a variety of areas there are many things we can do to continually upgrade our venue. We should all be very aware of how fortunate we are to have a complex, which when resurfaced will be one of the best in Australia.

In closing my report I would extend congratulations to all athletes for their varying achievements this season. We are all aware that we cannot all be champions but personal satisfaction with our result is something we can all aim for.

In addition thanks is extended to Elma Waldren for her commitment to Northern Athletics and her support in this my first year as Northern President. Thanks also to all committee members of our various groups. Your support whether large or small has been greatly appreciated and added to our quite successful season.

Helen L Boon PRESIDENT

# TRACK & FIELD TROPHY NIGHT

The Northern athletic season reached its climax on Saturday, April 28, when the Track & Field Trophy Night was held at the St Leonards Athletic Centre.

Launceston's Mayor, Alderman Graeme Beams, together with the Mayoress, presented trophies to the Northern Athletes of the Year, for their fine achievements throughout the season and their contribution to Northern athletics. This year's recipients were Janne Ware, Genelle Nankervis, Guy Adamson and Nathan Slater.

The Mayor and Mayoress also presented the awards for the individual point-scoring in interclub competition. Dwayne Kirkby of the North Launceston club taking out the senior men's trophy, with Michelle Gilbert of the Newstead Central Club receiving the senior women's. In the junior competition athletes from the North Launceston club in Nathan Wheldon, and Newstead Central in Anna Sulzberger were successful.

#### NORTH:

This pattern continued in the Club awards with Newstead Central taking all three of the Shields for the Women's Interclub competition. In the Men's section North Launceston was successful in the Aggregate and Senior grades, with the Tamar Athletic Club taking out the Moore Cup for juniors for the second year in succession.

Nigel McLaren, representing Medical Benefits Funds of Aust Ltd, sponsors of the multiple events competition this year, presented awards to the placegetters in these events.

Outstanding athletes who had set Northern Best Performances during the season were presented with their certificates.

It was also pleasing to have the State Record certificates to hand for presentation to athletes who had excelled in the state arena.

The Relay Shield and monetary awards for the Fun Relays Day, sponsored by Talays, together with certificates, were presented to Club representatives. The Shield once again going to the Newstead Central Athletic Club.

A vote of thanks to all officials and helpers who have assisted throughout the season was voiced, and a small presentation was made to Mrs Helen Boon, President, for her untiring efforts throughout the 1989-90 season.

### NBAAT PERPETUAL TROPHIES - TRACK & FIELD

### CLUB POINT SCORING

MEN		WOMEN	
MOORE CUP (F,G,H,I GR	ADES)	DOROTHY CLAXTON SHIELD (	F,G,H,I GRADES)
Tamar AC Western Suburbs AC North Launceston AC Newstead Central AC Newstead Harrier Club Riverside AC Veterans AC	2018 pts 1738 pts 1561 pts 1343 pts 507 pts 474 pts 128 pts	Newstead Central AC Tamar AC Western Suburbs AC North Launceston AC Newstead Harrier Club Riverside AC Veterans AC	2567 pts 1181 pts 1174 pts 787 pts 578 pts 405 pts
GL BOON SHIELD (A,B,C	,D,E, GRADES)	MRS F DENHOLM/MGREEN TRO (A, B, C, D, E, GRADE	
North Launceston AC Tamar AC Western Suburbs'AC Newstead Harrier Club Newstead Central AC Riverside AC Veterans AC	3706 pts 1727 pts 1391 pts 1360 pts 1269 pts 695 pts 108 pts	Newstead Central AC Western Suburbs AC Riverside AC North Launceston AC Newstead Harrier Club Tamar AC Veterans AC	3273 pts 932 pts 470 pts 425 pts 424 pts 408 pts 37 pts

NODERI -	MEN	WOMEN
NORTH:	FICH	WORLD

MANSELL SHIELD (AG	<u>GREGATE</u>	EXAMINER SHIELD (AGGREGATE				
North Launceston	5167 pts	Newstead Central AC	5840 pts			
Tamar AC	3745 pts	Western Suburbs AC	2106 pts			
Western Suburbs AC	3129 pts	Tamar AC	1589 pts			
Newstead Central AC	2612 pts	North Launceston AC	1212 pts			
Newstead Harrier Club	1867 pts	Newstead Harrier Club	1002 pts			
Riverside AC	1169 pts	Riverside AC	875 pts			
Veterans	236 pts	Veterans AC	37 pts			

# INDIVIDUAL POINT SCORING

	WOMEN				<u>MEN</u>		
JUNIOR	A Sulzberger	NCAC	433 pts	JUNIOR	N Wheldon	NL 374	pts
	N McLaren	RAC	363 pts		S Bonner	WS 366	pts
	K Hanson	NCAC	363 pts		N Slater	NL 356	pts
	P Lodge	WS	361 pts		B Gillow	TAC 338 1	pts
	D Fidler	TAC	351 pts		B Hopwood	NHC 329 I	pts
SENIOR	M Gilbert	NCAC	401 pts	SENIOR	D Kirkby	NL 579 I	pts
	R Guy	NCAC	397 pts		T Donald	NL 459 I	pts
	S Skeggs	NCAC	373 pts		A Donald	NL 372 I	pts
	M Dilger	NCAC	298 pts		J Stone	TAC 351 I	pts
	A Wardlaw	NCAC	267 pts		S Klimeck	TAC 335 p	pts

# NORTHERN ATHLETE OF YEAR AWARDS

	WOMEN			MEN
SENIOR	Janne Ware NHC		SENIOR	Guy Adamson NHC
.TINTOR	Genelle Nankervis	WS	JUNTOR	Nathan Slater NL

# BOB SIMMONS TROPHY ( 4 x 400 m RELAY)

North Launceston AC 22/10/89 3.38.9

TROPHY - 1 HOUR RUN

Garth Foley NHC 17/12/89

RELAYS CLUB SHIELD

Newstead Central AC 2/12/89

# 1989 WINTER PROGRAMME REPORT

During the 1989 Winter Programme a good number of athletes took part each week covering all age groups.

Two events were held in conjunction with the Launceston Athletic Club and these proved to be very popular, especially the Evandale race. I would like to thank Mr & Mrs Hodgson of the Prince of Wales Hotel for their sponsorship of this event.

One State event conducted by the Northern Branch was the Eric Goss Memorial, which was held at the Trevallyn Reserve, on a day when the weather was very unkind to those few loyal people who worked under most difficult conditions, and I would like to express my appreciation to them for their efforts.

# NORTH:

Unfortunately, the winter programme once again showed the lack of interest by some of the affiliated clubs, who it seems see it as a means of improving their bank balance on the days allotted to them. For the rest of the time leave the work to the faithful few, but at the same time are quite happy for their athletes to compete. I would just like to point out to the administrators of these particular clubs that Athletics does not finish when the sun sets on the last day of Track & Field, but starts with the Cross Country and Road Racing season.

I would like to extend my very sincere thanks to those few faithful people who never failed to help each week, no matter which club it may be, I appreciated your untiring efforts, and I am sure that the athletes did also.

DAVID PHILLIPS

# TECHNICAL SUB COMMITTEE REPORT

This season has seen the purchase of some new equipment, clocks, discus, shot puts and some new starting blocks.

The income from equipment hire has increased substantially and this will go a long way to carry out maintenance on the equipment listed.

- 1) HURDLES These are to be sand blasted and repainted. It will be done as soon as possible.
- 2) Some new measuring tapes will need to be purchased for the javelin and discus.
- 3) New leads will have to be made for the starters.

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- 4) New wood for under the high jump, bag will have to be purchased and the base constructed.
- 5) A grant has been given to construct a cover for the pole vault bags and this will be decided when quotes are received.

All the other Centre instruments are in good repair and it is encouraging that there has been very little damage to equipment this season and when something has broken it has been reported straight away so that repairs could take place.

#### B AYTON

#### CROSS COUNTRY - NORTHERN CHAMPIONSHIPS

	WOMEN			<u>MEN</u>	
VETERANS 8 km	1 S Westbrook	Vets	VETERANS 1 12 km 2	T Mickleborough NHO M Juckes VE	
SENIOR 8 km	•	NCAC NHC	SENIOR 1 12 km 2 3	G Foley NHO R Lee NHO D Cox NHO	С
UNDER 20 8 km	l L Crowe	WS	UNDER 20 1 8 km	S Waldren RAG	C
UNDER 16 4 km	2 A Sulzberger	TAC NCAC WS	UNDER 16 1 4 km 2 3	A Cassidy NL C Miller NL J Dawson WS	

# NORTH:

WOMEN				<u>MEN</u>				
UNDER 14	1	N Hillard	ΝĽ	UNDER 14		P Mc Cullagh	NCAC	
3 km	2	M Kerrison	RAC		2	G Garwood	WS	
	3	A Johnston	WS		3	T Ogden	ИНС	

# NORTHERN ROAD TITLES

		WOMEN				MEN
VETERANS 8 km	1 2	S Brasher S Westbrook	NHC VETS	SENIOR 15 km	1 2 3	
SENIOR 8 km	1 2	D Geier BA O'Byrne	NHC NCAC	UNDER 18 5 km	1 2	C Miller NL A Tyne NCAC
UNDER 16 5 km	1 2 3	M Westbrook A Sulzberger C Green	TAC NCAC NCAC	UNDER 16 5 km	1 2 3	A Cassidy NL Z Carr NCAC R Harris WS
UNDER 14 3 km	1 2 3	N Hillard M Kerrison C Smith	NL RAC NCAC	UNDER 14	1 2 3	S Gale NHC P Szysz NCAC T Ogden NHC

#### NBAAT CONSISTENCY AWARDS

	WOMEN		<u>MEN</u>				
SENIOR	Barbara-Anne O'Byrne	NCAC	SENIOR	Robbie Lee	NHC		
UNDER 18	Lisa Crowe	WS	UNDER 18	Andrew Cassidy	NL		
UNDER 14	Natasha Hillard	NL	UNDER 14	Paul McCullagh	NCAC		

# LAURIE McGEE MEMORIAL TROPHY (Awarded to top Under 16 Athlete)

Andrew Cassidy

NL

# PRINCE OF WALES TROPHY

10 km Lisa Crowe WS 3 km Grant Garwood WS

# RECORDS - GRADINGS - STATISTIC'S REPORT

As convenor of this committee, I have been very fortunate to have a dedicated team of workers. Each club has a representative who has an assigned duty to do each week. Although monthly meetings have not been held, early in the season we did hold two meetings to discuss suggestions which had been forwarded during the season. The main change this season was the introduction of a form for athletes to apply to be either up or down graded.

#### NORTH:

Thank you very much to the following people for the many hours work they did for the Branch this last season.

Elaine Speers
Gaylene Heazlewood
Judy Ayton
John Stone
Nancy Burke
Dorothy Donald

Northern Women's Statistics Northern Men's Statistics Women's Interclub Gradings Men's Interclub Gradings Northern Women's Points Northern Men's Points

Northern Records State Records

Elma Waldren Typing of Certificates

NORTHERN RECORDS: This season there were twelve track and nineteen Northern Best Performances. Congratulations to everyone who equalled or bettered a Northern Record.

It should be stressed that it is the Athlete's responsibility to notify the Official on the particular site when they think they have broken a record. The Officials do not always know which age group the athlete's belongs in.

STATE RECORDS: This season there were only fourteen State Record Applications forwarded through the Northern Branch. Congratulations to those people also.

In conclusion, thank you once again to all the hard working Committee Members and also the Branch Secretary, without her efficiency in getting the results out, the Committee Members could not have performed their duties.

D DONALD

#### NORTH WEST:

# PRESIDENT'S REPORT

It is with pleasure I present this report for the 1989-90 season. It has been a great year for athletes on the North West Coast with many new members and old using our great facility at Penguin. A great number of records were broken by both male and female competitors highlighting the fact that the synthetic surface is as good as you will find anywhere in Australia.

Highlights of the season were the All Schools Sports, run by the Devon Club, the Coastal Championships and the State League meet held in January.

The All Schools day was supported by most schools on the North West Coast and it was pleasing to see so many athletes from the West Coast and Circular Head areas participating.

Our own Coastal Championships were once again a great success but there is still some indecision amongst officials as to whether they should be held early or later in the season.

The State League meet held in January once again proved to be a great success. Many favourable comments were passed on by Northern and Southern athletes as to the way it was run.

#### NORTH WEST:

During the season the Fairbrother Junior Talent Squad was chosen and approximately 40 athletes received specialist coaching over the four clinics held. I would like to thank Royce Fairbrother for his generous sponsorship and also Malcolm Wells who organised the running of these clinics.

Thank you everyone involved in the running of the Branch this year. In particular the Executive team of Sue Gleeson, Des Scott, Royce Fairbrother and Nigel Lane.

Also to the three club presidents and their delegates who attended the monthly meetings regularly. A special mention must be made to the hard working officials each Saturday. Bill Fulkerson and his team of judges, Cheryl Brown and her regular time keepers, Sue Geary, Elizabeth Atkins and Rhonda Macrow in the entries office. Frank Walker for his tireless work in grading the athletes, David Probert commentating, David Rogers for his arena management, our starters Peter Rogers and Jenny Jackson. Also Marie Shephard for compiling the records and Irene Royston who kept all the statistics during the season. To the many other officials and parents who helped out during the season, please accept my thanks on behalf of the Branch.

The Canteen this year was operated by the North West Veterans Athletics Association. Our thanks go to the Oakley family and especially Peter for his help during the year both in the canteen and on the ground.

I believe this year has been a successful one and athletics has great future. Let's work hard to keep it heading in the right direction.

Bruce Jackson PRESIDENT

#### CROSS COUNTRY REPORT - 1989

The 1989 Cross Country Season was again a successful one and all events were well attended with numbers comparable to last season.

The practice of running A, B and C Division events is obviously very successful and should be continued. Thanks should go to those people who carried out the many official duties during the year. Without such people we would not be able to run our events.

At the conclusion of the season I circulated a list of suggestions that I thought were necessary if we were to progress further in our sport and unfortunately very few of these items have been acted upon. The response to the suggestions was good however no offer of assistance either from the clubs or individuals was forthcoming. If we are to progress at all it will only be by the combined efforts of a group of people, not by individuals.

R FAIRBROTHER

# NORTH WEST:

#### DEVELOPMENT

During 1989 the AAT and the Department of Sport and Recreation provided funding for a Reginal Development Officer for athletics. Helen Boon (North) Alan Rider (South) and myself were appointed for a nine month period with a view to each of us working to develop the sport in our respective regions. In the period from March to November some of my major activities were:

- 1. The establishment and maintenance of a regular radio spot for coastal athletics on both 7BU and 7AD sponsorship from Talays.
- 2. Organising two rounds of athletic coaching clinics in primary and secondary schools in the region this included obtaining significant corporate sponsorships, particularly from the Advocate, promotional work in schools and liaison with the media.
- 3. The establishment of a Regional Council representing the major athletic bodies on the North West Coast NWBAAT, Little Athletics PCCCT, NWVAAT and the TAL.
- 4. Liaising with the AT and FCA to organise and promote a number of coaching clinics.
- 5. Organising the 1989 Fairbrother Junior Development Squad and coordinating coaching clinics for this group.

The role was an interesting and rewarding one, there is enormous potential for the development of the sport on the North West Coast. Despite the initial enthusiasm generated by a series of statewide athletic forums and a change in state administration the fact remains that to improve the sport in this region we are essentially on our own. This puts great pressure on our organisation, particularly our personnel, sadly an enormous amount is left to far too few. This report is not the forum to develop this point further, however it will inevitably have to be addressed sooner rather than later. Special thanks to Sue Gleeson, Trent Nicholls, Marg Perrott, Royce Fairbrother and Toni Singleton.

# MALCOLM WELLS

# REPORT FROM ADVOCATE JUNIOR DEVELOPMENT OFFICER

I wish to thank all the sponsors, Westpak, EZ, Southern Cross Network, TCU, Department of Sport & Recreation, APPM and the Advocate for without their help these clinics would not have been possible. I also wish to thank Malcolm Wells and Marg Perrott for their support and encouragement, and because of their vision athletics has been promoted right throughout the North West from Sheffield to Queenstown and King Island. Thank You.

I also wish to thank Charlie Trafford, Kerrie Vanderwerf and Marianne Bates for their help in running the clinics. Their help was invaluable. Also the help from parents and teachers at the various schools.

The first block of clinics I expected to reach around 200 children, averaging around 10 at each clinic. This was exceeded with the total exceeding 300 and averaging 19 per clinic.

#### NORTH WEST:

Unfortunately bad weather resulted in some clinics having to be cancelled during the second block. These were re-scheduled and then cancelled yet again. Total number of children who took part in the second block of clinics was 194.

In the first block of clinics we concentrated on the first principles of running which helps all sport in encouraging an attitude of not beating or being better than someone else, but rather improving ourselves and encouraging each other. This enables us to have a lot of fun as well as being serious. All the children had a marvellous time and were eager to return next time. This is borne out by the numbers that came to the follow up clinics.

I hoped during the first clinics to raise the profile of running in the eyes of the young people. This I believe, I achieved.

The second block of clinics was more specialised in running as a sport, with education on the difference in sprinting, middle distance and long distance and where possible, show some field events. We became very specific in the technical aspects of running, which meant we were a little more serious and disciplined, yet we were still able to have a lot of fun. It is also good to note that a number of athletes have commenced this year to compete regularly, and also due to interest, I have personally been back to Smithton to help a number of athletes. Six have commenced regular competition.

In all I believe that not only has money been well spent but the profile of Athletics has been raised significantly. It would be a serious shame not to follow these highly successful series of clinics up next year. I also believe that a 3-5 day Athletic Camp would be a great help, especially to the more isoled athletes. I am currently looking at options for such a camp. ie location, training facilities, coaches etc.

Finally I wish to thank you all for your support, belief and trust in myself to be able to conduct these clinics, but as with all, with no follow up all may be lost, for we only touch the basics. Let us pursue with endeavour to give our children the best help and opportunities for improvement.

TRENT NICHOLS

# MAJOR AWARD WINNER - SUMMER SEASON

MOST OUTSTANDING ATHLETE FIELD CHAMPION - FEMALE FIELD CHAMPION - MALE TRACK CHAMPION - FEMALE TRACK CHAMPION - MALE Sam Byrne Tamika Hicks Graeme Hicks Belinda Matkovich Phillip Pearce

# NORTH WEST:

# AGGREGATE TROPHIES:

Ashley Royston Simon Coates Under 9 - Male

Ross Tyson

Andrea Boland Under 9 - Female

Alice Byrne Venice Howman

Sam Byrne 9 to Under 14 - Male 9 to Under 14 - Female Jacqui Gibson

Rebecca Geary

Nicholas Probert 14 years and over - Male 14 years and over - Female Alanna Rogers

Bill Fulkerson Cheryl Johns Memorial Trophy

# MAJOR AWARD WINNER - WINTER SEASON

1 Royce Fairbrother A DIVISION CONSISTENCY 2 Nigel Lane 3 Michael Quilliam M Rob Coates FASTEST TIME

F Thea Fairbrother

CONSISTENCY 1 Darrell Pearce B DIVISION 2 Angela Cheeseman

3 Phillip Pearce

FASTEST TIME M Simon Rintel

F Gaye Fairbrother

1 Paul Coates CONSISTENCY C DIVISION

2 Ashley Royston

3 Simon Coates

M Peter Coates FASTEST TIME

F Kylie Daly

# BEST PERFORMANCES 1989-90 - MEN

The performance in brackets is the relative figure for last season.

	100 METRES				1500 METRES				
	S Hollingsworth	OVA	10.4 (10.5)	ป18	K Hanigan	OVA		(3.51.2)	U19
	T Bennett	SB	10.6		N Cope	NHC	3.49.6		
	P Van Der Kraan	SB	10.7		S Millar	SB	3.50.9		U19
	J Lansdell	SB	10.7	U19	D Giblin	NS	3.51.5		
	J Thompson	BUR	10.8		R Robinson	SB	3.55.2		
4	I Van Den Burg	IND	10.8	U20	B Rallings	IND	3.55.9		
	J Pithouse	NS	10.9		S Phillips	NH	3.58.3		
	T Hollingsworth	OVA	10.9	U20	M Dalton	NS	3.58.5		
	R Whitehead	T	10.9		R Gillard	IND	3.59.0	(/ 00 1)	
	G Turnor	SB	10.9 (11.0)		G Oldfield	ES	4.00.2	(4.00.1)	
	200 METRES				3000 METRES				
	S Hollingsworth	OVA	21.2 (21.4)	1118	D Giblín	NS	8.13.4	(8.22.5)	
	I Vandenburg	IND	21.7	U20	R Foley	NS	8.22.3	,	
	T Bennett	SB	21.9	023	M Dalton	NS	8.32.6		
	D Preece	T	22.0		J Holloway	SB	8.34.8		U18
	T Hollingsworth	OVA	22.1	U20	N Cope	NHC	8.35.1		
	R Whitehead	T	22.2		M Murray	ES	8.40.0		
	P Van Der Kraan	SB	22.3		S Oliver	DEV	8.50.5		
	G Turnor	SB	22.3		D MacCarrick	NS	8.51.0		U18
	J Pithouse	NS	22.4		D Rose	NS	8.52.4		
	T Potter	BUR	22.4 (22.4)		S Phillips	NHC	8.55.8	(8.55.5)	
	400 METRES				5000 METRES				
	S Hollingsworth	OVA	47.6 (47.3)	U18	D Giblin	NS	14.08.6	(14.17.6)	)
	T Hollingsworth	OVA	47.8		R Foley	NS	14.14.8		
	J White	OVA	48.3		M Dalton	NS	14.23.5		
	T Bennett	SB	48.8		M Lennon	ĖS	14.48.4		
	M Butterworth	OVA	48.9		N Cope	ИНС	14.54.8		
	G Turnor	SB	49.0		M Murray	ES	14.55.0		
	G Bentley	SB	49.6	U17	C Oliver	BUR	15.01.4		
	D Preece	T	49.7		D Smee	SB	15.04.9		U19
	K Hanigan	OVA	49.8	U19	J Holloway	SB	15.05.3	( oo 3)	U18
	P Wood	OVA	49.9		S Phillips	NHC	15.06.2	(15.33.7)	)
	800 METRES				10000 METRES				
	K Hanigan	OVA	1.49.2 (1.53	3.2) U19	R Foley	NS	29.21.4	(29.25)	
	J White	OVA	1.51.5	•	M Dalton	NS	29.47.6		
_	P Wood	OVA	1.52.4		D Giblin	NS	29.59.9		
	R Robinson	SB	1.53.1		S Phillips	NHC	30.27.9		
	S Millar	SB	1.53.4	U19	G Foley	NHC	30.45.6		
•	M Butterworth	OVA	1.53.8		D Rose	NS	31.06.3		
	S Rintel	DEV	1.54.3		J Owen	NH	31.19.6	(00.00)	
	P Fearnley-Sander		1.55.8	U20	M Lennon	ES	31.27.1	(33.02)	1110
	D Giblin	NS	1.56.1		D Smee	SB	32.00.5		U19
	R Gillard	IND	1.56.9 (1.57	(.1)	G Oldfield	ES	32.15.0		

1500 METRE WALK					JAVELIN			
G Robertson	SB	6.00.2	(5.59.4)	1120	A Shield	WS	65.34 (68.06)	
R Best	SB	6.00.4	(3.37.4)	U18	R McCafferty	R	63.90	
M Robertson	SB	6.21.5		U16	M Mullarvey	NHC	61.06 (700 g)	U18
G Whitehouse	SB		(6.57.7)	U18	T Apted	NHC	58.84	U20
					S Maxwell	พร	55.64 (600 g)	U16
3000 METRE WALK					MacLaine-Cross	NC	54.58 (700 g)	U17
G Robertson	SB	12.25.5	(12.13.6	)1/20	A Donald	NL	51.32	111.7
R Best	SB	12.30.6	(12.15.0	U18	G Ryland	NS WS	51.32 (600 g) 50.12 (700 g)	U17 U18
R Cooke	NS	12.41.7			A Ayton	w.o	30.12 (700 g)	OIG
M Robertson	SB	13,28.6		U16	DISCUS			
R Foster	พร	14.34.5	(13.58)				<b>70</b> 00 (3 1 )	111.6
G Whitehouse	SB	14.46.2		U18	S Maxwell	NS	53.98 (1 kg)	<b>U1</b> 6
					G Adamson	NHC SB	50.10 (47.74) 46.22	U20
5000 METRE WALK					L Best G Ryland	NS	44.60 (1 kg)	U15
G Robertson	SB	21.42.3	(21.10.7	)U2O	M Cooper	SB	$44.08 \left(1\frac{1}{2} \text{ kg}\right)$	U17
R Best	SB	22.04.5		U18	J Batchelor	ES	43.44 (1 kg)	U16
R Cooke	NS	22.05.3			M Jarman	SB	42.98 (1.5 kg)	U18
R Foster	NS	24.27.7	(24, 22)		J McDonald	ES	40.84	U17
aaaa Mampa ameri					I Murray	NS	40.64	
2000 METRE STEE	PLE				R Wastell	ES	39.24 (40.82-1	c)U15
M Dalton	МS	5.49.2	(6.17)					
D Rose	NS	5.52.7			SHOT PUTT			
P Garrott	SB	6.01.1		112.0	C Watson	NHC	17.34 (16.48)	
D Smee	SB	6.02.8		U19	S Maxwell	NS	15.24 (4.5 kg)	U16
D Bullock	SB SB	6.06.9 6.21.3		U20	G Ryland	NS	14.41 (3.6 kg)	U15
M Shaw K Gillard	NL	6.29.3		U20	J McDonald	ES	14.35 (4.5 kg)	U17
J McCullagh	NC	6.29.4		U17	M Jarman	SB	14.26 (5.5 kg)	U19
D Tubb	NS	6.35.1		U17	L Best	SB	13.95	U20 U20
C Miller	NL	6.37.4		U17	G Adamson	NHC SB	13.80 13.55 (4.5 kg)	U17
					M Cooper I Murray	NS	13.33 (4.3 kg) 12.41	017
3000 METRE STEET	<u>PLE</u>				A Ayton	WS	12.33 (12.98	
M Dalton	NS	9.03.1	(10.02.4	)	n ny con		4.5 kg)	<b>U</b> 17
M Shaw	SB	10.00.7		Ú20			•	
N Hyland	OVA		(10.13.3		HAMMER			
•					J McDonald	ES	63.16 (4.5 kg)	U17
110 METRE HURDL	<u>es</u>				C Watson	NHC	61.26 (62.20)	017
C Hirst	OVA	16.0	(15.2)	U20	M Cooper	SB	53.22 (4.5 kg)	<b>U1</b> 7
D Kirkby	NL	16.2	(0010)		L Best	SB	51.72	U20
T Apted	NHC	16.4		U20	G Ryland	NS	44.64 (3.6 kg)	U15
A Donald	NL	17.1			D Alomes	ES	40.62 (5.5 kg)	U18 .
M Stevenson	NS	18.1	(17.1)		R Wastell	ES	39.04 (35.50	*** (
							4.5 kg)	U16
300 METRE HURDL	<u>es</u>				TITCH TIME			-
D Broom	NS	40.2	(42.3)	U16	HIGH JUMP			
N Slater	NL	43.7	(42.4)	U16	T Apted	ИНС	2.04 (2.10)	U20
					B Cooper	SB	2.00	U19
400 METRE HURDL	<u>es</u>				P Holmes	ES	2.00	U19
S Hollingsworth	OVA	52.6	(54.3)	U18	T Rickwood	OVA	1.95	
D Kirkby	NL	57.0	, ,		S Knott M Jarman	ES SB	1.90 1.84	U18
C Hirst	OVA	58.0		U20	S Westwood	SB	1.81	U17
D Broom	NS	1.00.0	(56.2)	U16	D Hind	NS	1.80	
					D Kirkby	NL	1.80	
					A Donald	ИL	1.80 (1.85)	

TRIPLE JUMP				LONG JUMP			
L Lampton D Hope D Hind T Rickwood L Best W Fotheringham T Donald T Cawthorn P Holmes B Cooper P Podolak	NH SB NS SB NS NL NS ES SB ES	13.78 (14.55) 13.67 13.33 13.24 12.84 12.83 12.62 12.61 (12.36) 12.48 12.36 12.35	U19 U19	T Apted D Hope N Roney L Lampton T Donald S Knott A Ayton W Fotheringham T Rickwood D Kirkby	NHC SB R NH NL ES WS NS ES	7.20 (7.31) 7.07 6.85 6.68 6.60 6.59 6.50 6.50 6.45 6.45 (6.49)	U20 U19 U18 U17 U17
POLE VAULT  T Apted S Knott A Donald D Kirkby S Klimeck P Podolok T Donald R Ford A Knott	NHC ES NL NL T ES NL ES SB	4.00 (4.30) 3.80 3.60 3.50 3.20 3.10 3.00 (3.20) 3.00	U20 U18 U17	4 x 100 RELAY Old Virgillians Sandy Bay Tamar Hobart AC Northern Suburbs Northern Suburbs OVA Burnie North Launceston Western Suburbs	OVA SB T IND NS NS OVA BUR NL WS	41.9 (42.1) 41.9 42.5 43.1 43.7 44.9 45.1 45.4 46.4 47.8	U18 U16 U18 U18
4 x 400 RELAY  Old Virgilians  OVA No 2  Sandy Bay  OVA  Northern Suburbs  OVA  Sandy Bay  Tasmania  North Launceston  Northern Suburbs	OVA SB TAS NL	3.21.2 (3.14.4) 3.22.1 3.25.3 3.30.1 3.34.9 3.35.3 3.35.8 3.37.2 3.38.9 3.39.6	U20 U16 U18 U19	4 x 200 RELAY  Northern Suburbs Sandy Bay Altius	NS SB ALT	1.36.5 1.39.8 1.49.3	

Calculating the best performance on the old Decathlon scoring tables (only where senior implements are used in field games), results are as follows - comparative score and placings for last year are shown in brackets.

		AVERAGE	899	(887)
19.	110 m Hurdles	16.0	749 pts	(807 - 18th)
18.	Triple Jump	13.78 m	757 pts	(835 - 16th)
17.	Pole Vault	4.00 m	807 pts	(884 - 10th)
16.	Javelin	65.34 m	825 pts	(857 - 15th)
15.	Long Jump	7.20 m	861 pts	(883 - 11th)
14.	Hìgh Jump	2.04 m	891 pts	(942 - 3rd)
13.	Discus	50.10 m	891 pts	(832 - 17th)
12.	400 metres	47.6	918 pts	(938 - 4th)
11.	3000 m Steeple	9 m 03.1	921 pts	(732 - 19th)
10.	Shot Put	17.34 m	923 pts	(875 - 12th)
9.	400 m Hurdles	52.6	927 pts	(869 - 14th)
8.	1500 metres	3 m 47.1	932 pts	(895 - 9th)
7.	200 metres	21.2	934 pts	(910 - 7th)
6.	3000 metres	8 m 13.4	948 pts	(909 - 8th)
5.	Hammer	61.26 m	952 pts	(964 - 2nd)
4.	800 metres	1 m 49.2	953 pts	(872 - 13th)
3	100 metres	10.4	959 pts	(932 - 6th)
2.	5000 metres	14 m 08.6	960 pts	(938 - 4th)
1.	10000 metres	29 m 21,4	988 pts	(985 - 1st)

Again this season there has been some outstanding improvements – 11 events were better - 8 declined - only two being track events. On the other hand only two field events scored higher whilst six were lower. Once again Russell Foley had the best performance of the year with his 10000 metres time of 29 m 21.4

# BEST PERFORMANCES 1989-90 - WOMEN

The performances in brackets is the relative figures for last season.

100 METRES G Riley S Andrews G Luke S Absolom S Whitmore K Jenkins J Russell J Cubit S Speers-Skeggs M Gilbert	ES 1: R 1: ALT 1: ALT 1: ALT 1: ALT 1: ALT 1: NC 1:	1.9 2.2 U 2.2 U 2.3 U	J19 J16 J18 J16 J13	1500 METRES  A Rippon M Bates C Butler J Watson A Marquardt B Makkovich A Boucher S Hall L Crowe	DEV BUR BUR NS SB BUR SB ES WS	4.35.5 4.35.7 4.40.2 4.46.2 4.46.4 4.48.0 4.55.5	(4.34.8) (5.00.0)	U19 U18 U16 U18 U16 U18
200 METRES  S Andrews G Riley G Luke S Speers-Skeggs J Cubit S Whitmore M Gilbert J Russell S Absolom	ES 25 DEV 24 R 24 NC 24 R 24 ALT 25 NC 25 ALT 25	3.5 (23.6)U 4.0 4.3 4.4 4.6 5.0 U	718 713	J Campbell-Smith A Rippon J Watson B Matkovich C Butler M Bates A Marquardt L Crowe A Boucher S Beaton	R DEV NS BUR BUR NL SB WS SB ES	9.48.8 10.00.1 10.03.7 10.05.2 10.08.0 10.19.7 10.21.4 10.39.8 10.51.3 10.55.9	(9.47) (11.15.4)	U19 U19 U16 U18 U18 U18 U18
400 METRES  S Andrews G Luke S Speers-Skeggs J Russell S Whitmore	ES 53 NC 55 ALT 56		118 113 118	5000 METRES J Campbell-Smith 10000 METRES A Marquardt	SB	38.52.2	(17.48.5) (38.15.2)	
G Riley S Absolom M Gilbert B Hickey T Webb A Hurst F Pedley	DEV 57 ALT 57 NC 58 OVA 58 WS 59 NL 59	7.2 7.6 U 1.3 1.4 U	14	R May L Crowe  1500 METRE WALK  R Lee K Hughes A Rogers	DEV WS NH ES BUR	7.09.3 7.46.0 7.58.3		U18 U20 U17
800 METRES  G Luke S Speers-Skeggs J Cubit B Matkovich B Hickey		.0 .2 U		3000 METRE WALK  R Lee A Rogers K Hughes A Slater	NH BUR ES VETS	15.23.2 16.38.1		ป17 ป20
S Hall M Bates C Butler J Campbell-Smith A Boucher	ES 2.18 NW 2.18 BUR 2.20 NH 2.20	.7 U:	16 19	5000 METRE WALK R Lee A Rogers K Hughes A Slater	NH BUR ES VETS	25.11.3 26.41.8 29.32.5 25.59.8		U17 U20

100 METRES HURI	DLE		TRIPLE JUMP	
J Cubit A Armstrong L Kiss 300 METRES HURI	R SB OVA	13.7 (13.8) 15.2	J Munro A Hughes G Nankervis J Arnold N Brown	SB 11.41 (11.88 ES 11.32 WS 11.31 ES 10.63 BUR 10.51
A Hurst A Hanek A Sulzberger	NL OVA NC	46.2 (46.5) U14 47.7 U15 49.1 U15	C Hawkins S Absolom	NHC 10.47 ALT 10.45 (10.87
R Fitzpatrick H Gourlay F Excell C Hanek S Ford 400 METRES HURI	ALT ES SB SB SB	49.3 U16 50.4 U16 50.7 (53.6)U16 51.1 U16 51.9 U16	HAMMER  J Ware K Hughes L Kirsch T Philpott S Laduzko	NHC 40.70 (35.58 ES 38.32 VETS 37.80 R 30.42 ES 29.80 (25.28
G Luke K Hawkins R Guy	ES NH NC	58.7 (63.3) 67.8 68.2 U17	4 x 100 M RELAY Eastern Suburbs Newstead Central Altius	ES 48.2 (50.3) NC 49.7 ALT 50.3
JAVELIN  J Ware T Philpott G Prenter H Gourlay	R R OVA ES	51.16 (51.58)U20 44.64 U19 42.54 U20 38.96 U17	Altius Burnie  4 x 400 M RELAY  Eastern Suburbs	ALT 50.6 BUR 52.8 ES 4.01.6 (3.54) SB 4.15.1
A Hughes J Cox  DISCUS	ES ALT	37.64 U17 36.80 (36.64)U17	Sandy Bay Northern Suburbs Newstead Central	NS 4.17.3 NC 4.17.8
T Philpott J Ware A Hughes J Cox H Gourlay	R NHC ES ALT ES	41.56 (41.12)U19 37.58 U20 35.80 U17 32.62 U17 32.32 (33.00)U17		
SHOT PUT				
J Ware T Philpott J Cubit A Hughes	NH NH R ES	13.92 (13.89)U20 13.37 U19 11.68 10.78 (12.16)U17		
HIGH JUMP				
L Kiss A Hughes J Cubit	OVA ES R	1.87 (1.77)U20 1.86		
LONG JUMP  J Cubit J Munro A Armstrong A Hughes M Gilbert L Kiss G Nankervis M Harper K Jenkins	R SB SB ES NC OVA WS ES ALT	6.29 (6.07) 5.33 5.32 U20 5.27 U17 5.25 5.24 U20 5.22 U16 5.17 U19 5.17(5.11)U16		

(11.88)U18

(10.87)016

(35.58) 020

(25.28) U17

U17 U16 U16 **U17** c

**U20** 

U19

U18 U16

U18

Only 13 events are listed in the Heptathlon tables and the order is as follows:—

1.	High Jump	1.87		1095	pts	(1002 - 1st)
2.	400 metres	52.2		1055	pts	(980 - 2nd)
3.	800 metres	2.03.6		1024	pts	(963 - 4th)
4.	400 m Hurdles	58.7		995	pts	(855 - 11th)
5.	200 metres	23.5		986	pts	(976 - 3rd)
6.	Long Jump	6.29	m	969	pts	(921 - 7th)
7.	100 metres	11.6		957	pts	(957 - 5th)
8.	Javelín	51.16	m	916	pts	(936 - 6th)
9.	110 m Hurdles	13.7		905	pts	(891 - 8th)
10.	1500 metres	4.35.5		859	pts	(865 - 9th)
11.	3000 metres	4.48.8		857	pts	(863 - 10th)
12.	Shot Put	13.92	m	834	pts	(832 - 12th)
13.	Discus	41.56	m	762	pts	(754 - 13th)
			AVERAGE	939		(907)

There was very little movement - the only event to move more than two places was the 400 m Hurdles which improved seven. However the overall improvement was considerable as indicated by the much higher average. Eight events were better, one the same and four were poorer. Loretta Kiss' High Jump of 1.87 m was the best performance of the year.



#### FINANCE

The financial statement shows an excess of payments of \$432.00 but there is an investment of \$47 000 with \$37 772 to be paid out during the coming year so in we have finished something over \$9 000 infron of last year, which was a pleasant surprise.

Receipts were above budget for most championships and interstate meetings. The National Relays, due to the magnificent sponsorship of Trident Seafoods resulted in a small profit for the first time and the AIS Drug Offensice meet also did a little better than track even again because of \$12 000 sponsorship from the Austraian Institute of Sport and the Department of Health Services and the Drug Dependency Board.

The major raffle organsised by Ken McNamara and Alan Rídv was a great success - most clubs benefited and almost \$6 000 was raised for the athletes overseas team fund.

A grant of \$500 from the Mars Two Star system was most welcome. This was for one quater only but there will be incentive bonuses if more schools take up the scheme. MBF stepped in as sponsor of the Tasmanian Track and Field championships was very welcome. Income from Handbook was well down whilst the cost naturally increased resulting in a loss of \$2 772, which is too high to continue without some effort being made to reduce it.

On the payments side confiliation fees were much less than expected, unifirm are proving costly and a one off cost of having a sponsorship presentation package and a logo design prepared professionally plus new medallion dies were costs which were extraordinary.

With a good cash flow the excess was invested to earn the best interest possible and there is still a healthy amount waiting to be paid out.

There was no purchase of registration members during the year as Coca Cola have indicated it will not renew its sponsorship. Negotiations for a replacement were not conducted before the end of the season. Similarly the state cross country and walks were held later than in 1989 so that the receipts and payments will be shown on next years statements.

Overall financially the season has been quite successful but the ensuing year could be much more difficult.

N J Ruddock HON TREASURER

# ATHLETICS TASMANIA

# NO 2 ACCOUNT

Statement of Receipts RECEIPTS	and Payments i	for Year ended 33	1 May 1990 \$
Airfares - Teams & Officials State Government Grants Travel Subsides - State Team Salary Subsidy Accomodation - State Teams Interest Australian Campionships/Entry Fees	3 000.00 5 000.00	46 522.50 8 000:00 4 095.00 222.02 270.00	59 109.52
LESS PAYMENTS			
Airfares - Teams & Officials Accomodation State Government - Travel Subsidy Salaries - Development Officers Australian Championships/Entry Fees Seminar Bank Charges & Government Duties		47 348.00 4 013.00 2 910.00 7 320.00 270.00 75.00 81.47	
			62 017.47
Excess of Payments over Receipts Balance B/F 1 June 1989			2 907.95 8 163.70
Balance C/F 31 May 1990 Cash at Commonwealth Bank			\$ 5 255.75
INVESTMENTS			
Savings & Loans Credit Union	4 057.92		
HELD IN SUSPENSE			
Australia 1990 School Track and Field Championships	1 000.00		

Subject to Audit K McNamara - President N J Ruddock - Hon Treasurer

# ATHLETICS TASMANIA

Statement of Receipts and Payments for Year ended 31 May 1990

	RECEIPTS	\$	\$	\$
1988/89 60 19 980 646 138 491 4 100	Affilitation Fees Levies Publications Registration Cards Interest Sponsorship Mars 5 Star Grant TASMANIAN CHAMPIONSHIPS		80.00 29 999.00 211.00 161.50 351.53 3 800.00 500.00	
71 222 233 1 947 1 200 8 333 1 000	Road Walks and Runs Schools Cross Country/Walks Cross Country Schools Track & Field Schools Sponsorship Coca - Cola Track and Field Sponsorship - MBF	228.00 382.00 2 147.00 1 200.00 9 254.50 2 322.00	15 533.50	
1 970 8 <b>67</b> 9	INTERSTATE AND INTRSTATE MEETINGS  Eric Goss Trams Race Entry Fees State League National AIS Drug Offensive  TASMANIAN GOVERNMENT GRANTS	144.00 888.00 46 711.30 2 224.00	49 937.30	
4 500	Australian Junior - Japan State Development Ifficer Travel Subsidy - Trams AIS Drug Offensive Little Athletics ASSOC Coaching Course	700.00 15 000.00 300.00 16 000.00 500.00	35 700.00	
1 489	Handbooks - sales advertising Fund Raising/Major Raffle T&F Raffle Coaching Clinics Officials Shirts Australian Championships Entry Fees Sale Medallions Transfer from investment	1 208.00 249.00	1 448.00 14 339.00 407.30 4 200.00 475.00 70.00 115.00 27 500.00	
2 028 57 823	Items not repeated			186 431.39

	LESS PAYMENTS	\$	\$
1988/89 125 7 890 1 021 562	Affiliation Fees Capilation Fees Publications Printing and Stationery		75.00 2 556.90 108.00 859.65
169 512 731 3 388 2 483 1 735 90 95 55	Trophies Certificates and engraving Postages Telephone Handbooks Uniforms Officials Shirts Insurance Audit Fee Bank Charges & Gov Duties Repairs - Office Equip		154.95 667.98 576.02 4 220.00 2 136.00 910.76 1 447.54 100.00 180.55 47.50
945 40 551	Registration Numbers Permit Fees Advertsing Sponsorship Proposal Packages Logo Design PO BOX Rent Newsletter Travel Seminars Legal Expenses		240.00 340.65 1 609.20 470.88 30.00 580.46 60.00 110.00 100.00
	TASMANIAN CHAMPIONSHIPS		
546 925 1 017 1 798 276 2 499	Schools Cross Country/Walks Schools Track and Field Schools Medallions Track and Field Cross Country Medallions & Dic's	312.00 622.00 1 152.40 1 824.90 421.00 4 461.25	8 793.55
	INTERSTATE & INTRASTATE MEETINGS		
639 10 574 231	State League National Relays AIS Drug Offensive Manager's Expenses	255.00 44 083.90 2 907.49 137.75	47 384.14
	TASMANIAN GOVERNMENT GRANTS		
3 750 257 4 000	State Development Officer Travel Subsidy - Teams Travel Subsidy - Juniors Little Athletics Assoc ATFCA Coaching Course	5 000.00 3 000.00 1 200.00 500.00 500.00	10 200.00
	TRAVEL SUBSIDES		
6 138 4 539 917	Teams Managers/Coaches Delegates Commonwealth Games Team Members Major Raffle Coaching Clinics Commonwealth Games Appeal	5 810.00 3 896.00 1 115.75 400.00 8 398.63 4 155.64 621.50	11 221.75

\$

2 000	Honoria Transfer to Investment		2 000.00 75 000.00	
2 027 62 575	Items not Repeated			186 854.51
(4 752) 6 068 1 316	Excess of Payments over Receipts Balance B/F 1/6/89 Balance C/F 31/5/90 Cash at C/wth Bank Sandy Bay			432.12 <u>1 316.68</u> \$ <u>893.56</u>
	Investments - Perpetual Trustees C/Wth Bank	1 000.00 47 500.00		
,	Held in Suspense Grant Junior Development Squad Grant State Development Officer Salary Grant AIS/Drug Offensive Athletes Travel Fund	2 000.00 15 000.00 15 232.00 5 540.00 37 772.00		

Subject to Audit  $\,$  K McNamara - President  $\,$  N  $\,$  J Ruddock - Hon Treasurer



# ALTHETICS TASMANIA

# OFFICE BEARERS

# 1981-1989

Season	President	Secretary	Executive Director	Hon Secretary
\$\frac{1}{9}80-81\$\$ \$1981-82\$\$ \$1982-83\$\$ \$1983-84\$\$ \$1984-85\$\$ \$1985-86\$\$ \$1986-87\$\$ \$1987-88\$\$ \$1988-89\$\$ \$1989-90\$\$	G T Briggs G T Briggs G T Briggs G T Briggs AM	Mrs M Ebzery OAM A Rider	N J Ruddock	N J Ruddock

# Life Members

R K Hood 1989



THIS ASSOCIATION IS SUPPORTED BY
THE TASMANIAN GOVERNMENT
THROUGH ITS SPORTS
DEVELOPMENT PROGRAMME