

Founded 1902 Incorporated 1981

# THIRTIETH ANNUAL REPORT 2010

presented to the Annual General Meeting

Pontville

Saturday, 31 July 2010

### **BOARD OF MANAGEMENT 2009/2010**

PATRON: His Excellency,

The Governor of Tasmania

VICE PATRON: Mrs Phyllis Wise

PRESIDENT: Brian Roe

VICE PRESIDENT: Wayne Fletcher

FINANCE DIRECTOR: Stephen Foster

DIRECTOR: Martin MacFarlane

DIRECTOR/ATHLETE: Sam Morey

DIRECTOR/T&F COMMISSIONER: Brendan Hanigan

DIRECTOR/OOS COMMISSIONER: Aaron Humphrey

SOUTHERN REPRESENTATIVE: Rosemary Coleman

NORTHERN REPRESENTATIVE: Wim Vaessen

NORTH WEST REPRESENTATIVE: Phil Clayton

TAL REPRESENTATIVE: Ben Swain

EXECUTIVE COMMITTEE: Brian Roe, Stephen Foster, Wayne

Fletcher, Martin MacFarlane

PUBLIC OFFICER: Wayne Fletcher

AUDITORS: WHK Denison

### **HONORARY OFFICERS**

HON SOLICITOR: Piggot Wood and Baker

HON STATE TEAM GENERAL MANAGER: Rosemary Coleman

HON WEBSITE/COMPETITIONS OFFICER: Brendon Hill (to December 2009)

HON RECORDS OFFICER: Wayne Fletcher

HON STATISTICIANS: Mike Gunson, Kev Morse

### **COMMITTEES AND COMMISSIONS**

CHAIRMAN OF SELECTORS: Mike Gunson

TRACK & FIELD COMMISSION: Chair: Brendan Hanigan

OUT OF STADIUM COMMISSION: Chair: Aaron Humphrey

TECHNICAL AND OFFICIALS COMMISSION: Chair:

### **DELEGATES**

TASMANIAN OLYMPIC COUNCIL: Mary Bell

TASMANIAN COMMONWEALTH

GAMES ASSOCIATION:

ATHLETICS AUSTRALIA: Brian Roe

### **STAFF**

Administration Officer:

Development and Marketing Co-ordinator:

State Performance Manager:

Trainee Administration Officer:

Trainee Development Officer:

Fiona Plummer
Richard Welsh
Peter Fortune
Mark Smith
Simon Bennett

### LIFE MEMBERS

Noel Ruddock AM (1962), Robin Hood AM, Geoff Boon (1976), Patricia Hamilton (1982), Jo Cherry (2000), P Wayne Fletcher (2001), Gary Sayer (2003), Frank Nott (2004), Terry Mahoney (2004), Fay Denholm (2005), Brian Roe (2009)

†JA Edwards (1932), †Sir Norman Lewis KCMG (1932), †WH (Bill) Clemes (1935), †ML (Sonny) Round (1935), †Richard Darcey (1936), †FA (Fred) Rose (1947), †Norman G Hutton (1948), †ER (Reg) Tinning (1949), †CA (Froggy) Wise (1951), †EW (Bill) Barwick MBE (1968), †Graeme Briggs AM (1969), †Mavis Ebzery OAM (1970), †Doreen Frawley (1970), †Dorothy Claxton (1977), †Eric Goss (1977), †Myrtle Green (1977), †Pat Mickleborough (1977), †Mavis Goss (1982), †Maxwell Cherry OAM (2001)

### **AA LIFE GOVERNORS IN TASMANIA**

†Mavis M Ebzery OAM (1967), †Norman G Hutton (1968), Clive D Lee AM (1984), Noel J Ruddock AM (1989), †Graeme T Briggs AM (1990), Brian S Roe (2008)

### **AA LIFE MEMBERS IN TASMANIA**

Robin Hood AM (1990), P Wayne Fletcher (2006), Christopher Wilson (2006)

### **SPECIAL AWARD HOLDERS**

†Molley Clements, †Val Evans (1982), †Len Carter (1983), David Parkes (1984), Beryle Woolley (1991), Ray James, John Martin, Margaret Ruddock (1992), Bill Matthewson (1993), John Briggs, Peter Sharp (1994), Neil Sargison (1997), Judy Casey (2006)

### **MERIT AWARD HOLDERS**

SOUTH: Murray Bird, June Bowring, †Max Cherry OAM, †Lorne Copping, Peter Eustace, Wayne Fletcher, †Phyllis Gaffney, Roger Gillow, Bill Halley, Robin Hood AM, †Robert Holley-Hamilton, Neil Littlejohn, Alan McCreary, Ian Manning, †Colin Mickleborough BEM, Neil Mickleborough, Rex Morriss, †Michael O'Loughlin, Harold Rennie, Clive Roper, †Jack Smallhorn, Ted West, †Chris Williams, Barrie Wise, Phyllis Wise, (1978), John Caulfield (1979), †Leslie Spears (1980), †Graeme Cruise (1981), †Don Hickman (1982), Kent Rayner, †Anthony Risby (1983), Allan Bennett (1984), Bill Essex (1985), Gavan Wood (1986), Pat Hood (1987), Gordon Weigand (1988), Tony Bond (1989), Kimba Eyles, Ian Murray (1990), Jo Cherry, Margaret Fox, Bob Mazey, Kevin Prendergast, John Fox, Wayne Mason, Russell Foley (1991), †Alan Barker, Dean Giblin, Albert Johnson, Peter Keenan, Terry Mahoney, †Lyn Mazey, †Graeme Stoward (1992), Gary Sayer, Mike Stevenson, Chris Wilson (1994), Maureen McDonald, Peter McDonald (1996), Peter Lyden (1997), Ted Best, Gary Bissett (1998), Barbara Westcott, †Bill Westcott (1999), Jenny Lennon (2000), Rene Sluyters (2001), Helen Lee (2001), Brendon Hill (2006), Rosemary Coleman, Steve Lance, Jenny Stevenson (2007), Darren Alomes, Kevin Alomes, Jim Court, Jarrod Gibson, Roger Howlett, Lynne Lyden, George Norris, Aileen Slater, Cheryl Wilson OAM (2008), Jim Morgan, Peter Turnock, Shaun Wilson (2009)

NORTH: †Walter Bailey, †Beryl Bailey, †Geoffrey Chaplin, Don Cox, †Josephine Lutwyche, †Margaret Moore, Reginald Moore, Terry Nailer, Frank Nott, William Prosser, \*†Alan Smith, (1978), Brian Baxter (1980), Fay Denholm, David Howard, (1982), Anthony Walsh (1983), †Shirley Brasher (1984), †Albert Gilbertson (1985), Simon Phillips (1990), Sandra (Skeggs) Davison, †Bob Becker, Ralph Crack (1991), Dorothy Donald, †Des Hardstaff, †Margaret Hardstaff, Daphne Holland, †Peter MacMichael, Jeff Nankervis, Catherine Phillips, Onie Preece, Graham Tudor, Andrew Willis (1992), David Phillips (1993), John Cheney, Judith Phillips (1994), Elma Waldren, Les Nankervis, Helen Moir (Boon) (1996) Tony Donald (1997), David Brasher, Leoni Nankervis (1998), Nannette Symons (2000), Max O'Toole (2004), Charmaine Colbeck (2006), Peter Miller, Wayne Holt (2008)

**NORTH WEST:** †Mavis Goss, Herbert Smith, Ruth Squibb (1978), Malcolm Evans (1979), Stan Goss (1981), †Marie Shephard, Royce Fairbrother (1991), David Rogers, Mary Moore (1997), Craig Hicks (2005), Trent Nicholls (2005)

† Deceased

### PRESIDENT'S APPRECIATION AWARD

NORTH: Pam Swain (2000), Wim Vaessen (2007)

SOUTH: Gary Sayer (2000), Brendon Hill (2004), Rosemary Coleman (2006)

NORTH WEST: Graham Moore (2000), Mike Gunson (2009)

### **ACKNOWLEDGEMENTS**

Athletics Tasmania acknowledges the ongoing efforts and commitment made by its officials, coaches, volunteers and administrators. Our sport could not be successful without their contribution. Also we would like to acknowledge the efforts of our athletes and assure them that we will make every effort to give them the best support and competition that we can in the coming year.

We were fortunate to again have **IGA Supermarkets** as our Principal Commercial Partner whilst the **University of Tasmania** joined us as a most generous naming rights sponsor for the highly successful 2009 Australian All Schools and Youth Championships held in Hobart last December.

Special recognition must also go to our Government Partner the **Tasmanian Government** whose financial contribution to our organisation is most welcome through **Sport and Recreation Tasmania** and **Events Tasmania**. Our parent body **Athletics Australia** although supported us in a variety of ways – including the national insurance and state performance programs, and in the hosting once again of two national events during the report period.

The major sponsors of the Tasmanian Marathon, **Cadbury Schweppes**, along with **Tasmania Police and the Glenorchy City Council** helped us deliver yet another successful edition of this growing event, which continues to grow each year, whilst the **Hobart City Council** is acknowledged for its help and assistance with the Race to the Taste and the inaugural IAAF Race Walk Challenge. **Events Tasmania** provided us with support to enable the sport to successfully stage the Marathon and the Australian Combined Events and Road Walks Championships and the Briggs Athletics Classic. We thank all our sponsors and supporters for their generous assistance:

# IGA Supermarkets Sport and Recreation Tasmania University of Tasmania Cadbury - Events Tasmania

# Athletics Australia Macquarie Accounting

# Europcar Telstra Shop Glenorchy

### **Tasmanian Institute of Sport**

- AFL Tasmania
- Moorilla
- Hobart City Council
- Launceston City Council
- Brighton Council
- Central Coast Council
- Northern Midlands Council
- Gold Coast Airport Marathon
- Banjo's Campbell Town

- Boot Camp Tasmania
- Run for Your Life Magazine
- SKINS
- Karhu
- WIN Television
- The Running Edge
- Mercure Hobart
- NOVA Design
- GU Energy Gel

The media has continued to be most generous in the interest shown and coverage and interest given to our sport, our athletes and events. We thank the many individuals and organisations who have supported us in this regard over the period of this report.

### PRESIDENT'S AND BOARD REPORT 2009-10

The 2009-10 season provided high points on many fronts for Athletics Tasmania from Tristan's Thomas superb European season, to an outstanding hosting of the UTAS Australian All Schools and Youth Athletics Championships, to the opportunity to stage our first international circuit competition.

The staging of a range of significant events was the primary activity for Association staff, volunteers and officials during the report year. Whilst taxing, the benefits have been diverse, including the opportunity for all to acquire new and develop existing individual and corporate skill bases; the enhancement of the Tasmanian athletic family's growing reputation for delivering events of high quality; increased media awareness; promotion of the sport to potential members locally and increased revenue streams.

It is not possible, or wise, for an organisation which relies heavily on such a talented and hard-working volunteer base, to undertake an events program such as this every year. AT is only too aware of the significance of this contribution. The Board will continue to ensure that opportunities to stage events are carefully considered and only taken on board when they can provide both reward through satisfaction to the volunteers and an appropriate financial return to the sport.

The All Schools and Youth was by every measure an outstanding success – due to a massive effort on behalf of so many but particularly Helen Lee, Gary Sayer, Craig Griggs and Richard Welsh. The accolades forthcoming from quarters far and wide were testament to the skill and dedication demonstrated in both planning and delivery.

This standard was maintained for the 2010 edition of the Briggs Athletics Classic, the Australian Combined Events Championships, and particularly the unique delivery of the IAAF Race Walk Challenge and Australian 20km Road Walks Championships on the Hobart foreshore. There is no doubt that Tasmanian athletics took best advantage of the chance to stage a leg of an IAAF Circuit.

The Association's major "domestic" events, the IGA Tasmanian All Schools Cross Country and the Cadbury Marathon Festival continued to grow during 2009-10, with most encouraging results, both in terms of the quality of the organisation and the return to the sport, both athletically and financially.

The year's financial successes, through surpluses on these events, has enabled the Association to expand its program delivery and inventory in the period since. A chip timing service was acquired for out of stadium competitions, which is used for enhancing our own events and servicing the recreational running market.

For the first time AT has also been able to take on two full-time trainees, Simon Bennett and Mark Smith, with the assistance of the Tasmanian Government's support programs. This not only provided us with the chance to train two of the sport's significant young contributors in a workplace environment but also to increase the services we can provide to members. We acknowledge the partnership support provided by AFL Tasmania to provide office space and services for us in Launceston.

The Board continues to develop our links with the Tasmanian Athletic League, Tasmanian Masters and the Tasmanian Branch of the ATFCA, each of which now has a much closer relationship with us as the governing body. Service delivery to the school community also continues to increase in many ways. Special attention will be paid in 2010-11 to working with the TAL to consolidate carnival running in Tasmania as it faces challenges on a number of fronts. The dual registration system with Tasmanian Little Athletics continued to work well, with increased numbers of athletes in the under 14 age group a notable feature of the year's participation figures.

We have continued to raise the issue of support for schools programs with the State Departments of Education and Sport and Recreation, but there remains no positive response to date. Sadly the reply is similar in relation to our requests for assistance towards our badly needed office re-development. On the other hand we can report increased activity through the Australian Sport Commission's *Active After School* program. However the Tasmanian Government through its Sport and Recreation and Events Tasmania grant programs, remains a most valued funding partner of, and advisor to, the Association.

Sponsorship levels reached an all-time high during 2009-10, with the ongoing involvement in our programs by many ongoing and new supporters, led by IGA Supermarkets, our Principal Commercial Partner and the one-off significant contribution by the University of Tasmania to the National All Schools and Youth. The Hobart City Council's support for this event and the IAAF Walk Challenge is also particularly acknowledged.

Coach and officials education courses were again successfully staged during the report period. Our appreciation is extended once again to the ATFCA (Tas Branch) and Darrel Harington, in particular, for their key role in delivering the coach education courses. Shaun Wilson (Officiating) and Rosemary Coleman (Walk Judge) were selected to successfully participate in the IAAF Level II Diploma Courses during the year

Our unique state performance program supported so substantially by AA and the TIS began to deliver on the field "big time" in 2009-10 with outstanding results at junior and youth level in national championships. Europear AT/TIS Development Squad members featured prominently on the national victory dais throughout the year. The honour roll on this report's inside back covert reads impressively.

The Board considers recognition of current and past service to the sport in Tasmania to be one of its most important responsibilities. To this end it commissioned a review of its awards system and the way in which recipients are recognised. This will be reflected through some special recognition of past contributors and the inclusion of "honour rolls" on the Association website. The review of Tasmanian records was also completed this year.

Tasmania was well represented on international athletic tracks in 2009-10 led by Donna MacFarlane who was selected for her second World Championships, Huw Peacock who was an impressive fifth in the hammer at the World Youth and Tristan Thomas who was World University Games champion in the 400m hurdles and a member of the bronze medal winning 4x400m relay team in Berlin at the Worlds.

The Board fulfilled its plan to reduce full board meetings during the latter half of the report period (1.4.09 to 31.3.10) – but still met on nine occasions. Nonetheless the Executive began to handle more routine matters through more regular meetings of that group.

There were some encouraging signs of increased activity on the north west coast but this region will remain a focus of the Association's development and promotional programs in 2010-11. The North West Club will be one of several asked by the Association to participate in the establishment of a club development plan during the next year.

Tasmanian athletics faces challenges in many respects, both ongoing and new. In particular, we must find ways to increase numbers coaching at all levels and in all disciplines, including in the traditional aspects of "pro running". The encouraging achievements made by our young stars must be nurtured but equally we must be cognisant of making our sport more attractive to, and rewarding for, club athletes and recreational participants. We continue to push our national body for more development programs and tools and innovative competition models that will be relevant in the Tasmanian environment.

As mentioned above, 2009-10 has been a good year financially for Athletics Tasmania but for the reasons stated some increased revenues will not be repeated. The Board and staff continue therefore to search for new income streams as well as monitoring expenditure, cash flow and the debtors' ledger.

We acknowledge the Tasmanian media for its continued willingness to provide a high level of exposure for our sport – without question the best in the country. As always recognition is made of the roles of the Central Coast, Hobart and Launceston Councils that continue to make provision for our track and field facilities, and of Macquarie Accounting our accounting support partner.

The Tasmanian athletics family lost one of its most treasured members, Shirley Brasher in 2009 – a champion masters athlete and an ever-willing official and volunteer. 1950 Commonwealth Games representative and ultra runner of distinction, Bill Emmerton passed away at 90, in the new report year.

On behalf of the Association I record our thanks and appreciation to fellow Board members and to our tireless staff, Fiona Plummer, Richard Welsh, Peter Fortune, more recently Simon Bennett and Mark Smith and State Team Manager, Rosemary Coleman. We record a special note of appreciation to retiring Website and Competitions Officer, Brendon Hill who has moved, hopefully only temporarily, to the mainland. To each and every athlete, volunteer, coach and official who was part of the Athletics Tasmania community in 2009-10 we say thank you and look forward to more of the same in the future, perhaps with a family member or friend along for the ride.

### Brian Roe PRESIDENT

### FINANCE DIRECTOR'S REPORT

### Year ended 31 March 2010

The fully audited accounts for the year ending 31 March 2010 are now provided for the perusal of members. I wish to advise that WHK Denison have continued to undertaken the audit for the organisation for this period.

Athletics Tasmania has completed the year showing an operating surplus. Total income for the year was over \$120,000 higher than 2008/9 with a record of over \$500,000 being recorded as income. The increased income primarily related to the additional income generated the holding of the National All Schools and Youth Championships in Tasmania in December 2009. Likewise, this attracted a considerable increase in sponsorship that is not likely to be replicated in the coming year.

It is pleasing to report that AT have increased the number of staff by taking on two trainees to increase the involvement of the sport in more activities within Tasmania. The rollout of the new timing gear is one example of this in action. The DAC function centre returned similar revenue to the previous year. As stated in last year's report "Athletics Tasmania cannot continue to operate out of the existing office accommodation for much longer" – the Board are currently working towards finalisation of plans to improve the facility at the Domain and news on this is likely in the coming months.

Athletics Tasmania was again successful in retaining a major local sponsor with IGA remaining on board and our financial position for the immediate future is still very sound.

Stephen Foster
FINANCE DIRECTOR

### 2010 CADBURY MARATHON REPORT

Plenty of positives came out of the 27<sup>th</sup> Cadbury Marathon, with many occurring before the first entry was taken. For the first time, the Australian Masters Association decided to hold a national half marathon title, with the Cadbury Half Marathon being the ideal event to host it. Steve Lance and Mike Walker ensured, the project went smoothly with athletes coming from around the country.

Once again a record number of participants was set, with over 700 taking part in the Cadbury Marathon, Cadbury Half Marathon, Running Edge 2.5km and Caramello 1.25km events. World Championship rep Mark Tucker was first in the half, clocking 65.35. It was a great solo run, leading all the way and blitzing the defending champion David Thomas, who took the state title in 69:09. Australian Masters athlete Sandra Prosenica was the women's winner, running 80:43.. The state title went to Hanny Allston.

Canberra's Scott McTaggart took charge of the 42.2km trek from the outset and did nothing but run away from his competition, crossing the line first out of close to 150 competitors with a winning time of 2.23.39. Both Tucker and McTaggart setting new course records, taking home prizemoney and the \$1000 time bonus for their efforts. Local former winner Jarrod Shaw took home the state marathon title with his fourth placing. The women's race went to Brisbane flight attendant Sharon Ryder, setting a new personal best of 3:01:24, whilst the first Tasmanian was Meghan Johnston who clocked 3:15:01.

The Running Edge 2.5km provided some quality racing, with some of Tasmania's top middle distance runners turning out for the two laps of Cadbury estate. Australian 3000m champion Mel Daniels won the women's race, blitzing the field in 8:10. Jess Morey and Natasha Fitzpatrick came in second and third respectively, to literally share in the chocolates. Nathan Morey was the men's winner, clocking 7:29, after a tactical affair with Dejen Gebreselasie, Dom Anastasio and Oscar Phillips.

Another record set this year was the number of sponsors. A big thank you to Cadbury, SKINS, Karhu, GU, The Running Edge, Gold Coast Airport Marathon, Hobart Mercure, Europear and Events Tasmania.

Richard Welsh Race Director



### **DEVELOPMENT AND MARKETING CO-ORDINATOR'S REPORT 2009-10**

Athletics has continued to develop throughout Tasmania in the past year, with many indicators on the increase. While picking a single highlight would be very tough, there are certainly a number of strong contenders. It would be difficult to go past Tristan Thomas winning the state's first ever World Championships medal as the top individual performance. It was the last event on the program at the championships in Berlin last year and I was fortunate enough to witness it live, as Tristan played his role in Australia's bronze medal in the 4 x 400m relay. It capped a stellar year for the Sandy Bay athlete, who also won the World University Games 400m hurdles title and more recently booked his ticket for his second Commonwealth Games team.

When we found out that we were hosting the Australian All Schools and Youth Championships in December, we were determined to make the most of the opportunity. This was a great chance for Tasmanian athletics to showcase our event management and officiating skills to the country, make some money, gain some strong media exposure and most importantly, for our athletes to make the most of a home national titles. Our sport should be proud with how we conducted the 2009 UTAS Australian All Schools and Youth Athletics Championships. Comments from interstate visitors were all favourable, with our venue coming up a treat, top officiating, great hospitality and our athletes having some major successes. Thanks must go to our hard working LOC, chaired by Gary Sayer and Helen Lee, plus the University of Tasmania for their major sponsorship.

The success of these championships enabled Athletics Tasmania to employ Mark Smith as an Administration Trainee in Launceston and Simon Bennett as a Development Trainee in Hobart. We have been fortunate enough to work closely with both fine young men and the sport with benefit without a doubt due to their skills and passion towards various aspects of athletics. We also began working closely with Blair Brownless at ASC sponsored Active After School Communities program. Through this program, Dom Anastasio, Gareth Jubb, Pat Smith and Simon Bennett have been delivering the basic skills of athletics to students throughout the state. This has been a great partnership and athletics is bound to benefit in years to come.

Registrations once again increased, both in track and field and cross country. While some disciplines like walks, hammer and distance running are really thriving, others such as sprinting, discus and pole vault are areas we need to work on and we will be working on those through clinics. The Cadbury Marathon once again continued to increase in size, quality performances and exposure this year. AT/TIS Development Squad camps were held twice through the year, with a distance camp in Coles Bay during the winter school holidays and a camp for all athletes in St Helens in January. The January camp was held in conjunction with the St Helen's Carnival, with many of our athletes competing in a TAL event for the first time.

Athletics Tasmania brought in the most amount of sponsorship we ever had in a financial year. IGA continued to be our Principal Partner and have agreed to further their contract for two more years. We also thank the Tasmanian Government and in particular Events Tasmania. UTAS were a major contributor, as were Cadbury, Hobart City Council, Europear, SKINS, Athletics Australia, Macquarie Accounting, Karhu, Moorilla and AFL Tasmania. We were also fortunate to have many more sponsors at other levels, often associated with events. These include Boot Camp Tasmania, Run For Your Life magazine, Banjo's, Gold Coast Airport Marathon, The Runnng Edge, Europear, The Advocate, GU, Nova, Tasmanian Institute of Sport, Mercure and Win TV.

With the Commonwealth Games coming up in October, the Briggs Athletics Classic was a key fixture on the Australian Athletics Tour for our athletes to qualify for Delhi. In a great night of track and field action, four A qualifiers were set by Collis Birmingham, Ryan Gregson, Dale Stevenson and Petrina Price, along with several B qualifiers. The next day Hobart hosted the first IAAF Race Walking Challenge event ever staged in the southern hemisphere. With the generous backing of Athletics Australia and the Hobart City Council, the event was a raging success. Conducted on the Hobart waterfront, the event attracted a world class field, with Jared Tallent clocking the second fastest time ever seen in Australia. The event was featured on the IAAF Athletix television show which was aired on ONE HD around Australia and throughout the world.

Richard Welsh
DEVELOPMENT AND MARKETING CO-ORDINATOR

### ATHLETICS SOUTH REPORT 2009/2010

It was very pleasing to note that the Winter Season participation numbers continue to increase strongly. The track season was far from ideal, with a major interruption to weekly interclub by track maintenance in January. A resulting change was that we held a scheduled interclub at St Leonards. Start to the season was disjointed, by our hosting of the National All Schools.

Another hectic year for officials and board members. Officials were tested early into the summer season, as they came to grips with the new entry system. Several athletes competed on the international stage, whilst a good number competed with distinction at national level.

Another highlight was the Tasmanian Male Athlete of the Year being awarded to Sandy Bay's Tristan Thomas. This statewide recognition assists promotion of our sport. On a local level, we need to further our promotion to maximise on the upcoming Commonwealth Games (2010) and the Olympic Games (London 2012).

- Congratulations to: athletes that obtained one or more personal best performance;
  - athletes selected in State / National teams:
  - coaches who continue to encourage, develop and motivate athletes to reach
  - officials and helpers who ensure that weekly interclub is run smoothly, and who excel at their tasks both at interclub and at AT / AA events.

Special thanks to our ever efficient Executive Director, Helen Lee, who continues to 'drive' Athletics in Southern Tasmania. Your Board Members have worked tirelessly to provide athletes with every opportunity, using the best equipment available. Additional helpers and officials are always welcome, and more volunteers are required for next season.

To all sponsors, we thank you. To our major sponsor, Bennett's Petroleum, thank you for your ongoing support for athletes in Southern Tasmania. Thank you also to Sportsco who also continue their much appreciated support, along with Hobart City Council. Without our valued sponsors, our athletes would not have the opportunity to compete weekly with quality equipment.

**Steve Wass PRESIDENT** 



### **NORTHERN BRANCH (NBAAT) REPORT** 2009/2010

I must take this opportunity to express my sincere appreciation to all the officials administrators and volunteers who ensure the success of our competitions in Launceston. In particular, Charmaine Colbeck has been a major contributor for over twenty years. She has been the field referee in the north for a large part of that time. She ensured that there are officials to correctly run all the field sites at our competitions in Launceston and recruited helpers from the stands as needed. Charmaine has officiated at the 2000 Olympics in Sydney and the 2006 Commonwealth Games in Melbourne. She has officiated at numerous Australian Championships and other major meets up to the position of Referee. Charmaine has also been the President of the Northern Branch for two years as well as being a highly active member of the NBAAT committee for well over a decade. Her input and assistance to me and athletics in the north have been greatly appreciated and her expertise will be sorely missed.

Margaret Vaessen is stepping back from the position of secretary and we thank her for her work in that position over the last few years. She has worked in the entry room on the field sites and helped with organising events and functions and her efforts are always in the best interests of the sport and of great value. Judy Casey is also taking a step away from the sport and looking forward to the role of grandmother rather than canteen supervisor. Judy has done a sterling job in her role and through the canteen has helped to put thousands of dollars into the finances of the NBAAT. She also organises the trophies for our annual trophy night. Others worthy of a special mention include Wim Vaessen our Technical Officer, representative on the Athletics Tasmania Board and a gentleman who puts a huge amount of time and effort into the sport. Michelle and Tim Heron who have for a number of years been the main stay of the photo finish area as well as other officiating and administration work for the Branch. Thanks also to Mark Smith, Jill James and Kay Knee for their input over the past years.

The Northern Branch has been successful this year in obtaining two government grants. Early in the year we were advised that we had been awarded a Federal Government grant for a recreation area for officials and volunteers of \$4500. Kay Knee, Charmaine Colbeck, Wim Vaessen and myself organised the application. This will result in a covered area to facilitate having our barbecue set up and used for social events. Since the end of the season we have been advised that we have been successful in obtaining a State Government grant of \$28360 towards the purchase of a new pole vault landing pit and security and protective cover. This will alleviate a major safety issue with the current inadequate and worn facility. Wim Vaessen assisted me with submission of this grant application. This will be in place for the start of next season.

It is very encouraging that a number of our senior athletes are starting to perform well on the national stage as well as having a number of younger athletes who have done very well at the underage national championships. Danielle Taylor ran fifth at the Grand Prix in Canberra finishing with a fast time of 54.19 Whilst Todd Hodgetts finished fifth also at the senior National Championships in Perth with a put of 16.07m. Josh Harris in his last year as an under 20 ran 8.25.75 to finish seventh in the De Castella 3000m at the Zatopek meet in Melbourne. Suzy Cole won oold in the 2000m tteeple at the World Master in Finland as well getting silver in the 800m and 1500m. Jacob Birtwhistle had a great year winning the U15 2000m steeple and 3000m at the 2009 All Schools and Youth Nationals in Hobart and then winning the same events in the under 16 age group at the 2010 Age Championships in Sydney. Natalea Smith also picked up a silver medal in the All schools in the 2000m Steeple. Congratulations to Oscar Phillips for his bronze medal in mountain running & for his selection in the Australian Mountain Running team that competed in Italy. Well done to those athletes and all the other athletes who have performed so well during the year.

I was particularly pleased that our northern athletes took the new no false start rule head on and we used that rule immediately for all local competitions from the 1 January 2010. Well done athletes the new rule has been implemented without a ripple.

A final note to remember the loss of an outstanding member of the northern athletic fraternity, Mrs Shirley Brasher who was a great masters athlete and a wonderful worker for athletics.

# Andrew Willis PRESIDENT



# NORTH WEST ATHLETIC CLUB REPORT 2009/2010

The past season has been a successful one for the club; we have seen an increase in membership and also in participation rates at our interclub meets. It is also pleasing to note the large amount of volunteers we now have helping to run sites and to help out when required, a big thank you to all concerned. Another positive for the year has seen the cross country series revived after a break of around 20 years thanks to the work of Mike Gunson and Phil Clayton.

Maryanne has done a great job in the canteen with a large and varied menu on offer at every meet, a huge thanks to her and all that helped in there throughout the season.

While we had athletes perform exceptionally well at all levels of competition, special mention must go to Kale Adams, Jillian Lyall and Ashleigh Corbett for representing Tasmania at the Australian Age and All Schools Championships.

Winners of our club awards for the season were; Club Champions: Samantha Koch and Joshua Fist

Track Champions: Abbey Chapman, Ashleigh Corbett and Kale Adams

Field Champions: Victoria Lynd and Andrew Diecker

Sportmanship Award: Andrew Diecker, Clubman Award: Tania and Tim Fist.

This year saw Kathy Nicholls receive life membership of the club, Kathy has been an inspiration to many around the club and held the positions of gate keeper, secretary and treasurer for several years as well as being the timekeeper and video operator at interclub.

Lastly I would like to acknowledge club patron Gerald Oldaker for his ongoing support of Gala Day and Club Sponsor Simplot Australia.

Leigh Monson PRESIDENT







# STATE PERFORMANCE REPORT 2009/2010

The 2009/10 Program year saw a total of seven athletes included in the TIS Track and Field program. Tristan Thomas, Donna MacFarlane, Hamish Peacock, Daniel Coleman, Huw Peacock, were joined during the year by two younger athletes with national leading age performances - Danni McConnell and Kaitlin Morgan (15).

Performance highlights included Tristan Thomas and Donna MacFarlane's selection and competing in the 2009 World Championships in Berlin where Tristan was a member of the bronze medal winning 4 x 400m relay team. Tristan also won gold at the World University Championships in the 400m hurdles. In March, he was named Tasmanian and TIS Male Athlete of the Year which was a great recognition for his efforts during 2009. Tristan's last domestic season has been marred by an injury to his achilles tendon but he has been nominated to the Commonwealth Games team. Donna is not pursuing any international competition goals at the moment but is still training and may return to the national stage next season. Daniel Coleman's season was badly affected by a persistent hip injury which is now resolved and we hope that he can extend his excellent junior performances into seniors.

Hamish Peacock narrowly missed selection for this year's Commonwealth Games after some injury and illness issues. Huw Peacock although the best young hammer thrower in Australia narrowly missed selection for the 2009 World Junior Championships. Danni McConnell's highlight was her Australian under 16 record in the hammer throw, adding to many medals at national junior events. Kaitlin won gold medals in high and triple jumps in the National All Schools/Youth and National Age Championships. All four are members of National Age Squads and all are number 1 ranked in their events in Australia for their age.

The program is undergoing some changes in line with developments in Athletics Australia's High Performance program. We now have two tiers of scholarship reflecting high performance senior and emerging talent athletes. AA is currently developing the plan for track and field towards 2012 and beyond in partnership with all State Institutes and especially in our case with the National Relay Development Program.

The TIS Track and Field program continues to have a productive relationship with Athletics Tasmania especially with our support of the AT/TIS Development Squad which this year has moved towards a more elite focus with new standards. The TIS also supports AT in team selection and coaching for state teams to events such as the National Age and Cross Country Championships. We also have close ties with the Tasmanian Branch of the Australian Track and Field Coaches Association through the regular event clinics which are coordinated by the TIS with the valuable support of the ATFCA. A number of clinics were held in 2009/10 across many event groups. A special initiative was the inaugural Hammerfest Hammer Throwing Camp to which a number of Australia's best hammer throwers visited Launceston for four days of competition and technical analysis. A continuing matter of some concern, however, is the difficulties associated with the regional nature of track and field delivery in Tasmania, and the lack of coaches in several event disciplines.

The two major underpinning events nationally were the last to be held National All Schools/Youth Championships (to be replaced by a new teams event) which Tasmania hosted in Hobart last December, and the new National Age Championships which were held in Sydney in March this year. Both events were very successful both organisationally (especially Hobart), and athletically for Tasmania with a number of excellent performances by Tasmanian athletes.

Coach Evan Peacock was awarded Athletics Australia's Junior Coach of the Year during the National Titles in Perth in April largely for his excellent work with his group of throwers and is developing an increasing national profile.

Peter Fortune
STATE PERFORMANCE CO-ORDINATOR

# REGISTRATION REPORT 2009/2010

**Registrations – Comparison by Years** 

Region	2002/03	2003/04	2004/05	2005/06	2006/07	2007/08	2008/09	2009/10
North	195	175	178	186	152	190	201	207
North West	83	78	79	74	53	55	103	85
South	383	379	394	309	338	444	471	570
Life Members	(9)	(9)	(11)	12	12	12	11*	11*
TOTAL	652	623	640	581	555	701	786	873

# Registrations – By Clubs, Gender and Age Groups in 2009/10 MEN

Club	U14	U16	U18	U20	Open	Officials	Total
NWAC	8	2	5	3	7	5	30
NHC	6	5	3	1	7	3	25
NLAC	4	3	8	3	7	6*	31
RIV	0	2	2	2	4	2*	12
TAM	2	1	0	1	0	4	8
WS	10	8	2	0	2	8	30
ES	25	14	12	6	37	20	114
NS	10	8	8	8	38*	2	74
OVA	5	7	5	2	9	3	31
SB	4	5	3	5	54	4	75
TMA	0	0	0	0	34	1	35
HAC	0	1	1	0	1	0	3
IND/TAL	0	0	4	0	19	9	32
LIFE M	0	0	0	0	0	5****	5
TOTAL	74	56	53	31	219	72	505

### WOMEN

VVOIVILIV							
Club	U14	U16	U18	U20	Open	Officials	Total
NWAC	4	7	9	2	7	5	34
NHC	8	0	2	0	6	3	19
NLAC	8	10	7	1	3	5*	34
RIV	0	0	0	0	1	0	1
TAM	2	3	3	1	0	5	14
WS	10	5	0	1	2	7	25
ES	22	16	4	4	15	9	70
NS	9	6	4	2	41	0	62
OVA	8	10	2	0	1	6	27
SB	15	6	3	4	23	5*	56
TMA	0	0	0	0	14	0	14
HAC	0	0	0	0	2	0	2
IND/TAL	0	0	0	0	4	5	9
LIFE M	0	0	0	0	0	1*	1
TOTAL	86	63	34	15	119	51	368

# TRACK AND FIELD REPORT 2009/2010

2009-2010 was a huge year for Tasmanian Track and field athletics. The 2009 Berlin World Athletics Championships saw Donna MacFarlane represent her country for the second time at world championship level, with Donna finishing 12th in her heat of the 3000 m steeple in a season's best time of 9.52:46.

Tristan Thomas had an outstanding season, with a new state record of 48.68 for the 400m hurdles run in Osaka, Japan in May. Thomas continued his form winning gold at the World University Games and completing his outstanding international campaign in Berlin at the World Championships, with runs of 49.53 in his heat of the 400m hurdles, and 49.76 to place seventh in his semi final. Being far from satisfied with that, Thomas returned to run the third leg of the 4 x 400m relay final, being an integral part of the team which ended up finishing with the bronze medal. Thomas thus returned home with Tasmania's first ever medal at world senior world championship level. Huw Peacock also represented his country with distinction in the hammer at the World Youth Championships in Italy with a personal best throw of 70.66m placing him 5<sup>th</sup> in the final.

The track and field season in Tasmania began with a plethora of school events, locally, the Schools Knockout events were again a great success and the honours were shared between both northern and southern schools in gaining selection to move on to the National Final. Deloraine student Samuel Alderson took out second place in the multi event at the School Sport Australia 12 Years and Under Championships in Sydney.

During December, Hobart played host with distinction to the UTAS Australian All Schools/Youth Track and Field Championships. The home ground advantage saw Tasmania take home a swag of medals, with Jacob Birtwhistle (2000m steeple, 3000m) and Kaitlin Morgan (high jump and triple jump) both picking up multiple gold medals.

Danni McConnell threw 52.92m to post a new national record in winning the girl's under 16 hammer event whilst in the girl's under 15 hammer event Mikayla Genge set a new meet record with a winning throw of 47.19m. Other winners included Max Waldon in the under 16 boys 400m, with a swift clocking of 49.07seconds. World youth representative and local favourite Huw Peacock took out the under 18 boys hammer throw with a best distance of 71.38m. Also on the track, Jillian Lyall took out the under 17 2000m steeplechase title.

The Briggs Athletics Classic was again an outstanding event held in near perfect conditions. As has become the standard, the middle distance running was of great depth and saw some exceptional performances, with Ryan Gregson the highlight, running 3:37.35 for a new Tasmanian 1500m allcomers record. Collis Birmingham also reset the Tasmanian 5000m allcomers mark, which he initially set at the 2009 edition of the same event. Petrina Price cleared 1.90m to win the women's high jump and set one of many Commonwealth Games qualifiers that she would do over the season.

The Tasmanian club championships were held in Penguin and saw North Launceston snatch the women's title from OVA whilst Eastern Suburbs won the men's in front of Sandy Bay. In the combined under 17 event, Northern Suburbs narrowly defeated North West.

An outstanding Tasmanian team enjoyed one of its most successful national championships ever, at the inaugural Australian Junior Athletics Championships in Sydney in March. Tasmania won a total of 22 medals over the four days of competition, with the National champions being; Kaitlin Morgan (OVA - under 16 high jump and under 16 triple jump), Jake Birtwhistle (Riverside - under 16 2000m steeplechase and 3000m), Kale Adams (North West – under 15 2000m steeplechase), Sophie Eberhardt (OVA – 3000m race walk), Rebecca Direen (Eastern Suburbs – under 17 hammer) Huw Peacock (Eastern Suburbs – under 20 hammer), Danni McConnell (Eastern Suburbs – under 18 hammer), Mikayla Genge (OVA – under 16 hammer).

The IGA Tasmania Track & Field Championships were held over two weekends, the first in Launceston, then culminating in Hobart a week later. This format allowed athletes to enter a greater number of events and resulted in excellent standards of performance across many age groups. Tom Beard and Danielle Taylor were named athletes of the meet for outstanding individual performances. OVA won the women's Kohl shield for the first ever time and Eastern Suburbs the Blake Shield for the most successful men's club at the Tasmanian Championships.

The season also saw Sandy Bay athlete Ryan Foster break Ralph Doubell's 41 year old National 800 m indoor record with a time of 1.47:48 whilst competing for Penn State University. Foster also set a new Australian 1000m indoor record of 2:19.60. Danni McConnell had a season to remember setting more than 40 state records in the women's hammer, across a number of age groups. She ended up bettering her own state open women's record no less than six times, ending the year with a best of 54.80m. Her training partner Hamish Peacock also bettered his own Tasmanian open men's javelin record, with a new mark of 74.54m, just 46cm shy of a Commonwealth Games B qualifier.

### Brendan Hanigan

TRACK AND FIELD COMMISSIONER





# ATHLETES' COMMISSIONER'S REPORT 2009/2010

The 2009/10 season picked up where the last season ended. Exciting competitions, state records, bright spikes and renewed club rivalries were the order of 2009/10. Amongst all this action were the familiar weekly competitions and events that the athletes have become accustomed to. There were many highlights, but there were some that stood out from the rest.

The beginning of the track season signalled the annual "Schoolies Period", where school age athletes were offered a smorgasbord of action. In the athlete's mind the UTAS Australian All Schools and Youth Championships, staged in Hobart, were a buzz to be a part of; whether they were competing or not. On behalf of the athletes I would like to thank the Local Organising Committee for the high quality show that was staged at the domain. Even though the curtain may have fallen on the school season there was still plenty on offer as the mature age athletes commenced their season. Whether it was in the north west, north, or south interclub was always on offer and there was never a shortage of competitions for athletes to attend. There was even an Athletics South Interclub staged at St.Leonards!

For the second year, the Tasmanian Club and 3000m Championships, was another entertaining and exciting event. The 3000m, in particular, produced large and competitive fields once again. At the conclusion of this race another well contested Club Championships was conducted, where the athletes revelled in a team based competition. Once again the North West Club made athletes from the north and south of the state feel very welcome.

The annual St.Helens Camp, in January, was an opportunity for the state's best young athletes to come together to train and equally importantly socialise. I have always enjoyed attending and assisting at these camps, as it is a great way to hear the thoughts and opinions of the younger athletes. It was also fantastic to see some fresh new faces attending a camp for the first time.

This season saw the re-staging of the two weekend State Championships that were held in both ends of the state. The competition in the field and on the track provided some hope that maybe athletics in Tasmania can return to its former "Glory Days". The amount of quality performances produced by young talented athletes was exciting to witness. An even more pleasing aspect was that these athletes approached me offering their support and assistance. This generous gesture shows that these athletes care about the future of the sport in the state.

I have decided to stand down as the Athlete's Representative for personal reasons. It has been a fulfilling period for me and I have enjoyed every moment. I hope that I have represented the athletes to the best of my ability and assisted them to the best of my capacity. Whether it has been acting as a

State team coach, manager, or camp volunteer, I have loved the opportunity to work with a variety of different athletes. I wish the next representative the best of luck and I hope they enjoy the experience. I would like to thank everyone who supported me during my term on the board; it was great to share this experience with you. Good luck to those preparing for the upcoming 2010/2011 season.

### **Sam Morey**

ATHLETES' COMMISSIONER

### OUT OF STADIUM 2009/2010

The season for out of stadium competitions for 2009/10 was not a very successful one in terms of numbers. Numbers in the Mosey around the Mersey the state 10km road championships were also very average. However, numbers in the short course championships was a success, thanks to combining it with the Athletics South event, and the Marathon and Half Marathon championships were a success.

The state mountain running championships were also held in conjunction with Endorfun and the event had positive numbers and a good vibe around the event.

In regards to the schools events, it was great to see massive numbers in both the primary and the secondary championships. The children ran hard in tough conditions and many came back covered in mud and a smile. The event was also very easy to set up and a big thank you must go to the Northern branch for making these events a success.

The race walking calendar went well and for the first time ever, the Commonwealth Games selection trial and the first time an IAAF Race walking challenge event has been held in the southern hemisphere.

### **Aaron Humphrey**

**OUT OF STADIUM COMMISSIONER** 

**Bootcamp Tasmanian Short Course Cross Country Championships – Hobart 25/04/09** 

Results not available

### Banjo's Tasmanian Road Running Championships - Campbell Town 14/06/09

### **MEN**

Under 12 3km: 1 Jimmy Lyall NW 11:20; 2 Bryce Roberts NS 13:42; 3 Alexander Pace NS 17:39

**Under 14 4km:** 1 Kale Adams NW 14:22

**Under 16 4km:** 1 Jacob Birtwhistle RIV 13:50; 2 Scott Bowden NS 14:01; 3 Jonty Roberts NS 14:11 **Under 18 6km:** 1 Phillip McConnon NS 19:46; 2 Dylan Evans RIV 20:19; 3 Tom Goddard NHC 21:44

Under 20 8km: 1 Josh Harris TAM 25:17; 2 Nathan Morey OVA 27:05

Under 23 10km - Not contested

Open 10km: 1 Grant Page NS 31:55; 2 Richard Welsh NS 32:51; 3 Brian Lyons NW 32:51

Over 40 10km:

Over 50 6km: 1 Gerard Cronly TMA 23:01; 2 Chris Gates SB 24:07, Robert Gunn NHC 26:31

### WOMEN

Under 12 3km: 1 Gemma Smith SB 12:45; 2 Fiona Smith SB 13:06

Under 14 4km: 1 Lisa McConnon NS 16:18; 2 Inessa Corney ES 17:33; 3 Jasmine Davis SB 19:56

Under 16 4km: 1 Natalea Smith TAM 15:01; 2 Natasha Fitzpatrick NS 15:27; 3 Grace Rowe-Smith SB 15:57

Under 18 6km 1 Jillian Lyall NW 24:36; 2 Allie Britton SB 25:11; 3 Alexandra Guy RIV 25:23

Under 20 8km - 1 Freya Wilson TAM 40.48; 2 Cara Tilyard SB 42.34; 3 Anthea Bennett SB 44.30;

**Under 23 10km:** 

Open 10km: 1 Melanie Daniels NS 35:54; 2 Angela Grimmond ES 37:45; 3 Francesca Smith SB 40:38

Over 35 10km:

Over 45 4km: 1 Vicky Gunn NHC 15:45; 2 Sharon Coad ES 16:34; 3 Adele Lucas NS 18:49

### Tasmanian Road Walk Championships - Claremont 27/06/09

**MEN** 

Open 10km 1 Laurie Marsh TMA 1:01.25

Over 40 5km 1 Eugene Gerlach TMA 33:48; 2 David Moore TMA 33:54; 3 Wayne Fletcher NS 38:59

**WOMEN** 

Open 10km 1 Elizabeth Leitch TMA 1:03.17 Over 40 5km 1 Francis Malcomson TMA 39:12

### Tasmanian Road Walk Championships - Claremont 26/07/09

### **MEN**

**Open 20km: 1** Daniel Coleman OVA 1:31.53 **Under 14 3km:** 1 Louis Rose OVA NTT

Under 12 2km: 1 Bryce Roberts NS 13:45; 2 Jack Wright OVA NTT

### **WOMEN**

Under 12 2km: 1 Jenna Smith 11:06 SB; 2 Tahlia Hunt OVA 11:34; 3 Fiona Smith SB 13:58

Under 14 3km: 1 Sophie Eberhardt OVA 17:06; 2 Emma Walker WS 18:47; 3 Rachelle Taylor WS 18:53

Open 10km: 1 Stephanie Stigwood SA 57.55

### Tasmanian Cross Country Championships - Pontville 25/07/09

### **MEN**

Under 12 2km: 1 Jimmy Lyall NW 8:17; 2 Getasew Ferguson Ind 8:36; 3 Nathaniel Mommers ES 9:29 Under 14 3km: 1 Harry Bourchier NS 11:01; 2 Kale Adams NW 11:12; 3 Hugh Nicklason ES 11:24 Under 16 4km: 1 Jordan Tyler WS 15:14; 2 Jacob Birtwhistle RIV 15:33; 3 Louis Coad ES 16:51 Under 18 6km: 1 Phillip McConnon NS 21:13; 2 Dylan Evans RIV 21:37; 3 Matthew Guy Ind 22:12 Under 20 8km: 1 Josh Harris TAM 27:38; 2 Nathan Morey OVA 29:20; 3 Oscar Phillips NHC 29:34 Under 23 12km: 1 Lachlan Carter NL 41:58; 2 Peter Kleywegt ES 1 44:22; 3 Samuel Morey OVA 45:36 Over 40 12km: 1 Michael Anderson NS 45:03; 2 Aubrey Henricks WS 45:14; 3 Terry Moore SB 45:51 Over 50 6km: 1 Gerard Cronly TMA 24:40; 2 Chris Gates SB 25:18; 3 David Cundy TMA 25:27

Open 12km: 1 Grant Page NS 39:46; 2 Brad Dyson ES 40:03; 3 Brian Lyons NW 41:02

### **WOMEN**

**Under 12 2km:** 1 Jemma Smith SB 9:06; 2 Fiona Smith SB 9:18; 3 Catherine Krueger ES 9:21 **Under 14 3km:** 1 Zoe Moss SB 11:58; 2 Tessa Johns ES 12:07; 3 Claudia Nicklason ES 12:07

Under 16 4km: 1 Natasha Fitzpatrick NS 16:58; 2 Sarah Browning OVA 18:30; 3 Samantha Koch NW 18:33

Under 18 4km: 1 Jillian Lyall NW 17:20; 2 Alexandra Guy RIV 18:09; 3 Zoe Palmer NS 18:27 Under 20 6km: 1 Freya Wilson TAM 26:33; 2 Prarie Nischler ES NT; 3 Kiara Chambers ES 30:32

Under 23 8km: Not contested

**Open 8km:** 1 Angela Grimmond ES 32:07; 2 Andrea Marquardt SB 33:40; 3 Olivia Gillie SB 34:34 **Over 35 8km:** 1 Francesca Smith SB 35:19; 2 Fiona Lennon ES 36:22; 3 Christine Moore SB 37:21 **Over 45 4km:** 1 Vicky Gunn NHC 18:14; 2 Sharon Coad ES 19:20; 3 Adele Lucas NS 21:37

### Tasmanian 5km Road Running Championships - Devonport 20/09/09

### **MEN**

Open 5km: 1 Josh Harris TAM 15:25; 2 Doug Hamerlok NW 15:35; 3 Aaron Humphrey 15:40

### WOMEN

Open 5km: 1 Angela Grimmond ES; 2 Lyn Saint John NW 3 Natasha Fitzpatrick NW

Other Results not available

### Tasmanian Mountain Running Championships - Mt Wellington

Results not available

### Cadbury Tasmanian Marathon and Half Marathon Championships – Claremont 10/01/10

### **MEN**

Half Marathon: 1 David Thomas 1:09.09; 2 Andrew Allison 1:15.06; 3 Mark Jacksont 1:15.11

Marathon - 1 Jarrod Shaw 2:36.39; 2 Daniel Smee 2:37.53; 3 Kedir Ahmed 2:44.41

### **WOMEN**

**Half Marathon -** 1 Hanny Allston 1:25.05; 2 Jenny Gillard 1:28.22; 3 Chloe Ransom 1:28.54 **Marathon -** 1 Meghan Johnston 3:15.01; 2 Jacqui Guy 3:18.34; 3 Jennifer Britton 3:23.45

# RACE WALKING REPORT 2009/2010

The 2009 winter season continued to be a re-building phase, resulting in an increase of members with more numbers now appearing state-wide. We have a couple of athletes who are travelling nearly every weekend just to compete with our southern walkers. We have been more successful with interest from the north and north west of the state, although it is still difficult to canvass due to the inadequacies of not having any coaches in those areas, although we are still mentoring some walkers within the north via correspondence.

Since our last report, the walkers in our Race Walking Club have been busy, in trying to achieve the best possible outcome. Daniel Coleman has continued to have an injury riddled year, which has been both frustrating and disappointing. However Daniel won the 10km Hong Kong International at the beginning of the season in trying conditions. Hel then made the trip over to Hobart to contest the State 20km road race in atrocious conditions at the Derwent Entertainment Centre. Along with several juniors and Stephanie Stigwood from South Australia, the walkers endured 75km/hour winds, rain and sleet, along the foreshores of the DEC. As one can imagine times were rather difficult to attain and the technique of the walkers was quite satisfying despite the trying conditions.

Our masters' athletes once again have been exceptionally busy, and our numbers at the winter walks have been promising with some15 walkers taking the plunge. Our younger athletes are continuing their climb up the competition ladder with some excellent performances achieved. Sophie Eberhardt, Tahlia Hunt, Louis Rose and Jack Wright, Jemma and Sarah Guy travelled to Canberra last year where they competed in the Australian Federation Race Walk Championships along Lake Burley. A record number of 297 walkers entered a total of 397 events, making this the biggest race walking event that has ever been held by Race Walking Australia. The carnival was held in cold, wet and blustery conditions, but with many successes for Tasmania. Daniel Coleman won the 16 mile open event and David Moore also contested in this event in a personal best time. Sophie, Louis and Jemma Smith were the best performed walkers with Jemma picking up the handicap first place.

During August the walkers travelled to Parramatta NSW for the combined Australian Road Walking Championships and the Australian Federation events. It was great to see two northern walkers in the Championships, and both the girls, Emma Walker and Rochelle Taylor performed well in their first walk at a higher distance. Once again all walkers did well with Tahlia Hunt and Jemma Smith performing exceptionally well, in their event, only to be told that they turned at the wrong point. The girls were given the opportunity to walk again, and duly did this, resulting in the same places being awarded. Jemma won the silver and Tahlia winning the bronze. After being disqualified in Canberra young Jack Wright set about doing his best, bringing home the gold in his event. Louis Rose once again won the handicap trophy for his age.

Personally, I was privileged to have been invited to attend an IAAF Level Two Oceania Judging course and examination, and am pleased to say that I passed. It was indeed a satisfying week, resulting in an IAAF L2 judging diploma. I must once again thank Wayne Fletcher, David Moore, and Owen Hunt and Lyne Cure for their tireless work and support in our club, without their support we would cease to function. Let us hope for a bigger and brighter future in the coming years.

### **Rosemary Coleman**

PRESIDENT - Race Walking Tasmania

# AT & FCA (TASMANIAN BRANCH) ANNUAL REPORT – 2009-2010

1. LIST OF OFFICERS: PRESIDENT: Kevin Alomes

VICE PRESIDENT: Evan Peacock
SECRETARY: Peter McDonald
TREASURER: Tamara Allender

COMMITTEE: Craig Griggs; Darrel Harington (Course Coordinator &

National Delegate); Damian Lawler; Peter Turnock; Jy

Webb

EX OFFICIO: Peter Fortune (State Performance Coordinator)

### 2. MEMBERSHIP:

Branch membership at December 31 2009 was 61 (54 at December 31 last year).

### 3. COACHING COURSES:

- Darrel Harington has continued his excellent work organising coaching courses around the state in conjunction with AT. He has also initiated the prospect of multicultural coaches with Athletics South support. AT/ATFCA nominated Darrel for a place on the AA Coaching Committee.
- By April 23 2009 eight coaches had completed the Sprints, Hurdles, Relays Level II Coaching Course commenced in 2008. Coaches doing the Throwing and Jumps event streams experienced some problems completing their Level II Courses, due to personal commitments.
- There were four participants in a Level II Coaching Course held in Hobart in July/August. 2 MD/W and 2 SHR.
- 10 participants completed a Level I Coaching Course held in Hobart in July/August.
- In Launceston there were 18 participants in a Level I Course in September.

### 4. MEETINGS:

- The Annual General Meeting was held at the Black Buffalo Hotel on March 13 2009.
- Branch Committee Meetings were held on January 29, February 26, April 23, June 25, August 27, September 24, October 29 and November 26. It was good to have Mike Gunson reporting on the North West area at the January meeting.
- The Branch has had a representative at most of the monthly meetings of Athletics South. The suggestion has been made that we have a representative at the Northern Branch meetings to report back to coaches.
- The Branch was unable to provide a delegate at the Association's Annual General Meeting.

### 5. COACH EDUCATION:

- Dan Lemoto attended a Course Presenters Workshop in Hobart on the weekend of April 4 & 5
  as part of the State Coaching & Officiating Centre roll out of presenter training. The attendance
  cost was shared by ATFCA National Office and AA per Mick Poulton.
- The Branch is grateful to Peter Fortune for arranging the visits of Richard Huggins and Roy Boyd to Hobart. Funding for these visits came from The TIS, Bennetts Petroleum and an AA grant. Richard visited the DAC to participate in a Middle Distance Forum and meet with local coaches on May 20 and 21 2009 and Roy Boyd returned to Hobart to conduct a forum and clinic on June 13 and 14 2009. Both events were very well attended.
- A series of Clinics were held in the state in the September School holidays. Visiting Coaches were Bohdan Babijczuk (Horizontal Jumps, Conditioning and Plyometrics) and Rosanna Ditton (Pole Vault). Local Coaches Evan and John Peacock John conducted agility, theory and practical and video analysis sessions on the throws in Hobart. There were 25 at Bohdan's St Leonard's Jumps Clinic and a similar number at his Hobart sessions. Rosanna had all her sessions in Hobart and a number of coaches and athletes came from Launceston to join the local contingent. A testing session across all groups was conducted in Hobart by sports scientist, Matthew Driller, from the TIS. AA Grants were provided funding for the clinics, which were arranged by Peter Fortune.
- A Relay Clinic was held in September with Peter Fortune and Damian Lawler as coordinators.
- Peter Fortune lead a 400m Forum at the Domain Athletics Centre on December 6 2009. This was well received by all in attendance.

### 6. GENERAL:

- A sub committee was formed in January to push for an indoor training centre at the Domain Athletic Centre.
- Evan Peacock was successfully nominated for Athletics Australia Junior Coach of the Year.
- Dan Lemoto attended Australian Sports Commission Presenter's Course
- The awards for the Year 2008-2009 were announced by the President of Athletics Tasmania, Brian Roe, at AT AGM on June 21 2009. The inaugural Max Cherry Memorial Coach of the Year was awarded to Mike Pace and the recipient of the Contribution to Coaching Award was Darrel Harington. Brendan Hanigan received the Emerging Coach Award.
- The Winter Throws Competition, organised by Evan Peacock, continued successfully this year, with the assistance of a dedicated group of officials and helpers.
- Coaches were requested to give attention to track etiquette and safety during the year.
- Good relations and good communication have been maintained with National Office and we again thank Glynis and Denise for their assistance.
- Communications to members have generally taken the form of emails forwarded on to the relative event groups with emails of general interest forwarded to the newsletter email list. Some mail-outs have been made to coaches not on the internet. Items have again been provided for the guarterly ATFCA NEWS.

On a personal note I would like to thank the ATFCA Committee for the past year. We have had a very exceptional and dedicated Committee. For his extremely hard work as Secretary over many years for the ATFCA, Tasmanian Branch, a very big thank you for your effort Peter McDonald. A very big thank you to Peter Fortune for his help in organising visiting and interstate coaches. This has helped Tasmanian coaches and athletes in the seasons past and its effect will continue into the future. Hopefully, with the cooperative help of the TIS and ATFCA Tasmanian Branch, this trend will continue. I would like to congratulate all the (ATFCA) Coaches for their dedication to coaching athletics and the success they and their athletes have achieved over the last season 2009/2010 in Tasmania. These achievements are a reward for good programming, coaching and good dedicated athletes.

## Kevin Alomes PRESIDENT

# TASMANIAN RECORDS 2009/2010

Records approved during the report year were as follows:

Туре	M/W	Event	Performance	Name	Club	Date	Location	
				PAST SEASONS				
U13	W	Javelin	30.17m	Rebecca Direen	ES	18/03/07	Domain	Т
				2009/2010				
Open	M	1000m	2.22.83	Ryan Foster	SB	12/12/09	Pennsylvania	Т
Open	M	1000m	2.19.60	Ryan Foster	SB	16/01/10	University Park	Т
Open	M	1500m	3.37.35	Ryan Gregson	NSW	12/02/10	Domain	Α
Open	M	5000m	13.24.62	Collis Birmingham	VIC	12/02/10	Domain	Α
Open	M	400m hurdles	48.68	Tristan Thomas	SB	09/05/09	Osaka	Т
Open	M	Javelin	74.54m	Hamish Peacock	ES	18/10/09	St Leonards	Т
Open	W	400m Hurdles	56.66	Lauren Boden	ACT	12/02/10	Domain	Α
Open	W	Hammer	50.55m	Danielle McConnell	ES	04/10/09	Domain	Т
Open	W	Hammer	51.45m	Danielle McConnell	ES	31/10/09	Domain	Т
Open	W	Hammer	51.65m	Danielle McConnell	ES	07/11/09	Domain	Т
Open	W	Hammer	51.76m	Danielle McConnell	ES	21/11/09	Domain	Т
Open	W	Hammer	52.92m	Danielle McConnell	ES	04/12/09	Domain	Т
Open	W	Hammer	54.80m	Danielle McConnell	ES	06/03/10	Domain	Т
Open	W	Javelin	55.60m	Laura Cornford	NSW	12/02/10	Domain	Α
U13	M	100m	11.95	Vandy Kanneh	SB	07/12/09	Domain	Т
U13	M	1500m	4.34.95	Biniyam Hagos	ES	14/11/09	Domain	Т
U13	M	1500m	4.38.47	Biniyam Hagos	ES	24/11/09	Domain	Т
U13	M	1500m	4.32.80	Biniyam Hagos	ES	21/02/10	Penguin	Т

U13	М	1500m	4.38.18	Biniyam Hagos	ES	31/11/09	Domain	Т
U13	М	200m	24.47	Vandy Kanneh	SB	30/01/10	Domain	Т
U13	М	800m	2.14.79	Biniyam Hagos	ES	01/11/09	Domain	Т
U13	М	800m	2.11.20	Biniyam Hagos	ES	23/01/10	St Leonards	Т
U13	М	High Jump	1.68m	Tim Coad	ES	7/11/09	Domain	Т
U13	М	High Jump	1.67m	Tim Coad	ES	24/11/09	Domain	Т
U13	W	1500m	5.04.51	Monica Patterson	ES	19/12/09	Domain	Т
U13	W	1500m	5.02.19	Tessa Johns	ES	27/03/10	Domain	Т
U13	W	1500m Walk	7.36.51	Tahlia Hunt	OVA	21/03/10	St Leonards	Т
U14	W	Pole Vault	2.70m	Mollie Alison	NL	28/03/10	Domain	Т
U15	М	2000m Stple	6.28.73	Jacob Birtwhistle	RIV	24/11/09	St Leonards	Т
U15	М	2000m Stple	6.23.42	Jacob Birtwhistle	RIV	5/12/09	Domain	Т
U15	W	Hammer	43.90m	Mikayla Genge	OVA	14/06/09	Domain	Т
U15	W	Hammer	45.70m	Mikayla Genge	OVA	21/06/09	Domain	Т
U15	W	Hammer	45.85m	Mikayla Genge	OVA	01/11/09	Domain	Т
U15	W	Hammer	47.19m	Mikayla Genge	OVA	04/12/09	Domain	Т
U15	W	Hammer	51.97m	Mikayla Genge	OVA	11/03/10	Sydney	Т
U15	W	High Jump	1.80m	Kaitlin Morgan	OVA	07/12/09	Domain	Т
U16	М	200m	22.24	Max Waldron	SB	13/03/10	Sydney	Т
U16	М	4 x 100m	44.16	Tasmania	TAS	05/12/09	Domain	Т
				s,Darcy Lahey,Brent O'Leary,M				
U16	М	4 x 200m	1.32.53	Tasmania	TAS	07/12/09	Domain	Т
				s,Darcy Lahey,Brent O'Leary,M	lax Waldro			
U16	М	400m	49.74	Max Waldron	SB	04/12/09	Domain	Т
U16	М	400m	49.07	Max Waldron	SB	06/12/09	Domain	Т
U16	W	Hammer	45.92m	Danielle McConnell	ES	26/04/09	Domain	Т
U16	W	Hammer	49.59m	Danielle McConnell	ES	26/07/09	Domain	Т
U16	W	Hammer	51.45m	Danielle McConnell	ES	31/10/09	Domain	Т
U16	W	Hammer	51.65m	Danielle McConnell	ES	07/11/09	Domain	Т
U16	W	Hammer	51.76m	Danielle McConnell	ES	21/11/09	Domain	Т
U16	W	Hammer	52.92m	Danielle McConnell	ES	04/12/09	Domain	Т
U16	W	Hammer	50.55m	Danielle McConnell	ES	04/12/09	Domain	Т
U16	W	Triple Jump	12.23m	Kaitlin Morgan	OVA	14/03/10	Sydney	Т
U17/U18	W	Hammer	45.92m	Danielle McConnell	ES	26/04/09	Domain	Т
U17/U18	W	Hammer	49.59m	Danielle McConnell	ES	26/07/09	Domain	Т
U17/U18	W	Hammer	50.55m	Danielle McConnell	ES	04/10/09	Domain	Т
U17/U18	W	Hammer	51.45m	Danielle McConnell	ES	31/10/09	Domain	Т
U17/U18	W	Hammer	51.65m	Danielle McConnell	ES	07/11/09	Domain	Т
U17/U18	W	Hammer	51.76m	Danielle McConnell	ES	21/11/09	Domain	Т
U17/U18	W	Hammer	52.92m	Danielle McConnell	ES	04/12/09	Domain	Т
U17/U18	W	Hammer	54.80m	Danielle McConnell	ES	06/03/10	Domain	Т
U18	М	Hammer (5kg)	70.66m	Huw Peacock	ES	10/07/09	Bressanone	Т
U18	М	Hammer(5kg)	71.38m	Huw Peacock	ES	06/12/09	Domain	Т
U19	W	Hammer	49.59m	Danielle McConnell	ES	26/07/09	Domain	Т
U19/U20	М	Hammer (6kg)	63.45m	Huw Peacock	ES	17/09/09	Domain	Т
U19/U20	М	Hammer (6kg)	64.02m	Huw Peacock	ES	31/10/09	Domain	Т
U19/U20	М	Hammer (6kg)	64.75m	Huw Peacock	ES	07/11/09	Domain	Т
U19/U20	W	Hammer	51.45m	Danielle McConnell	ES	31/10/09	Domain	Т
U19/U20	W	Hammer	50.55m	Danielle McConnell	ES	04/11/09	Domain	Т
U19/U20	W	Hammer	51.65m	Danielle McConnell	ES	07/11/09	Domain	Т
U19/U20	W	Hammer	51.76m	Danielle McConnell	ES	21/11/09	Domain	Т
U19/U20	W	Hammer	52.92m	Danielle McConnell	ES	04/12/09	Domain	T
U19/U20	W	Hammer	54.80m	Danielle McConnell	ES	06/03/10	Domain	T _
U20	М	Javelin	74.54m	Hamish Peacock	ES	18/01/09	St Leonards	Т

Wayne Fletcher RECORDS OFFICER

# TASMANIAN CHAMPIONSHIPS RESULTS 2009/2010

# Tasmanian State Track & Field Championships St Leonards Athletic Centre – Launceston – 20/03/10 – 22/03/10 Domain Athletic Centre - Hobart - 27/03/10 to 28/03/10

### MEN - OPEN

100m: (-0.5) 1 Jarred Gilroy SB 11.36, 2 Dan Lemoto ES 11.56, 3 Gareth Jubb NW 11.57

200m: (2.4) 1 Jarred Gilroy SB 22.44, 2 Andrew Robinson NL 22.74, 3 Rowan Mason SB 22.96

400m: 1 Tom Beard OVA 48.93, 2 Darcy Lahey NL 49.34, 3 Stephen Rae ES 49.65

800m: 1 Tom Beard OVA 1:50.81, 2 Chris Bray OVA 1:53.01, 3 Stephen Rae ES 1:53.11

1500m: 1 Sam Fergusson NW 3:59.21, 2 James Hansen NL 4:00.70, 3 Patrick Smith RIV 4:01.01

5000m: 1 Josh Harris TAM 15:48.30, 2 Jonathan Windsor NW 16:22.64, 3 Damon Court NS 16:24.69

400m Hurdles: 1 Tyler Heron WS 77.48

5000m Walk: 1 David Moore TMA 35:54.3h

4x100m Relay: 1 SB 43.70 (Cameron Cranfield, Max Waldron, Jarred Gilroy, Rowan Mason), 2 OVA 43.87 (David Sutton, Tom Graves, Brent O'Leary, Mark Nichols), 3 ES 45.25 (Chris McConnell, Stephen Rae, Rob Mason, Dan Lemoto)

4x400m Relay: 1 OVA 3:23.30 (Dominic Anastasio, Nathan Morey, Chris Bray, Tom Beard), 2 SB 3:23.47 (Samuel Keenan, Max Waldron, Rowan Mason, Jarred Gilroy), 3 ES 3:27.60 (Dan Lemoto, Chris McConnell, Mathew Brooks, Stephen Rae)

High Jump: 1 Joel Mason ES 1.90m, 2 Andrew Diecker NW 1.90m, 3 Joshua Mason NS 1.75m

Pole Vault: 1 Josh Shepherd NL 3.90m, 2 Chris McConnell ES 3.00m

Long Jump: 1 Luke Vaessen NL 6.45m (+0.0), 2 Tyler Bailey ES 6.28m (1.6), 3 Samuel Henley NL 6.08m (0.2) Triple Jump: 1 Julian Rushworth ES 13.05m (1.0), 2 Brandon Clark NS 12.68m (0.6), 3 Chris McConnell ES 12.17m (1.1)

Shot Put: 1 Todd Hodgetts NHC 15.91m, 2 Hamish Peacock ES 15.29m, 3 Huw Peacock ES 13.40m Discus Throw: 1 Graham Hicks NW 53.26m, 2 Hamish Peacock ES 47.61m, 3 Huw Peacock ES 39.01m Hammer Throw: 1 Ricard Meiring ES 59.33m, 2 Huw Peacock ES 53.22m, 3 Hamish Peacock ES 44.27m Javelin Throw: 1 Hamish Peacock ES 69.87m, 2 Andrew Diecker NW 52.87m, 3 Huw Peacock ES 52.78m

### MEN - UNDER 20

100m: (2.4) 1 Jarred Gilroy SB 11.21, 2 Andrew Robinson NL 11.40, 3 Cameron Cranfield SB 11.47

200m: (0.3) 1 Andrew Robinson NL 23.14, 2 Cameron Cranfield SB 23.62, 3 Ben Robertson NHC 24.91

400m: 1 Cameron Cranfield SB 52.44, 2 Patrick Lee NL 52.60, 3 Tyler Heron WS 54.20

800m: 1 Patrick Lee NL 2:01.96, 2 Ben Robertson NHC 2:06.81

1500m: 1 Oscar Phillips NHC 4:15.08, 2 Jacob Malakoff NS 4:21.61, 3 Dejen Gebreselasie ES 4:23.87

5000m: 1 Patrick Smith RIV 15:15.17, 2 Jacob Malakoff NS 16:01.25

400m Hurdles: 1 Tyler Heron WS 58.74, 2 Josh Zeitzen NS 65.92

3000m Steeplechase: 1 Jacob Malakoff NS 10:03.96, 2 Oscar Phillips NHC 10:25.13, 3 Phillip McConnon NS 10:27.63

4x100m Relay: 1 SB 'A' 45.23 (Benjamin Goodwin, Max Waldron, Jarred Gilroy, Cameron Cranfield), 2 NL 'A' 45.36 (Samuel Henley, Andrew Robinson, Patrick Lee, Darcy Lahey), 3 WS 'A' 47.45 (Ben Catterall, Robert Kellond, Jordan Tyler, Tyler Heron)

4x400m Relay: 1 NL 'A' 3:33.51 (Andrew Robinson, Patrick Lee, James Hansen, Darcy Lahrey), 2 SB 'A' 3:41.83 (Cameron Cranfield, Max Waldron, Benjamin Goodwin, Jarred Gilrey), 3 ES 'A' 3:47.51 (Noah Nischler, Dejen Gebreselasie, Ross Welling, Clive Reekie)

High Jump: 1 Joel Mason ES 1.90m, 2 Joshua Mason NS 1.85m

Long Jump: 1 Julian Rushworth ES 6.55m (-0.4), 2 Samuel Henley NL 6.13m (+0.0), 3 Joshua Mason NS 6.03m (-0.5)

Triple Jump: 1 Samuel Henley NL 12.54m (-0.5)

Shot Put: 1 Huw Peacock ES 14.95m, 2 Chris McConnell ES 14.23m, 3 Kyle Bean NHC 10.49m Hammer Throw: 1 Huw Peacock ES 63.16m, 2 Luke Mason NS 36.30m, 3 Kyle Bean NHC 25.75m Javelin Throw: 1 Huw Peacock ES 41.07m, 2 Chris McConnell ES 37.72m, 3 Tyler Bailey ES 37.67m

### MEN – UNDER 18

100m: (-0.5) 1 Max Waldron SB 11.37, 2 Brent O'Leary OVA 11.42, 3 Charlie Leek HAC 11.55

200m: (3.2) 1 Max Waldron SB 22.88, 2 Charlie Leek HAC 23.12, 3 Brent O'Leary OVA 23.15

400m: 1 Max Waldron SB 50.65, 2 Mitchell Daniels NS 52.94, 3 Brad Tolson NW 53.59

800m: 1 Simon Hamilton NL 2:00.77, 2 Alec Thomas NW 2:06.47, 3 Ross Welling ES 2:08.54

1500m: 1 Simon Hamilton NL 4:17.39, 2 Alec Thomas NW 4:19.17, 3 Clive Reekie ES 4:19.87

110m Hurdles: (1.6) 1 Ben Catterall WS 15.83, 2 Brent O'Leary OVA 15.85, 3 Patrick Lanau-Atkinson WS 16.85

400m Hurdles: 1 Ben Catterall WS 59.17, 2 Patrick Lanau-Atkinson WS 60.13, 3 Josh Zeitzen NS 60.17

2000m Steeplechase: 1 Ross Welling ES 7:00.28, 2 Louis Coad ES 7:46.39

4x100m Relay: 1 NS 'A' 47.21 (Josh Zeitzen, Mitchell Daniels, Bryden Goninon, Thomas Parry), 2 WS 'A' 47.78 (Ben Catterall, Robert Kellond, Nick Bennett, Jordan Bennett), 3 ES 'A' 48.32 (Abdulaye Sow, Nathan Douglas, Ross Welling, Calum Mitchell)

4x400m: 1 NL 'A' 3:36.05 (Shannon Weedon, James Hansen, Simon Hamilton, Darcy Lahey), 2 WS 'A' 4:01.50 (Patrick Lanau-Atkinson, Jordan Bennett, Nick Bennett, Nicholas Lanau-Atkinson)

High Jump: 1 James Cameron NL 1.65m, 2 Jonty Roberts NS 1.55m, 3 Brandon Clark NS 1.45m

 $Long\ Jump:\ 1\ Ben\ Catterall\ WS\ 6.23m\ (2.2),\ 2\ Brandon\ Clark\ NS\ 5.98m\ (1.2),\ 3\ Abdulaye\ Sow\ ES\ 5.82m\ (0.5)$   $Triple\ Jump:\ 1\ Brandon\ Clark\ NS\ 12.41m\ (0.9),\ 2\ Ryan\ Haag\ OVA\ 12.32m\ (1.5),\ 3\ Jonty\ Roberts\ NS\ 10.98m\ (-1.5)$ 

Discus Throw: 1 Brodie Steer NHC 34.30m, 2 Luke Mason NS 29.50m, 3 Kyle Bean NHC 28.38m

Shot Put: 1 Kyle Bean NHC 11.53m, 2 Luke Mason NS 10.02m

Hammer Throw: 1 Luke Mason NS 40.96m, 2 Kyle Bean NHC 30.80m

Javelin Throw: 1 Kyle Bean NHC 41.16m, 2 Nicholas Lanau-Atkinson WS 38.31m, 3 Nathan Zanetto NHC

37.73m

### MEN – UNDER 16

100m: (3.3) 1 Benjamin Goodwin SB 12.23

200m: (-0.7) 1 Benjamin Goodwin SB 25.60, 2 Jake Dodge OVA 26.05

400m: 1 Ben Covington SB 58.37

800m: 1 Ben Covington SB 2:09.87, 2 Stuart Donnelly OVA 2:14.17, 3 Brandon Stevens OVA 2:15.03

1500m: 1 Ben Covington SB 4:24.28, 2 Dylan Meldrum NW 4:31.59, 3 Brandon Stevens OVA 4:46.82

3000m: 1 Dylan Meldrum NW 10:03.21, 2 Ben Covington SB 10:28.03, 3 Brandon Stevens OVA 10:41.07

2000 Steeplechase: 1 Brodie Stokell NHC 6:59.19, 2 Ben Covington SB 7:12.71

4x100m Relay: 1 NHC 'A' 55.01 (Samuel Alderson, Nathan Claridge, Jake Lachter, Nathan Zanetto), 2 WS 'A' 62.61 (Callum Walker, Apo Kilinc, Rizgar Kilinc, Jayden Brown)

4x200m Relay: 1 OVA 'A' 1:48.63 (Andrew Goven, Stuart Donnelly, Brandon Stevens, Jake Dodge), ES 'A'

1:58.05 (David Scavone, Thomas Graving, Shiferaw Gebreselasie, Tim Coad)

High Jump: 1 Ben Covington SB 1.45m

Long Jump: 1 Jake Dodge OVA 5.11m (-0.4), 2 Ben Covington SB 4.73m (0.2)

Shot Put: 1 Jake Dodge OVA 10.45m

Hammer Throw: 1 Brodie Steer NHC 37.81m Discus Throw: 1 Brodie Steer NHC 44.71m

### MEN – UNDER 15

100m: (3.3) 1 Jesse Usoalii ES 11.95, 2 Nick Bennett WS 12.17, 3 Jordan Bennett WS 12.20

200m: (0.4) 1 Jordan Bennett WS 24.87, 2 Nick Bennett WS 25.49, 3 Lyndon Weedon NL 27.87

400m: 1 Jordan Bennett WS 56.86, 2 Nick Bennett WS 58.06, 3 Ben Robinson ES 59.04

800m: 1 Jordan Bennett WS 2:13.84, 2 Kale Adams NW 2:14.16, 3 Ben Robinson ES 2:14.68

1500m: 1 Kale Adams NW 4:33.46, 2 Sam Radford NW 4:39.76, 3 Ben Robinson ES 4:44.70

3000m: 1 Kale Adams NW 9:55.21, 2 Shiferaw Gebreselasie ES 10:13.31

100m Hurdles: (NWI) 1 Jayden Brown WS 17.06, 2 Mitchell Walker OVA 18.52

200m Hurdles: (1.8) 1 Nick Bennett WS 31.01, 2 Jayden Brown WS 33.13

2000m Steeplechase: 1 Kale Adams NW 6:46.41

3000m Race Walk: 1 Louis Rose OVA 17:04.27, 2 Mitchell Walker OVA 17:16.53

High Jump: 1 Tim Coad ES 1.60m, 2 Mitchell Walker OVA 1.60m, 3 Jayden Brown WS 1.50m

 $Long\ Jump:\ 1\ Jordan\ Bennett\ WS\ 5.35m\ (+0.0),\ 2\ Tim\ Coad\ ES\ 4.95m\ (+0.0),\ 3\ Jayden\ Brown\ WS\ 4.62m\ (-0.7)$   $Triple\ Jump:\ 1\ Jayden\ Brown\ WS\ 9.89m\ (2.0),\ 2\ Lyndon\ Weedon\ NL\ 9.47m\ (-0.6),\ 3\ Aaron\ Brown\ NW\ 5.99m$ 

Discus Throw: 1 Samuel Alderson NHC 36.05m, 2 Lyndon Weedon NL 27.60m, 3 Nathan Zanetto NHC 27.17m

Shot Put: 1 Samuel Alderson NHC 12.31m, 2 Thomas Gravina ES 9.49m, 3 Aaron Brown NW 8.10m Javelin Throw: 1 Nathan Zanetto NHC 43.02m, 2 Thomas Gravina ES 37.74m, 3 Tim Coad ES 27.42m

### MEN – UNDER 14

100m: (NWI) 1 Samuel Alderson NHC 12.82, 2 Russel Taib OVA 13.87, 3 Brayton Allan ES 14.39

200m: (2.2) 1 Samuel Alderson NHC 26.33, 2 Nathan Claridge NHC 27.76, 3 Russel Taib OVA 27.92

400m: 1 Samuel Alderson NHC 57.54, 2 Biniyam Hagos ES 61.03, 3 Josh Hope ES 64.26

800m: 1 Biniyam Hagos ES 2:12.68, 2 Nathan Claridge NHC 2:22.34, 3 Josh Hope ES 2:25.55

1500m: 1 Biniyam Hagos ES 4:37.50, 2 Josh Hope ES 5:20.96, 3 Louis Rose OVA 5:27.993

1500m Walk: 1 Louis Rose OVA 7:55.22, 2 Callum Walker WS 9:50.80

90m Hurdles: (1.6) 1 Louis Rose OVA 19.62

4x100m Relay: 1 ES 55.98 (Brayton Allan, Josh Hope, Matthew Hosie, Ned Absolom), 2 NS 59.79 (Hayden Beltz, Kaleb Goninon, Bryce Roberts, Jake Hale), 3 ES 65.61 (Lochie Boucher, Joshua Reeve, Isaac Reeve, Biniyam Hagos)

High Jump: 1 Ned Absolom ES 1.40m, 2 Matthew Hosie ES 1.35m

Long Jump: 1 Nathan Claridge NHC 4.23m (2.6), 2 Callum Walker WS 3.99m (2.1), 3 Russel Taib OVA 3.82m (3.0)

Triple Jump: 1 Ned Absolom ES 9.83m (1.5), 2 Matthew Hosie ES 9.13m (0.9), 3 Louis Rose OVA 8.96m (2.0) Shot Put: 1 Samuel Alderson NHC 13.05m, 2 Aaron Brown NW 9.75m, 3 Nathan Claridge NHC 9.54m Discus Throw: 1 Samuel Alderson NHC 37.69m, 2 Matthew Hosie ES 26.75m, 3 Aaron Brown NW 22.57m Javelin Throw: 1 Samuel Alderson NHC 34.89m, 2 Matthew Hosie ES 26.08m, 3 Ned Absolom ES 24.17m



### WOMEN - OPEN

100m: (0.9) 1 Danielle Taylor WS 12.28, 2 Morgan Gaffney NW 12.56, 3 Abby Chapman NW 12.64

200m: (4.1) 1 Danielle Taylor WS 24.51, 2 Abby Chapman NW 25.15, 3 Ashleigh Corbett NW 25.47

400m: 1 Danielle Taylor WS 55.44, 2 Suzy Cole NL 57.51, 3 Carmen Oakley NW 57.86

800m: 1 Suzy Cole TMA 2:11.97, 2 Jessica Morey OVA 2:18.27, 3 Danielle Taylor WS 2:24.70

1500m: 1 Melanie Daniels NS 4:33.58, 2 Jessica Morey OVA 4:52.07, 3 Jenny Gillard RIV 4:56.17

5000m: 1 Jenny Gillard RIV 18:04.45, 2 Angela Grimmond ES 18:48.70

100m Hurdles: (-1.5) 1 Felicity Stringer OVA 18.52

400m Hurdles: 1 Felicity Stringer OVA 69.04

3000m Steeplechase: 1 Michelle Delaney Interstate 13:38.95

5000m Race Walk: 1 Sophie Eberhardt OVA 27:59.62

4x100m Relay: 1 NW 50.17 (Abby Chapman, Carmen Oakley, Sandy Loring, Morgan Gaffney), 2 ES 52.07 (Claudia Conley, Rebecca Wells, Caitlin Newson, Kate Mudge), 3 OVA 52.12 (Kaitlin Morgan, Ella Blackwell, Jessica Morey, Felicity Stringer)

4x400m Relay: 1 NL 4:07.45 (Danielle Dwyer, Abbey de la Motte, Courtney Lockett, Suzy Cole), 2 OVA 4:25.24 (Madeline Scott, Lillian Castle, Kaitlin Morgan, Jessica Morey), WS 4:37.14 (Ashlee Watson, Georgia Axton, Lauren Johnstone, Tiffany Henricks)

High Jump: 1 Kaitlin Morgan OVA 1.74m, 2 Felicity Bird ES 1.50m

Pole Vault: 1 Danielle Dwyer NL 3.70m, 2 Felicity Bird ES 1.80m

Long Jump: 1 Kaitlin Morgan OVA 5.33m (-0.1), 2 Danielle Dwyer NL 5.22m (-0.3), 3 Emily Smith NL 4.75m (-0.5)

Triple Jump: 1 Kaitlin Morgan OVA 11.97m (+0.0), 2 Felicity Stringer OVA 10.01m (1.2)

Shot Put: 1 Rebecca Direen ES 11.57m, 2 Victoria Lynd NW 10.87m, 3 Danielle McConnell ES 10.20

Discus Throw: 1 Kimberley Mulhall Victoria 52.41m, 2 Victoria Lynd NW 37.22m, 3 Danielle McConnell ES 34.20m

Hammer Throw: 1 Danielle McConnell ES 52.88m, 2 Mikayla Genge OVA 50.02m, 3 Anita Millington OVA 43.49

Javelin Throw: 1 Suzy Cole TMA 27.54m

### **WOMEN – UNDER 20**

100m: (3.6) 1 Morgan Gaffney NW 12.39, (3.6) 2 Laura Nicholson NL 12.54, (3.6) 3 Abbey Walters NL 12.56

200m: (0.3) 1 Morgan Gaffney NW 26.17, (0.3) 2 Abbey Walters NL 26.49, (0.3) 3 Georgia Baldwin ES 26.95

400m: 1 Abbey de la Motte NL 59.98, 2 Sandy Loring NW 60.41, 3 Felicity Stringer OVA 60.52

1500m: 1 Millie Chapman NL 5:26.47

3000m: 1 Ally Clarke NL 11:53.50

4x100m Relay: 1 NW 'A' 52.69 (Lillie Murdoch, Ashleigh Corbett, Sandy Loring, Morgan Gaffney), 2 ES 'A' 53.89 (Sarah Direen, Danielle McConnell, Caitlin Newson, Ella Scott), 3 NL 'A' 58.89 (Emily Smith, Kate

Walters, Abbey Walters, Laura Nicholson)

4x400m Relay: 1 OVA 'A' 4:13.38 (Lillian Castle, Jessica Morey, Kaitlin Morgan, Felicity Stringer), 2 NL 'A' 4:18.53 (Chloe Marquis, Carly Edmunds, Kate Walters, Aliera Cole), 3 ES 'A' 4:23.98 (Julia Minnucci, Olivia Karas, Rebecca Wells, Claudia Conley)

High Jump: 1 Felicity Bird ES 1.52m, 2 Morgan Harding NL 1.46m

Long Jump: (0.3) 1 Kate Walters NL 4.95m, (0.5) 2 Emily Smith NL 4.63m, (+0.0) 3 Olivia Tomes ES 4.31m

Triple Jump: 1 Kate Walters NL 10.59m Pole Vault: 1 Felicity Bird ES 1.80m

Shot Put: 1 Kimberley Mulhall Victoria 14.81m

Discus Throw: 1 Rebecca Direen ES 29.58m, 2 Tiarne-Louise Dyer NS 21.17m Hammer Throw: 1 Erin Robottom ES 39.95m, 2 Tiarne-Louise Dyer NS 27.27m

Javelin Throw: 1 Rebecca Direen ES 26.79m

### **WOMEN – UNDER 18**

100m: (-0.5) 1 Ashleigh Corbett NW 12.94, 2 Abbey Walters NL 12.94, 3 Tiffany Henricks WS 12.98

200m: (2.9) 1 Ashleigh Corbett NW 25.75, 2 Abbey Walters NL 26.00, 3 Ella Scott ES 26.64

400m: 1 Claudia Conley ES 60.64, 2 Carly Edmunds NL 62.96, 3 Chloe Continenza SB 69.37

800m: 1 Claudia Conley ES 2:16.86, 2 Felicity Stringer OVA 2:19.85, 3 Jillian Lyall NW 2:24.79

1500m: 1 Claudia Conley ES 4:52.57, 2 Jillian Lyall NW 4:53.07, 3 Sarah Browning OVA 5:24.34

3000m: 1 Sarah Browning OVA 11:43.26

100m Hurdles:(1.0) 1 Sarah Direen ES 21.02

2000m Steeplechase: 1 Jillian Lyall NW 7:22.20, 2 Abbey de la Motte NL 7:31.90, 3 Carly McPherson NS 8:45.16 5000m Race Walk: 1 Megan Guy OVA 34:22.74

4x100m Relay: 1 NL 'A' 53.36 (Carly Edmunds, Abbey de la Motte, Kate Walters, Abbey Walters), 2 ES 'A' 57.59 (Anna Wade, Danielle McConnell, Sarah Direen, Claudia Conley)

4x400m Relay: 1 NL 'A' 4:18.48 (Chloe Marquis, Carly Edmunds, Kate Walters, Abbey de la Motte), 2 WS 'A' 4:29.72 (Ashlee Watson, Georgia Axton, Natika Deavin, Tiffany Henricks), 3 ES 'A' 4:58.22 (Holly Fox, Sarah Direen, Inessa Corney, Caludia Conley)

High Jump: 1 Jillian Lyall NW 1.35m

Long Jump: 1 Kate Walters NL 5.23m (+0.0), 2 Chloe Continenza SB 4.22m (+0.0), 3 Sarah Direen ES 3.72m (+0.0)

Triple Jump: 1 Kate Walters NL 10.84m (+0.0), 2 Sarah Direen ES 8.38m (0.2), 3 Melinda Brown NW 5.68m (0.3)

Discus Throw: 1 Danielle McConnell ES 35.88m, 2 Rebecca Direen ES 30.13m, 3 Claire McClenaghan NHC 26.91m

Hammer Throw: 1 Danielle McConnell ES 53.32m, 2 Rebecca Direen ES 41.91m, 3 Erin Robottom ES 40.18m Shot Put: 1 Rebecca Direen ES 11.62m, 2 Danielle McConnell ES 10.03m, 3 Claire McClenaghan NHC 9.03m Javelin Throw: 1 Claire McClenaghan NHC 30.82m, 2 Rebecca Direen ES 27.92m, 3 Sarah Direen ES 16.84m

### **WOMEN – UNDER 16**

100m: (1.0) 1 Ella Scott ES 12.90, 2 Chloe Marquis NL 13.46, 3 Isabella Murdoch NW 13.57

200m: (-0.4) 1 Ella Scott ES 27.20, 2 Olivia Karas ES 27.85, 3 Chloe Marquis NL 28.05

400m: 1 Aliera Cole NL 63.40, 2 Chloe Marquis NL 63.85, 3 Courtney Cook NL 65.06

800m: 1 Natasha Fitzpatrick NS 2:24.59, 2 Aliera Cole NL 2:25.99, 3 Samantha Koch NW 2:30.40

1500m: 1 Samantha Koch NW 5:32.75

3000m: 1 Natasha Fitzpatrick NS 11:14.56, 2 Samantha Koch NW 12:25.71

90m Hurdles: (1.2) 1 Georgina Osborn OVA 16.24

200m Hurdles:(0.9) 1 Chloe Marquis NL 32.91, 2 Caitlin Smith NL 35.48

2000m Steeplechase: 1 Courtney Cook NL 8:12.41

3000m Race Walk: 1 Sophie Eberhardt OVA 16:23.49, 2 Megan Guy OVA 20:23.18

4x100m Relay: 1 NL 'A' 53.75 (Chloe Marquis, Lauren Hall, Mollie Allison, Aliera Cole), 2 WS 'A' 55.14 (Natasha Panton, Deanna Wadley, Natika Deavin, Tiffany Henricks), 3 OVA 'A' 57.51 (Tahlia Hunt, Kaitlin Morgan, Sophie Eberhardt, Ella Blackwell)

4x200m Relay: 1 NL 'A' 1:49.72 (Chloe Marquis, Lauren Hall, Mollie Allison, Aliera Cole), 2 WS 'A' 1:55.75 (Emma Walker, Natikia Deavin, Deanna Wadley, Tiffany Henricks), 3 NS 'B' 1:56.80 (Maddison Kovacs, Lisa McConnon, Carly McPherson, Alice Salter)

High Jump: 1 Kaitlin Morgan OVA 1.75m, 2 Morgan Harding NL 1.45m, 3 Megan Guy OVA 1.10m

Long Jump: 1 Kaitlin Morgan OVA 5.32m (-0.5), 2 Chloe Marquis NL 4.83m (0.5), 3 Georgina Osborn OVA 4.30m (+0.0)

Triple Jump: 1 Kaitlin Morgan OVA 11.52m (0.1), 2 Chloe Marquis NL 10.48m (1.8), 3 Caitlin Smith NL 9.39m (0.9)

Shot Put: 1 Mikayla Genge OVA 9.59m, 2 Melinda Brown NW 7.46m

Discus Throw: 1 Mikayla Genge OVA 26.61m, 2 Melinda Brown NW 21.05m Hammer Throw: 1 Mikayla Genge OVA 49.71m, 2 Melinda Brown NW 19.94m

Javelin Throw: 1 Mikayla Genge OVA 23.89m, 2 Melinda Brown NW 16.63m, 3 Megan Guy OVA 16.28m

### **WOMEN – UNDER 15**

100m: (3.4) 1 Caitlin Newson ES 12.79, 2 Tiffany Henricks WS 12.83, 3 Lauren Hall NL 13.10

200m: (-1.0) 1 Tiffany Henricks WS 26.71, 2 Caitlin Newson ES 27.52, 3 Lauren Hall NL 28.28

400m: 1 Tiffany Henricks WS 62.86, 2 Zoe Moss SB 65.59, 3 Mollie Allison NL 66.01

800m: 1 Zoe Moss SB 2:24.49, 2 Julia Minnucci ES 2:25.67, 3 Lisa McConnon NS 2:34.42

1500m: 1 Zoe Moss SB 5:04.89, 2 Julia Minnucci ES 5:10.54, 3 Lisa McConnon NS 5:28.74

3000m: 1 Lisa McConnon NS 11:59.38

90m Hurdles: (1.2) 1 Mollie Allison NL 15.53, 2 Morgan Pinner NL 17.02, 3 Hannah Harrison NS 19.74

200m Hurdles: (1.7) 1 Mollie Allison NL 35.40, 2 Natasha Panton WS 39.47, 3 Sophie Eberhardt OVA 40.51

3000m Race Walk: 1 Emma Walker WS 17:58.77

High Jump: 1 Kaitlyn Steer NHC 1.40m

Long Jump: 1 Tiffany Henricks WS 4.49m (-0.6), 2 Lauren Hall NL 4.21m (0.2), 3 Morgan Pinner NL 3.64m

Triple Jump: 1 Lauren Hall NL 10.11m (2.4), 2 Natasha Panton WS 8.10m (0.9)

Pole Vault: 1 Mollie Allison NL 2.70m

Discus Throw: 1 Claire McClenaghan NHC 26.62m, 2 Caitlin Newson ES 24.81m, 3 Kelsey Wells NHC 22.41m

Shot Put: 1 Claire McClenaghan NHC 9.00m, 2 Caitlin Newson ES 8.59m, 3 Morgan Pinner NL 6.63m

Hammer Throw: 1 Claire McClenaghan NHC 22.52m, 2 Kelsey Wells NHC 19.20m

Javelin Throw: 1 Claire McClenaghan NHC 28.72m, 2 Morgan Pinner NL 24.57m, 3 Olivia Direen ES 12.24m

### **WOMEN – UNDER 14**

100m: (-0.3) 1 Ella Blackwell OVA 13.42, 2 Deanna Wadley WS 14.00, 3 Lillian Castle OVA 14.11

200m: (-1.1) 1 Ella Blackwell OVA 27.90, 2 Lillian Castle OVA 28.89, 3 Deanna Wadley WS 28.94

400m: 1 Madeline Scott OVA 62.45, 2 Lillian Castle OVA 64.22, 3 Catherine Krueger ES 66.84

800m: 1 Lillian Castle OVA 2:30.82, 2 Monica Patterson ES 2:32.53, 3 Inessa Corney ES 2:37.77

1500m: 1 Tessa Johns ES 5:02.19, 2 Monica Patterson ES 5:12.24, 3 Inessa Corney ES 5:25.53

1500m Walk: 1 Tahlia Hunt OVA 7:36.51, 2 Jemma Smith SB 8:38.69, 3 Sarah Guy OVA 11:49.66

80m Hurdles: (-1.5) 1 Deanna Wadley WS 14.85, 2 Madeline Scott OVA 15.81

4x100m Relay: 1 OVA 'A' 55.99 (Tahlia Hunt, Madeline Scott, Lillian Castle, Ella Blackwell), 2 ES 'A' 59.35 (Catherine Kruger, Alice Cox, Monia Patterson, Claudie Nicklason), 3 SB 'A' 61.40 (Anneka Reardon, Lucy

Covington, Jemma Smith, Fiona Smith)

4x200m Relay: 1 OVA 'A' 1:59.55 (Tahlia Hunt, Lillian Castle, Madeline Scott, Ella Blackwell)

Long Jump: 1 Madeline Scott OVA 4.58m (2.7), 2 Deanna Wadley WS 4.55m (1.5), 3 Sophie Bodell WS 4.43m (2.6)

Triple Jump: 1 Deanna Wadley WS 10.08m (0.8), 2 Catherine Krueger ES 9.07m (1.2), 3 Ashley Gibson NL 8.11m (0.9)

Shot Put: 1 Jasmine Turner WS 9.31m, 2 Emma Keleher ES 8.80m, 3 Ashley Gibson NL 7.69m

Discus Throw: 1 Emma Keleher ES 29.28m, 2 Ashley Gibson NL 16.46m, 3 Olivia Direen ES 13.10m

Javelin Throw 1kg: 1 Deanna Wadley WS 21.03m, 2 Alice Cox ES 19.89m, 3 Emily Canham ES 18.09m

### Tasmanian Combined Events Championships St Leonards Athletic Centre - Launceston - 24 to 25/01/2010

### **MEN**

Under 20 Combined Event: 1 Chris McConnell ES 5214: 2 Joshua Mason NS 4666

Under 18 Combined Event: 1 Patrick Lanau-Atkinson WS 3747

### **WOMEN**

Under 16 Combined Event: 1 Caitlin Smith NL 3332; 2 Chloe Marquis NL 3209

### Tasmanian 10000 metres Championships Domain Athletic Centre - Hobart - 01/11/2009

### **MEN**

10000m: 1 Damon Court NS 32:47.85, 2 Philip Clarke RIV 34:04.61; 3 Chris Sullivan SB 35:01.79

### **WOMEN**

Not held in 2009-10

### Tasmanian 10000 metres Walk Championships Domain Athletic Centre - Hobart - 30/03/2010

**MEN** 

10000m Walk: 1 David Moore TMA 71.20.0

### **WOMEN**

Not held in 2009-10

# Tasmanian Relay Championships Domain Athletic Centre - Hobart - 14/02/2010

### MEN

Open 4x200m: 1 OLD VIRGILIANS ATHLETIC CLUB 1:33.46 (George Miller, Nathan Morey, Tom Beard, Chris Bray), 2 OLD VIRGILIANS ATHLETIC CLUB 1:33.71 (Greg Sharman, Sam Morey, Dave Sutton, Mark Nichols), 3 EASTERN SUBURBS 1:35.34 (Tyler Bailey, Abdulaye Sow, Stephen Rae, Mathew Brooks)

Open 4x800m: 1 OLD VIRGILIANS ATHLETIC CLUB 7:57.25 (Chris Bray, Tom Beard, Dom Anastasio, Nathan Morey), 2 EASTERN SUBURBS 8:18.96 (Stephen Rae, Rob Mason, Mathew Brooks, Noah Nischler), 3 OLD VIRGILIANS ATHLETIC CLUB 8:29.68 (George Miller, Sam Morey, Levi Hunt, Dave Sutton)

Under 20 4x200m: 1 OLD VIRGILIANS ATHLETIC CLUB 1:53.21 (Levi Hunt, Chris Bray, Dom Anastasio, Jake Dodge)

Under 18 4x200m: 1 NORTHERN SUBURBS ATHLETIC CLUB 1:43.07 (Jonty Roberts, Ewan McPherson, Matthew Sincalir, Mitchell Daniels)

Under 16 4x400m: 1 EASTERN SUBURBS 4:10.05 (Ben Robinson, David Scavone, Shiferaw Gebreselasie, Biniyam Hagos)

Under 14 Swedish Relay: 1 NORTHERN SUBURBS ATHLETIC CLUB 2:49.10 (Patrick Lickiss, Jack Hale, Hayden Beltz, Bryce Roberts)

### WOMEN

Open 4x200m: 1 NORTH WEST ATHLETIC CLUB 1:45.40 (Carmen Oakley, Ashleigh Corbett, Nicole Percy, Abby Chapman), 2 EASTERN SUBURBS 1:45.74 (Kate Mudge, Caitlin Newson, Georgia Baldwin, Ella Scott), 3 OLD VIRGILIANS ATHLETIC CLUB 1:51.87 (Ella Blackwell, Kaitlin Morgan, Felicity Stringer, Jessica Morey) Open 4x800m: 1 OLD VIRGILIANS ATHLETIC CLUB 10:11.57 (Lillie Castle, Sarah Browning, Felicity Stringer, Jessica Morey), 2 NORTHERN SUBURBS ATHLETIC CLUB 10:31.74 (Lisa McConnon, Celeste Knowles, Carly McPherson, Melanie Daniels), 3 SANDY BAY HARRIER CLUB 10:52.30 (Francessca Smith, Casitlin Richardson, Zoe Moss, Chloe Continenza)

Under 20 4x200m: 1 SANDY BAY HARRIER CLUB 2:21.67 (Anneka Reardon, Jemma Smith, Lilli Reardon, Lucy Covington)

Under 18 4x200m:: 1 EASTERN SUBURBS 1:58.30 (Anna Wade, Sarah Direen, Caitlin Newson, Rebecca Wells), 2 NORTHERN SUBURBS ATHLETIC CLUB 2:04.24 (Lisa McConnon, Carly McPherson, Alice Salter, Olivia French), 3 SANDY BAY HARRIER CLUB 2:05.50 (Chloe Continenza, Fiona Smith, Zoe Moss, Lucy Covington)

Under 18 4x800m: 1 SANDY BAY HARRIER CLUB 12:09.07 (Fiona Smith, Jemma Smith, Lucy Covington, Anneka Reardon)

Under 16 4x400m:: 1 OLD VIRGILIANS ATHLETIC CLUB 4:40.15 (Katherine Lickiss, Tahlia Hunt, Lillie Castle, Maddie Scott), 2 NORTHERN SUBURBS ATHLETIC CLUB 4:49.51 (Hannah Harrison, Carly McPherson, Olivia French, Lisa McConnon), SANDY BAY HARRIER CLUB 5:02.83 (Chloe Continenza, Fiona Smith, Jemma Smith, Zoe Moss)

Under 14 Swedish: 1 OLD VIRGILIANS ATHLETIC CLUB 2:39.22 (Tahlia Hunt, Ella Blackwell, Lillie Castle, Maddie Scott), 2 EASTERN SUBURBS 2:51.04 (Alice Cox, Inessa Corney, Tessa Johns, Monica Patterson), 3 SANDY BAY HARRIER CLUB 2:59.47 (Lilli Reardon, Anneka Reardon, Jemma Smith, Lucy Covington)

### Tasmanian Schools Knockout State Final St Leonards Athletic Centre - Launceston - 05/11/2009

### **TEAM SCORES**

 $Junior\ Girls-1\ Mt\ Carmel\ 90pts,\ 2\ St\ Patrick\ 81pts,\ 3\ St\ Marys\ 80pts$ 

Senior Girls – 1 Guilford 84pts, 2 Collegiate 81pts, 3 Fahan 80pts

Senior Boys – 1 Elizabeth College 110pts, 2 Guilford 92pts, 3 Launceston College 90pts

Junior Boys – 1 Hutchins 98.5pts, 2 St Virgils 93.5pts, 3 St Patricks 78pts

### Tasmanian 3000m Championships Penguin Athletic Centre – Penguin - 21/02/2010

### **MEN**

3000m: 1 Josh Harris TAM 8:44.62, 2 Doug Hamerlock NW 8:52.26, 3 Patrick Smith RIV 8:53.16

WOMEN

3000m: 1 Jennifer Gillard RIV 10:22.28, 2 Natalea Smith TAM 10:36.52, 3 Jillian Lyall NW 10:41.02

### Tasmanian Clubs Championships Penguin Athletic Centre – Penguin - 21/02/2010

### **MEN**

1 Eastern Suburbs 340, 2 Sandy Bay Harriers 301, 3 Western Suburbs 261

### **WOMEN**

1 North Launceston 327, 2 Old Virgilians 297, 3 Northern Suburbs 259

### **MIXED UNDER 17**

1 Northern Suburbs 127, 2 North West 125, 3 Western Suburbs 122

# SENIOR CLUB SHIELDS 2009/2010

The winners of the Hobart Harrier Cup for men and the F Kohl Shield for women are determined annually by totalling the placings on a 3,2,1 basis in all Tasmanian open track and field championships – individual and relay, contested in that year. The winners for 2009/10 were:

Hobart Harrier Cup: Eastern Suburbs Athletic Club F Kohl Shield: Old Virgilians Athletic Club

The Blake Shield is awarded to the club which scores the highest total points in the men's and women's divisions of the Tasmanian Clubs Championships.

The winners for 2009/10 were Eastern Suburbs Athletics Club

### TEAM SCORES - BLAKE SHIELD - OPEN TOTAL (W+M)

1	ES	250+340=590
2	NL	(327+206)=533
3	NS	(259+238)=497
4	WS	186+261=447
5	NW	196+225=421

### **OFFICE BEARERS**

### **TASMANIAN AMATEUR ATHLETIC ASSOCIATION**

<u>SEASON</u>	PRESIDENT	<b>CHAIRMAN</b>	HON SECRETARY	<b>HON TREASURER</b>
1932/33 1933/34	WH Clemes	CJ Searl	C.H. Harvey	O Coleman
1934/35	WH Clemes	NG Hutton	ML Round	O Coleman
1935/36	WH Clemes	NG Hutton	ML Round	O Coleman
1936/37	WH Clemes	NG Hutton	ML Round	CA Wise
1937/38	WH Clemes	AF Preshaw	RB Finlay	RB Finlay
1938/39	WH Clemes	TJ Allam	DF Gee	W Langworthy
1939/40	WH Clemes	TJ Allam	DF Gee/FC Morell	W Langworthy/FC Morell
1945/46	NG Hutton	FA Rose	FC Morell	FC Morell
1946/47	NG Hutton	JA Morriss	NJ Ruddock	L Pedder/J Dovey
1947/48	NG Hutton	JA Morriss	NJ Ruddock	A. Pybus
1948/49	NG Hutton	JA Morriss	NJ Ruddock	A. Pybus
	PRESIDENT	/CHAIRMAN	HON SECRETARY	HON TREASURER
1949/50	EW Ba	arwick	NJ Ruddock	A Pybus
1950/51	EW Ba	arwick	NJ Ruddock	A Pybus/ NJ Ruddock
1951/52	EW Ba	arwick	NJ Ruddock	NJ Ruddock
1952/53	EW Ba	arwick	NJ Ruddock	NJ Ruddock
1953/54	EW Ba		NJ Ruddock	NJ Ruddock
1954/55	EW Ba		NJ Ruddock	NJ Ruddock
1955/56	EW Ba	arwick	PG Hadlow	PG Hadlow
1956/57	EW Ba		NJ Ruddock	NJ Ruddock
1957/58	EW Ba		NJ Ruddock	NJ Ruddock
1958/59	EW Ba		NJ Ruddock	NJ Ruddock
1959/60	EW Ba		NJ Ruddock	NJ Ruddock
1960/61	EW Ba		NJ Ruddock	NJ Ruddock
1961/62	EW Ba		NJ Ruddock	NJ Ruddock
1962/63	EW Ba		NJ Ruddock	NJ Ruddock
1963/64	EW Ba		NJ Ruddock	NJ Ruddock
1964/65	EW Ba		NJ Ruddock	NJ Ruddock
1965/66	EW Ba		NJ Ruddock	NJ Ruddock
1966/67	EW Ba		NJ Ruddock	NJ Ruddock
1967/68	EW Ba		NJ Ruddock	NJ Ruddock
1968/69	EW Ba		NJ Ruddock	NJ Ruddock
1969/70	EW Ba		NJ Ruddock	NJ Ruddock
1970/71	EW Ba		NJ Ruddock	NJ Ruddock
1971/72	EW Ba		NJ Ruddock	NJ Ruddock
1972/73	EW Ba		NJ Ruddock	NJ Ruddock
1973/74	GT Bri		NJ Ruddock	NJ Ruddock
1974/75 1975/76	GT Bri		NJ Ruddock NJ Ruddock	NJ Ruddock NJ Ruddock
1976/77	GT Bri		NJ Ruddock	NJ Ruddock NJ Ruddock
1977/78	GT Bri		NJ Ruddock	NJ Ruddock NJ Ruddock
1978/79	GT Bri GT Bri		NJ Ruddock	NJ Ruddock NJ Ruddock
1979/80	GT Bri		NJ Ruddock	NJ Ruddock NJ Ruddock
1980/81	GT Bri		NJ Ruddock	NJ Ruddock
1000/01	O1 Dil	999	110 Itaaaook	110 Maddoon

### **AMATEUR ATHLETIC ASSOCIATION OF TASMANIA**

	<b>PRESIDENT</b>	<b>EXEC DIRECTOR</b>	<b>HON SECRETARY</b>	HON TREASURER
1981	GT Briggs	NJ Ruddock	Mrs M Ebzery OAM	NJ Ruddock
1981/82	GT Briggs	NJ Ruddock	Mrs M Ebzery OAM	NJ Ruddock
1982/83	GT Briggs	NJ Ruddock	Mrs M Ebzery OAM	NJ Ruddock
1983/84	GT Briggs	NJ Ruddock	Mrs M Ebzery OAM	NJ Ruddock
1984/85	GT Briggs AM	NJ Ruddock	Mrs M Ebzery OAM	NJ Ruddock
1985/86	GT Briggs AM	NJ Ruddock	Mrs M Ebzery OAM	NJ Ruddock

### **ATHLETIC ASSOCIATION OF TASMANIA**

1986/87	GT Briggs AM	NJ Ruddock	Mrs M Ebzery OAM	NJ Ruddock
1987/88	GT Briggs AM	NJ Ruddock	Mrs M Ebzery OAM	NJ Ruddock
1988/89	GT Briggs AM	NJ Ruddock	Mrs M Ebzery OAM	NJ Ruddock

### **ATHLETICS TASMANIA**

1989/90 K McNamara NJ Ruddock AM/A Rider NJ Ruddock AM 1990/91 K McNamara NJ Ruddock AM NJ Ruddock AM 1991/92 A Willis NJ Ruddock AM NJ Ruddock AM 1992/93 W Fletcher NJ Ruddock AM NJ Ruddock AM 1993/94 W Fletcher KP Oakey NJ Ruddock AM 1994/95 W Fletcher/T Dwyer KP Oakey NJ Ruddock AM 1995/96 T Dwyer KP Oakey NJ Ruddock AM 1996/97 T Dwyer KP Oakley/PG.Scammell NJ Ruddock AM 1997/98 T Dwyer PG Scammell NJ Ruddock AM/MA Bruens 1998/99 T Dwyer PG Scammell/M Bell MA Bruens/R Barnes 1999/00 T Dwyer/T Mahoney M Bell R Barnes/J Langford 2000/01 T Mahoney M Bell/G Jablonski J Langford		PRESIDENT	EXECUTIVE OFFICER	FINANCE DIRECTOR
2001/02T MahoneyG JablonskiJ Langford2002/03T MahoneyG JablonskiJ Langford2003/04B RoeG JablonskiJ Langford2004/05B RoeG JablonskiJ Langford2005/06B RoeG Jablonski (to 28.10.05)J Langford2006/07B RoeS Foster2007/08B RoeS Foster2008/09B RoeS Foster2009/10B RoeS Foster	1990/91 1991/92 1992/93 1993/94 1994/95 1995/96 1995/96 1996/97 1997/98 1998/99 1999/00 2000/01 2001/02 2002/03 2003/04 2004/05 2005/06 2006/07 2007/08 2008/09	K McNamara A Willis W Fletcher W Fletcher W Fletcher/T Dwyer T Dwyer T Dwyer T Dwyer T Dwyer T Dwyer/T Mahoney T Mahoney T Mahoney T Mahoney B Roe B Roe B Roe B Roe B Roe	NJ Ruddock AM NJ Ruddock AM NJ Ruddock AM KP Oakey KP Oakey KP Oakley/PG.Scammell PG Scammell PG Scammell M Bell M Bell M Bell/G Jablonski G Jablonski G Jablonski G Jablonski G Jablonski	NJ Ruddock AM NJ Ruddock AM/MA Bruens MA Bruens/R Barnes R Barnes/J Langford J Langford J Langford J Langford J Langford J Langford S Foster S Foster

# Athletics Tasmania International Representation 2009-10

### **ATHLETES**

Donna MacFarlane3000m SteeplechaseWorld ChampionshipsHuw PeacockHammerWorld Youth ChampionshipsTristan Thomas400m Hurdles, 4x400mWorld ChampionshipsTristan Thomas400m Hurdles, 4x400mWorld University Games

### **COMPETITION OFFICIALS**

Wayne Fletcher Walks Judge World Championships
Brian Roe Technical Delegate World Indoor Championships

### ATHLETICS AUSTRALIA SERVICE AWARD RECIPIENTS

The Athletics Australia Service Award was instituted in 2002 to recognise the contribution of volunteers and acknowledge their years of service as administrators and officials from club to international level. The sole criteria is consistent donation of time and effort for the sport.

**PLATINUM (40 YEARS):** Murray Bird, Geoff Boon, †Max Cherry, Fay Denholm, Wayne Fletcher, †Robert Holley Hamilton, Wayne Mason, Rex Morriss, Frank Nott, David Phillips, Margaret Ruddock, Noel Ruddock, Ted West

**GOLD (30 YEARS):** †Shirley Brasher, Jo Cherry, Sandra Davison, Dorothy Donald, Kimba Eyles, Jennifer Lennon, Terry Mahoney, Judith Phillips, Simon Phillips, Brian Roe, Andrew Willis

**SILVER (20 YEARS):** Kevin Alomes, Ted Best, Tony Bond, John Cheney, Jim Claxton, David Hancock, Greg Hawthorne, Craig Hicks, Nigel Hyland, Peter Keenan, Steve Lance, Helen Lee, Lynne Lyden, Peter Lyden, Peter McDonald, Maureen McDonald, Peter Miller, Helen Moir, Jeff Nankervis, Leoni Nankervis, Les Nankervis, Haydyn Nielsen, Trent Nicholls, Max O'Toole, Mike Pace, Catherine Phillips, Bob Richards, David Rogers, Gary Sayer, Aileen Slater, Judy Smith, Jenny Stevenson, Mike Stevenson, Nanette Symons, Graham Tudor, Elma Waldren, Cheryl Wilson, Chris Wilson

BRONZE (10 YEARS): Brian Baxter, Mary Bell, Gayle Bessell, Zenta Boon, †Eilis Breen, Judith Casey, Michelle Casey, Charmaine Colbeck, Rosemary Coleman, Jim Court, David Cresswell, Ken Doughty, Jarrod Gibson, Denis Hickson, Brendon Hill, Helen Hill, Wayne Holt, Margaret Horne, Roger Howlett, Karen Leavey, James Morgan, Mike Pook, Lyn Sansom, Tony Sansom, Wendy Sheppard, Rene Sluyters, Peter Turnock, Shaun Wilson

# ATHLETICS TASMANIA ATHLETES OF THE YEAR 2009/2010

MEN

Open Tristan Thomas (Sandy Bay) Under 20 Hamish Peacock (Eastern Suburbs) Huw Peacock (Eastern Suburbs) Under 18 Jacob Birtwhistle (Riverside) Under 16 Sprints/Hurdles Tristan Thomas (Sandy Bay) Distance/Walks Ryan Foster (Sandy Bay) Jumps/Combined Events Joel Mason (Eastern Suburbs) Throws Hamish Peacock (Eastern Suburbs)

**WOMEN** 

Open Hanny Allston (Sandy Bay)
Under 20 Sandy Loring (North West)
Under 18 Jessica Morey (OVA)

Under 16 Danni McConnell (Eastern Suburbs)
Sprints/Hurdles Danielle Taylor (Western Suburbs)

Distance/Walks Hanny Allston (Sandy Bay)
Jumps/Combined Events Kaitlin Morgan (OVA)

Throws Danni McConnell (Eastern Suburbs)

**MASTERS** 

Open Suzy Cole (TMA/North Launceston)

# ATHLETES AND TEAMS PLACED IN AUSTRALIAN CHAMPIONSHIPS 2009 - 10

AUSTRALIAN OPEN CHAMPIONSHIPS							
Tristan Thomas	SBHC	400m Hurdles	Men	2	50.69		
	AUSTR/	ALIAN OUT OF STADIUM C	HAMPIONSHIPS	3			
Hanny Allston	SBHC	Mountain Running	Women	1			
Oscar Phillips	NHC	Mountain Running	U20 Men	3			
	AUSTR/	ALIAN JUNIOR AND AGE C	HAMPIONSHIPS	3			
Huw Peacock	ESAC	Hammer	U20 Men	1	63.74m		
Rebecca Direen	ESAC	Hammer	U17 Women	1	42.95m		
Jacob Birtwhistle	RIV	3000m	U16 Men	1	8.52.56		
Jacob Birtwhistle	RIV	2000m Steeple	U16 Men	1	6.16.19		
Kaitlin Morgan	OVA	High Jump	U16 Women	1	1.76m		
Kaitlin Morgan	OVA	Triple Jump	U16 Women	1	11.87m		
Mikayla Genge	OVA	Hammer	U16 Women	1	51.97m		
Sophie Eberhardt	OVA	3000m Walk	U15 Women	1	15.05.11		
Kale Adams	NW	2000m Steeple	U15 Men	1	6.42.18		
Joel Mason	ESAC	High Jump	U20 Men	2	1.99m		
Chris McConnell	ESAC	Combined Event	U20 Men	2	5596pts		
Patrick Lanau-Atkinson	WSAC	Combined Event	U17 Men	2	4303pts		
Danielle McConnell	ESAC	Hammer	U20 Women	2	51.71m		
Danielle McConnell	ESAC	Hammer	U18 Women	2	49.69m		
Kaitlin Morgan	OVA	High Jump	U18 Women	2	1.78m		
Rebecca Direen	ESAC	Shot Put	U17 Women	2	12.25m		
Tasmania	_0,10	4x400m Relay	U20 Men	3	3.31.17		
(Tyler Heron, Dom Anast	asio. Chris N			•			
Joshua Zeitzen	NSAC	Combined Event	U18 Men	3	3857pts		
Max Waldron	SB	200m	U17 Men	3	22.24		
Darcey Lahey	NLAC	400m	U17 Men	3	49.65		
Louis Rose	OVA	1500m Walk	U14 Men	3	7.51.00		
Tasmania	OVA	4x100m Relay	U20 Women	3	49.38		
(Nicola Rowe, Kate Walte	are Abbay M		OZO WOMEN	3	43.30		
Kaitlin Morgan	OVA	Triple Jump	U18 Women	3	12.23m		
Mikayla Genge	OVA	Hammer	U18 Women	3	46.87m		
Wilkayla Congo	OVA	Hammor	o to women	J	10.07111		
		I ALL SCHOOLS AND YOU		SHIPS			
Huw Peacock	ESAC	Hammer	U18 Men	1	71.38m		
Jillian Lyall	NWAC	2000m Steeplechase	U17 Women	1	7:24.29		
Mikayla Genge	OVA	Hammer	U17 Women	1	43.76m		
Kaitlin Morgan	OVA	High Jump	U17 Women	1	1.80m		
Max Waldron	SB	400m	U16 Men	1	49.07		
Danielle McConnell	ESAC	Hammer	U16 Women	1	52.92m		
Rebecca Direen	ESAC	Shot Put	U16 Women	1	11.54m		
Kaitlin Morgan	OVA	High Jump	U15 Women	1	1.75m		
Jacob Birtwhistle	RIV	3000m	U15 Men	1	9.08.60		
Jacob Birtwhistle	RIV	2000m Steeple	U15 Men	1	6.23.42		
Kaitlin Morgan	OVA	Triple Jump	U15 Women	1	11.72m		
Mikayla Genge	OVA	Hammer	U15 Women	1	47.19m		
Huw Peacock	ESAC	Discus	U18 Men	2	51.53m		
Jacob Birtwhistle	RIV	1500m	U15 Men	2	4:18.49		
Vandy Kanneh	SBHC	100m	U14 Men	2	11.75		
Danielle McConnell	ESAC	Hammer	U18 Women	2	51.18m		
Rebecca Direen	ESAC	Hammer	U17 Women	2	43.10m		
Natalea Smith	TAM	2000m Steeple	U16 Women	2	7:11.02		
Rebecca Direen	ESAC	Hammer	U16 Women	2	42.03m		
Jordan Tyler	WSAC	800m	U16 Men	3	1:58.75		
Lauren Free	NSAC	Triple Jump	U17 Women	3	12.14m		
Samuel Alderson	NHC	Multi Event	U13 Men	2			
Elizabeth College	.9	Schools Knockout Cup Final	Senior Boys	3	92 pts		
The Hutchins School		Schools Knockout Cup Final	Junior Boys	2	102 pts		
Guilford Young College		Schools Knockout Plate Final	Senior Boys	2	108 pts		
St Virgil's College		Schools Knockout Plate Final	Junior Boys	1	108 pts		

### Thank you 2009/2010 Sponsors







### **Government Partner**









































